

need chizuk

Posted by nomorelust - 24 Aug 2025 21:14

hi

no words, don't know how and where to start

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Re: need chizuk

Posted by hashemisonmyside - 24 Aug 2025 21:30

You just start and the oilem here will fill in the blanks for you and try to help.....

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Re: need chizuk

Posted by frank.lee - 24 Aug 2025 21:34

Welcome!

You can give a few details, like your approx age, are you married? Make sure you don't give information that can reveal your actual identity.

You can share about what you're currently going through, what you were like when you were younger, what are your goals, what are your challenges.

Do you like Harry Potter or Tintin? Poems?

Get ready for unbelievable change, for the better!

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Re: need chizuk

Posted by balancedfox70 - 25 Aug 2025 03:26

Welcome aboard fellow fighter,

What has inspired you to come to this site and to take on real change?

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Re: need chizuk

Posted by goldwings - 25 Aug 2025 12:58

Welcome,

just start where you are comfortable,

the chevrah here will get you going!

Hatzlacha on your journey!!

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Re: need chizuk

Posted by puppy - 25 Aug 2025 16:04

[nomorelust wrote on 24 Aug 2025 21:14:](#)

hi

no words, don't know how and where to start

Hay buddy,

Make yourself comfortable,

Whenever you're ready, tell what's going on,

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