

imperfect post by new member

Posted by Shteeble - 15 Aug 2010 20:05

Hello.

I am a new member. I am also kind of a perfectionist... So if I would try to put out a good post, it would take me a long time.

So, just for the sake of getting started.

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Forget it. Just thinking about what to write took me about twelve minutes so far! :-\

I'll just say hello!

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Re: imperfect post by new member

Posted by Ineedhelp!! - 15 Aug 2010 20:21

Hey world,

Perfectionist ey??? How much do those make per year?? I am more of a *progressionist* because you soon might learn this is about **progress not perfection**. My natural drive towards perfection is what pulls me down and keeps me there. It keeps me in the never ending cycle of acting out. It puts me in the driver seat and put God in the back seat.

Well you get my point!

Welcome aboard!

-Yiddle

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Hello Yiddle,
Posted by Shteeble - 15 Aug 2010 20:30

Gam Ani Yodeiah. I've been working on not being a perfectionist for a while already!

Anyway, thanks for the welcome.

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Re: imperfect post by new member
Posted by Ineedhelp!! - 15 Aug 2010 20:34

[world wrote on 15 Aug 2010 20:30:](#)

Gam Ani Yodeiah. I've been working on not being a perfectionist for a while already!

Anyway, thanks for the welcome.

Why do you think my first post took me less than a month!?

Thats great! Less than a month?? I know people on here that it takes over a year to make a post! You see youre already making the progress needed. anyway, post away. dont feel like everything has to come out perfectly because we know what youre talking about and can relate to everything you say.

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Re: imperfect post by new member
Posted by trying123 - 15 Aug 2010 23:00

Welcome,

I know all too well about perfectionism....

What you wrote was good.

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Re: imperfect post by new member
Posted by Shteeble - 16 Aug 2010 01:33

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Re: imperfect post by new member
Posted by silentbattle - 16 Aug 2010 19:04

First of all, welcome! However long it took (and like everyone here pointed out, a month is not long), joining here is a huge step - and you should feel proud of yourself for taking it!

As far as posting, take your time. Write your thoughts, your experiences, your background. Whatever you feel comfortable with. A bunch at a time, or a few lines. Whatever works.

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Re: imperfect post by new member
Posted by Shteeble - 16 Aug 2010 19:27

Hey! That was easy!

Thanks for the welcome sb!

I actually discovered this site only a couple of days ago.

So far, it mamish looks like a gift Min HaShamayim.

I keep bouncing around handbook bounce tools bounce check my messages bounce none bounce search bounce show new replies to your posts bounce bounce bounce.

It really is a BIG chizuk. The oilam should keep up the great work. tizku l'mitzvos!!!

bounce.

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Re: imperfect post by new member
Posted by silentbattle - 16 Aug 2010 20:06

You're part of what makes this so great - so thank YOU!

It may be difficult, but it's worth the work. Post a bit about how you're feeling, and maybe start to write about you history and issues, if you like - if it makes it easier, write that as an email draft, and work on it a bit at a time, until you're done.

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Re: imperfect post by new member
Posted by bardichev - 16 Aug 2010 20:29

HELLO IM BARDICHEV

IVE BEEN HERE FOR A WHILE(YEAR AND A HALF)

I AM NOT A PERFECTIONIST (THATS WHY I GOT INTO SO MUCH TROUBLE)

KEEP ON FIGHTING ITS WORTH IT

BARDICHEV

KEEP ON TRUCKING

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Re: imperfect post by new member
Posted by Shteeble - 17 Aug 2010 00:07

Dear Bardichev, (and the ice cream truck trucking co.)

Thank you for replying.

It's nice to meet you.

I like ice cream.

); one has to
know where to draw the line I guess. It's pretty well known that perfectionism often leads to
procrastination and simply being immobilized.

But hey, no need to start a perfectionist thread here. I'll have vanilla please!

Kol tuv.

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Re: imperfect post by new member
Posted by StrugglingGuy - 17 Aug 2010 03:02

Certainly, being a perfectionist can have some maillos (shhh... don't tell Yiddle
so what's ur story, world?

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Re: imperfect post by new member
Posted by Shteeble - 17 Aug 2010 10:20

My Story?

Ahhh yes.

Everyone is curious... or perhaps, anxious to start helping.

Fair enough.

Don't expect a full autobiography here. Remember this is the guy who's trying to recover from perfectionism!

After bouncing around the forums a bit, I would venture to say that my situation is extremely similar to many of my new friends here.

My own personal story, without being too specific. (I join the club of those who for now want to remain as anonymous as possible.)

I am married B"H, and I have a few children. The nisayon is something I've been struggling with most of my life. I have had a period of success in this inyan for a few years. Those few years however, are not the past few years, but rather a wonderful part of my past that I yearn to get back to. (How's that for an imperfect sentence!??)

I take this inyan very seriously dih hi nu I know it's not something I can ignore and just continue living life as if nothing is wrong. From my bouncing around here, I recognize the big yesod of hitting bottom while still on top.

B"H I feel that as far as the rest of my life goes, I am still on top.

I haven't reached the extreme dargos of pitfalls that are sometimes mentioned on this site. Reading about them makes me shudder. I ask that H' not allow me to fall anywhere near there. Please H' help me return. And please help the rest of Klal Yisroel come back to you. :(

I know this is, as I predicted not a full auto biography, but for the moment (and I mean literally the current moment as in this second) this is all I have koiach to write. I covered my BASIC information, and I am not hiding anything else.

Anyone that is considering replying should please do so.

It makes me feel very good to know that I have supportive friends.

Tizku l'mitzvos!!

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Re: imperfect post by new member
Posted by ToAdd - 17 Aug 2010 11:52

Hello World!

Welcome.

The thing that makes this world so perfect is that it seems so imprefect.

After being here for almost 3 months, I'm starting to think it may be easier if we just combined everyones intro stories into one, with tick-boxes next to each paragraph. Then us newbies wouldn't have to stare at a blank screen for an hour with tears in our eyes wondering what to say.

As you've gathered, you're not alone in this and we're all here to talk to.

ToAdd

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Re: imperfect post by new member
Posted by bardichev - 17 Aug 2010 15:02

WORLD AND TO ADD

HERE IS SOME CHIZZUK

THIS IS NOT A POPULARITY CONTEST

THIS IS NOT A WRITING CONTEST

JUST BE YOURSELF (ANONYMOUS OF COURSE)

WRITE WHAT EVER U WANT

AND DON'T WRITE WHAT U DON'T WANT

I FOUND THAT READING AND WRITING AND GETTING CHIZZUK FROM OTHERS

WHO SUFFER AND WHO WIN AND LOSE

IT REALLY HELPS

THE MAIN THING IS YOU ARE NO LONGER ALONE

AND IF U FALL NUU NUU

STAND UP AND KEEP ON TRUCKING

WE ARE ALL IN THIS TOGETHER

BARDICHEV

,LOVER OF ALL JEWS

DRIVER OF ALL TRUCKS (OK ONLY ONE)

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