GYE - Guard Your Eyes

Generated: 10 September, 2025, 17:37 I'm 14 years old Posted by 14 - 02 Aug 2010 18:54 Hello everyone please help I'm only just 14 years old, I have not got anyone to speak to. I come from a very chasidish family, I have acses to Internet on a iphone that I found. I have been playing with myself (I am not sure what the real word is) for a year or two already, I never knew threre was anything wrong with it. Can you answere some q? Why is it wrong? Do I have to stop? If yes how? (I tried not to do it yesterday but I could not help it. What if I only do it once a day? Do all boys my age do it? If not why do I do it? Can I speak to a freind about it? What does everyone mean when they call it an addiction? It just feels good.

Am I suppsed to tell my parents? (I'm to embarrased)

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Is this anything to do with having baybies? (I learent something about liquid from the choson)

As I said I can't speak to anyone so pleeeease answers all my questions.

It's a long story how I found this site. I don't usually search on the Internet (I was told it can lead to dagerous things, Im gessing it might be to do whith this?)

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Re: I'm 14 years old

Posted by ur-a-jew - 25 Aug 2010 03:22

14 although you're still young I think you are old enough to realize that true teshuva requires change. I recognize that it would be very hard for you but take the advice given to you and get rid of your iphone. The problems that it brings with it for you far outweigh any benefit it could bring you. I think you've been on the site long enough to see that life aint pretty with the addiction and it only gets worse with time. I wish you a lot of Hatzlacha in making the right choice. Get rid of the phone and start enjoying real life. Immerse yourself in Torah and Chasidus, the pleasure you will get from shteiging in those areas will far exceed anything that the goyish world has to offer. Take it from someone who made and lived through the mistake already.

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