

Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Yosef Hatzadik - 18 Feb 2010 17:44

Rabbeinu Yonah explains this posuk, (as heard from Rabbi Mattisyahu Salamon Shlit"a) that hashem leads people who were *nichshal* in a chet on the proper way, *ze hu mah sheshalech nevi'im* to teach us the proper way.

BORUCH HASHEM! We were zoche to be directed to this eida kedosha, a truly holy gathering of people who are Hashem's ONLY freinds in this lowly world. [i] *Bemokom shebalei teshuva omdim ein tzadikim gemurim yecholim la'amod!* [/i] We may not be like the tzadikim of previos generations, but in the dark, dirty, dingy, discusting, and degrading society we were put into, {in his infinite wisdom... we belive we are lucky to be in this generation, otherwise we wouldn't be here! HE doesn't make any mistakes!} we can accomplish even more than the amolige tzadikim did! **WE CAN BRING THE GEULA!** After all, a small 4 watt nightlite bulb will make all the difference whether you bump into the walls or not in if you put it in a room which is otherwise in total darkness; whereas a million candlepower searchlight does little good when used in bright daylight. As CHAZA"L say: *Shraga betihara mai ahanye*.

This forum is for personal intoductions, well... an "anonymous introduction" is quite a difficult feat to pull off. Just kidding, I understand the purpose, to start our connection with others and give/get chizuk.

This writer is a yungerman who has been looking at re'ios assurios even before he knew that he shouldn't be looking at them. He was doing the ma'aseh before he knew that it is an aveira, r"l. At 14 I happened to see the last chapters in the Sefer *Kitzur Shulchan Oruch* and discovered the rotzon Hashem (after double checking with my Rebbe that I understood what I read. I am married now with a few children, Boruch Hashem, and have been struggling with the yetzer horah since then.

Since I do consider myself somewhat of an oved hashem, after all I am jewish too, the last couple of months I generally managed to withhold from looking at the worst, but I did indulge in looking, searching, and staring at pics which my filter did let through as they are not classified as dirt in the lowest sense of the word, but were enough to be meorer the ta'avos in my heart. They were against the rotzon Hashem. The proof is that yetzer horah was pushing me to do it, and even more so, the results of these pics were often tumah ma'asim.

Brov rachamov vechasodov, I was zoche to be directed to this great and holy site by a Rabbi

who knows about my struggles (I am forever indebted to him for this refferral!) and with much siyata dishmaya and the chizuk I recived from this site, I was zoche to have a highler level of shmiras einayim for the last 29 days that I haven't had since before I was a Bar Mitzvah!

Yasher Ko'ach to all the good jews who set up this site, to all those that post on this site, to all those that help fund this site, and to all those dear friends of Hakodosh Boruch Hu who value true kosher SIGHT!!!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by ur-a-jew - 30 Aug 2011 21:42

[Yosef Hatzadik wrote on 30 Aug 2011 21:32:](#)

BTW, I wonder why the rest of you haven't picked up on this yet: It bothers me when you post all that silliness in this thread.

Why do you want to enjoy yourselves when it is bothersome to another person?

"I wanted out of my pain and that silliness, but I wanted an easy out. That's before realizing that there is no easy out. Before accepting that you just have to do the work."

Mariel Hemingway

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by ben durdayah - 30 Aug 2011 22:03

[Yosef Hatzadik wrote on 30 Aug 2011 21:28:](#)

Dov is the nicest guy to post on this thread in the recent past.

He actually wrote something to **me** in **my** thread.....

Why -by golly - I can do that too!

Hi Yossel!

How have you been lately?

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Shteeble - 31 Aug 2011 01:58

shteeble dropping by to say hi to yosef in yosef's thread

before the rusty padlock comes back.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by Gevura Shebyesod - 31 Aug 2011 02:06

Hi YH! (I really shouldn't use those initials for you, they are also the initials of my oldest and bestest friend, who has been with me every second since i was born, and always has my best interests in mind. NOT!)

Sorry for egging them on, I can't help it I enjoy a good joke.

Don't you wish there was a feature that you could be Mod on any thread that you started?

Gevura!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by ur-a-jew - 31 Aug 2011 15:36

[dov wrote on 30 Aug 2011 21:35:](#)

They need your help more than you need theirs.

How true this is. Someone reached out to me recently and it was at a point that I felt he was whining. I wanted to frankly smash him on the head and say, enough, just close the stupid computer, move on and let's go. But I thought to myself. Put yourself in that person's shoes. True you really haven't had interest in porn for a while but can you not relate to his situation at all. I gave it some thought and I realized I feel the very same way when my wife doesn't want to have sex with me when I'm in the mood. It's like how will I make it to the next morning. And I

can literally crawl out of my skin. I shared that with him and expressed the fact that I knew the feeling he was going through and tried to offer some eitzos as to what i do when I get that feeling. Well the next time I had that "feeling" and pretty much lost it. I thought back to the conversation I had with this person and thought to myself. What a hypocrite you are being. Those same eitzos you just gave to that other guy why aren't you doing it yourself? The same way porn should not be an option for him, lusting should not be an option for you. The same way you want him to reach out to Hashem and place his trust in him for fulfillment that's what you need to do as well. I'd like to say it gave me a new perspective and helped somewhat. So when I reach out to help someone I realize that I'm being helped and need the dialogue just as much if not more than they do, maybe not that second but certainly to maintain my continued sobriety. So to those who reach out to me I say thank you, I need your help more than you need mine.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Yosef Hatzadik - 06 Sep 2011 17:17

Is it an **ADDICTION** or a **COMPULSION**?

Among the differences are that an addiction is progressive while a compulsion tends to stay at the same level.

Does anyone know about any more distinctions between the two?

Dov has repeatedly stated his belief that many (or most) of the GYE Members are NOT bona-fide addicts. We do find ourselves stuck in the mud, though. Are we trying to cure the wrong

sickness when we are focusing on it as an addiction?

It is likely that many of the same tools which work for addiction recovery will also work for compulsion Recovery. Chief among them being the group support & 'reaching out'. That we must recognize & admit the problem clearly is also a given.

Does anyone have any info to share, please?

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by ZemirosShabbos - 07 Sep 2011 18:58

your latest he'aros are great!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Dov - 08 Sep 2011 16:56

If I am included in 'anyone', then here is all I have to share on that:

It seems that some decent people who are apparently only *compulsive*, eventually become **addicted**.

And it also seems to me that once someone *is* addicted, then reverting back to any *compulsions* automatically reconstitutes their addiction, no matter how many years of recovery and clean time they get. So maybe they do indeed change and downgrade to 'compulsives' in recovery, but it makes no practical difference at all, because their addiction gets turned back on and they are no longer just 'compulsives' then. So the adage "Once an addict always an addict"

is not really true, I believe. But *once the guy uses lust*, his (or her) status tends to change back to '100% addict'. For I do not believe in a '50% addict', at all.

He is either powerless and will lose (so he is an addict), or he doesn't really need G-d or any people to help him (for he is not an addict and has enough power), and will win.

Any addict who has discovered that no matter how 'sober' he may be, his *entire* attitude toward schmutz converts to the good 'ole *worshiping* nuttiness as soon as he actually uses porn in the slightest, will agree with me, I bet.

Hoping that is helpful (it helps me!)

Ciao!

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by 1daat - 11 Sep 2011 05:20

Eichit an "anyone", here. The compulsion is what we stop doing. The addiction is what keeps us in "The Choice", the Bechirah. It's "H's gift to the junky.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by heuni memass - 13 Sep 2011 18:36

OK yosef we miss you, now you can come back.

nuu ich vart..

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by ur-a-jew - 13 Sep 2011 19:03

[heuni memass wrote on 13 Sep 2011 18:36:](#)

OK yosef we miss you, now you can come back.

nuu ich vart..

Hope you don't have to wait as long as Yaakov Avinu did.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!

Posted by ur-a-jew - 13 Sep 2011 19:04

[dov wrote on 30 Aug 2011 21:17:](#)

The total sideswipe that recovery performs, when it meets our old stand-by of predictable, time-tested, whining. It's just breathtaking, every time. Especially when it happens to *me*!

In recovery, all my character defects suffer a silent and squeakless death. They just wonder what happened, as they get smaller and smaller in the rear-view mirror on my heart.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by ur-a-jew - 22 Sep 2011 19:58

Hi Yosef, I saw a nice vort from Rav Galinsky (he has a new sefer on yomim noraim) he asks what's "shom tehai keviraschem" it should say "poh" he answers that their is an attitude of "shom" when I get there then I'll do teshuva, such an attitude will bury a person because we'll never get to the "there." In recovery you have to take the plunge and do it now, not tomorrow or the next day or as soon as I get the hisorerus or or or. Hayom! Fortunately, Hashem is "Tov veyoshor . . . al kein yoreh chata'im baderech!" I was thinking about you and thought I would share that. Hope all is okay with you this minute and I'm thinking about you.

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Re: Tov veyoshor Hashem al kein yoreh chata'im baderech!
Posted by Dov - 23 Sep 2011 13:25

Dear Yosef,

You are a fine man, really. And we like you, too. Keep on going, chabibi.

Have a nice Shabbos, *everybody*!

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