

Please Help! I need your support - new member.

Posted by Haleivi76 - 10 Jun 2010 09:21

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My friends,

I have just joined this group. I heard about it in a shiur last night and could not wait to join up.

I am so ashamed. At times I cry myself to sleep over my behaviour and feel so depressed at the terrible person and jew that I have been for so long.

Despite my shame, it has been so easy to carry on a life as a lie, because noone knows. People who come across me in shul, shiurim etc. think I am a great guy, frum and well respected in the community. I am part of the lay leadership of my shul, daven from the amud and lain and all who know me think I am an upstanding good jew.

If only they knew.

I have been abusing my bris for as long as I can remember. At times, when I have felt bad enough, I have tried to control it. Perhaps I managed a month or 2 at a time at the most, but have always gone back to it. I have been addicted to internet porn, phone chatlines and the like for well over 10 yrs and have been married for 8yrs.

To my great great shame whilst being married, I have continued this lewd behaviour and worse still at times where my wife and I have argued, I have purposely done it more; feeling rebellious towards her and seeking to 'punish' her for being so 'difficult'.

It has taken me a long long time to realise that it is I that am to blame and that my awful behaviour and the resulting lack of intimacy and holiness in our marriage is what has been to blame for the deterioration of our marriage.

I am just starting out on the road to holiness and feel that I have so much to be Metaken, the

burden of it all is overwhelming me.

I am determined to stay strong, but I feel I will need a lot of help from others who are going through/have been through the same.

Any advice and guidance will be welcomed.

Thanks and kol tuv

Haleivi

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Re: Please Help! I need your support - new member.  
Posted by destructive cycle - 29 Jul 2010 22:41

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[bardichev wrote on 29 Jul 2010 17:32:](#)

gnikcurt no peek

Hey bards,

Is that supposed to be Keep on trucking backwards.

Hey, I am finally catching on to the GYE madness. You guys crack me up.

I still don;t really get what the idea means, but who really cares. It sounds good and keeps me outa trouble. I don;t get any of the stuff out there either. At least there is humor in your slogan.

Keep on trucking my friend and keep on making us laugh.

-Mr. Cycle

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Re: Please Help! I need your support - new member.  
Posted by ur-a-jew - 29 Jul 2010 23:04

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[destructive cycle wrote on 29 Jul 2010 22:41:](#)

[bardichev wrote on 29 Jul 2010 17:32:](#)

gnikcurt no peek

Hey bards,

Is that supposed to be Keep on trucking backwards.

I must be really slow today. I thought it was a mangled spelling of G'nick (enough) no peek[ing]

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Re: Please Help! I need your support - new member.

Posted by bardichev - 30 Jul 2010 01:58

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Gnick

No

Peek

Gevaldigggggggggg

I make myself laugh tooo

Read bardichevs battle

I explain it

B

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Re: Please Help! I need your support - new member.  
Posted by ToAdd - 30 Jul 2010 05:34

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Made me laugh too, that's the best way to start the work day.

While we're looking at alternate spellings, Gevaardig is dangerous

Have a good shabbos.

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Re: Please Help! I need your support - new member.  
Posted by Haleivi76 - 30 Jul 2010 11:47

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Bards, you crack me up!

1daat, thank you so much for your Mazal Tov and your previous post that touched me through and through. I too hope that some day we may meet even in this life and share a blatt Gemoro or 2!

DC, Hang tough, you will get there. As amused as I was by the Bards suggestion, I think that trucking backwards would be quite dangerous, particularly when you drink as much as the Bard. Perhpas you might want to go for something a little closer to your original name, but in a more positive way - say for example:

Washing Cycle - you are going to come out clean

Bicycle - It takes a lot of effort to push those pedals, but it's worth it!

Try-cycle - You are trying to break out of the cycle!

or my personal favourite

Virtuous Cycle - you will change the negative that you have been on for a long time into a positive one - I believe in you and so do we all. I know you can do it and this name will show you that you can too.

So yes, I made it to Level 5. Feels so good, inspires me to go vaiter.

Thanks again to all for your support,

Good Shabbos,

Haleivi76

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Re: Please Help! I need your support - new member.  
Posted by destructive cycle - 30 Jul 2010 14:20

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Halvey,

Wow! that was incredible. Firstly, I love your humor. And thanks for all those suggestions. I have all of shabbos to think it over.

Bards,

Is there anything I have to do to get a name change besides an aliaya and a kiddush.

I gotta go,

shabbos is coming!!!!!!!!!!!!!!

YEAH!!!!!!!!!!

Have a wonderful shabbos.

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Re: Please Help! I need your support - new member.  
Posted by 1daat - 01 Aug 2010 06:08

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"Washing Cycle"??? !!! Such inspiration comes only to neviyim.

A gutten voch

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Re: Please Help! I need your support - new member.  
Posted by ur-a-jew - 09 Aug 2010 00:55

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Haleivi76, by my count you should be approaching two months of Kedusha (just in time for Rosh Chodesh Elul). Hope all is well, its been too quiet from you.

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Re: Please Help! I need your support - new member.  
Posted by Dov - 09 Aug 2010 20:32

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We are rooting for you, haleivi76!

won pu evig tnod!!

yadoT :naem ew "won" yb dna

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Re: Please Help! I need your support - new member.

Posted by 1daat - 13 Aug 2010 01:04

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Just checking in to say hi. Let you know I miss you, and that when you get a chance, let us all know the good news.

coiach l'coiach

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Re: Please Help! I need your support - new member.

Posted by Haleivi76 - 16 Aug 2010 13:35

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All,

I want to apologise to my good friends on GYE for my silence over these past 2 weeks.

I know from ur-a-jew that there is always a fear when a member goes quiet that it is due to embarassment of having fallen Chas Veshalom, which made me even more eager to post (even though I have so little time) to reassure you all.

B"H I am still going strong (or trucking as Bards likes to say).



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9 / 11

keep on trucking!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: Please Help! I need your support - new member.  
Posted by 1daat - 16 Aug 2010 21:53

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Mazel tov on your new family member. I am so glad to hear from you. See you at yom tovim.

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Re: Please Help! I need your support - new member.  
Posted by Haleivi76 - 08 Sep 2010 08:14

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Dear all,

I come onto the forum today, this most momentous of days to say a humble thank you.

To Guard and all the administrators, to 1daat, ur-a-jew, Toadd and all of you who have helped me along the way (you know who you are) and to those who are new to the site and beginning their struggle, thanks to you all.

This is such a wonderful community, I'm proud to be part of it. And now, today as we all stand on the brink of judgement from the Ultimate and so many of us may fear that we will be judged harshly because of the very reason that we came to GYE, a chink of light and hope for all of us. 90 days ago I was nothing, less than nothing. I was an animal, out of control, lusting lusting and yet more lusting. I was a selfish arrogant fool who could not see further than his next 'fix'. Now with help of H" and all of you, I have done what I never believed possible and completed my 90 days!!!

To those who are at the foot of the mountain and see it as an insurmountable obstacle, please believe me when I say that if I have done it, any of you can. Please take chizuk from my success. (My good pal ur-a-jew has recently completed his 90 and I know he feels the same

way). The key now is to see this new behaviour as normality. This has not just been a mini project for 3 months and now we leave ourselves open to the Y"H saying "OK big deal, you made the 90 - well done, now treat yourself to some of the things you have been missing out on for the past few months."

NO with the help of H", may we be ever stronger and go Me'chayil el choyil. I didn't plan this, so the coincidence of making my 90 on Erev Rosh Hashana is almost too much for me to fathom. For the first time in possibly 20 years, I can stand before my Father in heaven on this holy day and daven feeling like perhaps I have some zechus to be answered positively. Maybe, just maybe the things I daven for this year, will be given to me, not out of compassion (because H" cares about us even if we fall and are in the muck), but because I deserve it. I can't describe how it feels, suffice it to say that my eyes are welling up as I type this post to all of you.

A thousand thank you's, a million could never be enough for the koiach this gives me. Please, this is a call out to all those who have just started on the journey and are dreading the Yomim Noraim as they fear the worst, understand that H" cares. The very fact that you have joined GYE will stand you in good stead. Remember that on Rosh Hashana, H" does not just look at where you are holding, but more important than that is the direction in which you are travelling. By joining GYE, you are showing Him that you are trying to lift yourselves from the shmutz and that on it's own will mean that if you daven for it, H" will reach down with His Hand (Ke'veyachol) and lift you out, clean you up and give you the tools to make it work. It happened for me, it can happen for you too, all of you.

Have a fabulous New Year, a clean, healthy, guiltless, happy, strong New Year and accept my thanks and constant admiration,

Your friend as ever,

Haleivi

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