

we all want to be good

Posted by laagvokeles - 15 Dec 2010 16:18

hey i am new here bla bla bla.... and my english is not the best

bekitzer i ``officially`` seat and learn.....but in my free time i wach films and porn.....

Oh yes i allready cutted (geshniten, chotachi) the wires that provide internet, i took out the possibility of wlan of my laptop, NOTHING HELPS in the long run.....

I dont understand how dos a jewish frum person "relax"? i mean bederech heter.... how? by reading a book? by eatting steake? by waching a concert of lipa? come on!.....

I am not eaven talking about porn! waht about waching films....? thats also included in the "veloi sosuru"! there is also in normal films not tzniesdige woman....., but with what else can we relax?

I have more than 2 children and i am after my 30 years and i study.... i am ven very good at it... very deep... and i enjoy it very very much i can seat in koilel 13 and and sometimes 15 hours!!! true! i can also seat as a regular koilel yungerman 8 hours, nothing really makes a diffrence, after a month and a half sometimes less, i get a "lust atack and sometimes i can struggle for hours sometimes for a day BUT NOT MORE!!!

oH RIBOINOI SHEL OILOM WHAT ALLSE CAN I SAY

what allse there is here to say ill say at a diffrent ocasion

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Re: we all want to be good

Posted by ur-a-jew - 24 Jun 2011 16:35

[laagvokeles wrote on 23 Jun 2011 20:02:](#)

dov done!

wrote it with my own hands in paper.

waiting for orders

- 1) Take pictures of each page
- 2) Click on the members button above and send the images as a PM to the first 500 members on the list
- 3) We will get back to you over the next week with a full analysis.

Have a wonderful Shabbos, and congrats on talking the first step. Hopefully the next step will go quicker. But hey, if you want to be good, you got to start somewhere. Continued hatzlacha

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Re: we all want to be good
Posted by ZemirosShabbos - 24 Jun 2011 16:49

if you name starts with a Z or a U the chances of getting those scans are pretty low...

seriously speaking, Laag, i am very happy for you that you are moving forward. and you couldn't have gotten a better mentor than Dov.

have a great Shabbos!

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Re: we all want to be good
Posted by laagvokeles - 24 Jun 2011 16:58

the only problem is that dov is preety bussey.... i have to wait soooooooooooooo long till he answers.....

any way im not sure i started to be good already... im only 5 days clean AND I AM WATCHING HOLLYWOOD MOVIES WITH SEX SCENNES.... (no official porn)

i dont have a filter yet....

so i gess im just lucky.....

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Re: we all want to be good

Posted by ur-a-jew - 24 Jun 2011 17:17

[laagvokeles wrote on 24 Jun 2011 16:58:](#)

any way im not sure i started to be good already... im only 5 days clean AND I AM WATCHING HOLLYWOOD MOVIES WITH SEX SCENNES.... (no official porn)

i dont have a filter yet....

so i gess im just lucky.....

Sounds great. If I recall, you're supposed desire to watch Hollywood movies was for the action and excitement. So in the privacy of you own home, if you're going to watch them anyways why don't you try and look away by the sex scenes. You don't have to be embarrassed we won't tell anyone.

Have a wonderful Shabbos

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Re: we all want to be good

Posted by laagvokeles - 24 Jun 2011 17:37

great point!

lets see what happens!

(by the way i think rav falk dosnt let skirts that are to tight, should i look away too.... whats gonna be left from the all movie... ;D)

????? ?' ???? ??????

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Re: we all want to be good

Posted by ur-a-jew - 24 Jun 2011 17:41

[laagvokeles wrote on 24 Jun 2011 17:37:](#)

(by the way i think rav falk dosnt let skirts that are to tight, should i look away too)

If you think that looking at tight skirts will trigger you, then yes you should try to look away from that too.

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Re: we all want to be good

Posted by TheJester - 24 Jun 2011 18:05

i started to be good already... im only 5 days clean

Wow! My Shabbos is made. You are doing it. Keep it up! Can you feel some small measure of pride, yet?

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Re: we all want to be good

Posted by Dov - 24 Jun 2011 22:37

Dear La'ag,

Cant write much now, real life here at home is really busy erev Shabbos, but I laughed my head off (out loud) when I read about your movies just now! It really is funny for me a program guy, and one day you will understand if you dont right now. I am not laughing at you, at all - not even a drop. Just laughing about our disease, and I see myself in your words!!

You are great. Strange, but great.

Drop the movies for the next week. And the ikkar is to find a chevra or at least another safe person you can share your writing with (keep iy safe from other eyes in the meantime!). That is your next job.

Yidden it is good to be sober!

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Re: we all want to be good
Posted by laagvokeles - 25 Jun 2011 21:34

dov!

please!

you dont seem to get that "clean movies" are my only entertainment (please ppl dont suggest entertainments, thanks)

so why should i give it up? why?

is it impossible to watch a sex scenne in a action movie, and not go watch porn and masturbate? i hope its posible... i managed a few days already even i watched...

tell me that it is a ?? ????? ?? and let me.....

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Re: we all want to be good
Posted by Serene smile - 26 Jun 2011 02:01

Na'aseh v'nishma' old lady...

Unless ur from b'ney aisav or yishmael. Then I understand why u can't do what's right..

I mean, u need to entertain urself in the old age home.. Right?

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Re: we all want to be good

Posted by Dov - 26 Jun 2011 04:33

I PM'd you, but will repeat it here. I did not say you need to give up the movies. All I said was *for this week*, take a break from them, that's all, just to clear your head a little from the noise. JUST for a week. No tricks.

If and when you decide to drop them, it will not be from me, that's for sure. It'll be from you for your own good and will not feel like a big sacrifice. The rules that **others** put on you, usually backfire with worse troubles. You have enough work right now.

Easy does it.

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Re: we all want to be good

Posted by laagvokeles - 27 Jun 2011 21:48

from all the movies in the world, i had to fall on a french movie was more naked than dressed , it made it really hard for me, but somehow i managed.

its funny, but meanwhile im managing to behave towards masturbation, as you act when you are in a diet; you know the stake is delicious, and u know you can not eat it, but for some reason you find your self in front of a wonderfool stake, and u remember how good it is and how much you would enjoy it if you eat it, but no... you can not, you gotta loose weight, you gotta drop down the colesterol.... so you hold your self back, and after a while, after you live the restaurant you calm down and you are happy with a mandarine (wife....? ;D).....

do i have to explain the nimshal.....?

the only thing that scares me is if i mix in "mistics" if i mix in hashem, cause its hard for me to believe that the yetzer hara dosnt have a "anti diet" technic.....

but meanwhile im not doing it with hashem (???? ?????) so i am not very worried.....

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Re: we all want to be good

Posted by ur-a-jew - 27 Jun 2011 22:02

[laagvokeles wrote on 19 Jun 2011 21:16:](#)

dov is my dr, and i wait for his recepy instructions....

[dov wrote on 26 Jun 2011 04:33:](#)

I did not say you need to give up the movies. All I said was *for this week*, take a break from them, that's all, just to clear your head a little from the noise. JUST for a week. No tricks.

[laagvokeles wrote on 27 Jun 2011 21:48:](#)

from all the movies in the world, i had to fall on a french movie

Did I miss something in this story. I thought you are following Dr. Dov.

[laagvokeles wrote on 27 Jun 2011 21:48:](#)

the only thing that scares me is if i mix in "mistics" if i mix in hashem, cause its hard for me to believe that the yetzer hara dosnt have a "anti diet" technic.....

but meanwhile im not doing it with hashem (???? ?????) so i am not very worried.....

Laag, I'll let the good doctor explain it to you, but this notion that the 12-steps does not involve Hashem comes from a misunderstanding of the 12-steps (probably has to do with the fact that although you have a lot of opinions about the steps, I don't think you have any clue what they are). Suffice it to say, Hashem (or whoever you believe in as your Higher Power) is a big part of the 12-steps. The difference is, that whereas in the past we tried to direct Hashem how our recovery should go with the steps its the other way around. But as Dov says:

[dov wrote on 26 Jun 2011 04:33:](#)

Easy does it.

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Re: we all want to be good
Posted by laagvokeles - 27 Jun 2011 22:06

i understood that dov only recomended not to watch for this week, but i dont have to stop, and i also think is to much for me....

12 steps can a goi with no yirat shamaim do it? than me too....

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