

Recovery Nation: workshops

Posted by aaron - 21 Mar 2010 14:49

shalom chevra,

After having seen the link to recoverynation.com in one of the recent chizuk e-mails, I have decided that I would like to begin the workshops they provide. But rather than posting on their forum, I would prefer to post on our forum, where I think I might be better understood and better helped.

From what I have seen from the website recoverynation.com , it is most helpful. I am currently hoping to make my way through the excersices mentioned on this link:

www.recoverynation.com/recovery/recovery_workshop.htm .

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Re: Recovery Nation: workshops

Posted by the.guard - 21 Mar 2010 18:14

This sounds interesting. G-d luck!

P.S. I think this thread would belong better in the "Breaking Free" board. Want me to move it for you?

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