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know you better.

Was a great shmooze!! Thanks for reaching out!

By opening up in a very vulnerable way, reaching out knowing that this can help you get past your struggles shows real gevurah! Your on the right track and will see your life change around for the better beezras Hashem!

Please keep us posted on your journey, were rooting for you!
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Re: First post Posted by beezrashashem1 - Today 03:18
BH celebrating another clean day of what I hope will be my longest streak yet. Would love to hear any tips the oilam has on how to make it last.
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Re: First post Posted by odyossefchai - Today 04:03
Hey, how are you?
Welcome.
Did you reach out to HHM?
He's the master here.
Excited to have you here.
Share with us more about your motivation to stop and why it's different this time.

Also more of your personal story (without too many personal details) helps people here get to

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Re: First post Posted by amevakesh - Today 10:08
Welcome brother to the forums! What a way to go in to the Yomim Noraim. It's not easy to oper

Welcome brother to the forums! What a way to go in to the Yomim Noraim. It's not easy to open yourself up to someone else. Yet, you courageously took that first step in order to cleanse your Neshama! Not Pashut. Eerie and Clean Mendy are from the best guys we've got! I don't personally know Efraim, but I'm assuming he is as well. Stick to them and you'll really go far. The going might get rough, but hold their hands, and you'll be fine. Wishing you tons of success on your journey!

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