

90 Day Goal

Posted by hashemisonmyside - 01 May 2025 21:43

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Hello GYE family,

At this point I'm not ready yet (Hopefully one day i will) to share my full story but BH i have HHM holding on my hands on a daily basis which gives me tremendous Chizuk and Koach to be where i am, today 72 which is a special # Chesed, these days are special to be counting as that's the purpose of Sefirah which Klal Yisroel did back then when they went out of Mitzrayim.

I will try to write something every so often to get and hopefully give Chizuk to others as well.

I wanna write a small millstone that i had this week, i would rather not go into the details, but it was something that i saw that back in the days that would be a trigger to a fall and an urge, BH with Hashems help it didn't take me into any mess and i was BH able to on with my schedule which wouldn't be the case in my past.

let me finish with what we say every day now

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and Hashem should help that we should Bekurev be Zoche to ??????????, ?????? ?????????? ??????  
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Today also the Yurtzeit of R' Shaya Ben R' Moshe, which although he was a Kudoish V'thoir he understood to the simple problems of the Pusheta Yidden should he continue in Heaven to give us the Koches that we all need as he said that they should make a window in his Ohel because he stays here for us, so ?????? ?????? ??? ?????? ??? ?? ??????

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Re: 90 Day Goal

Posted by hashemisonmyside - 07 May 2025 20:31

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Today I'm BH at day 78, hope to reach my 90 day Goal which is a great Kabulah to Shvuas.

everyone should learn the Ohr Hachaim this week which could be a huge Chizuk for anyone that has Nisyonos....

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Re: 90 Day Goal

Posted by hashemisonmyside - 19 May 2025 18:22

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Today is the day, I b"h reached the 90 day goal. i hope to reach this goal over and over again, hopefully every time it would easier

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Re: 90 Day Goal

Posted by yesoidshebiyisoid - 19 May 2025 20:22

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That's great to hear! Do you mind sharing which methods were most helpful for you to reach this milesmilestone?

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Re: 90 Day Goal

Posted by hashemisonmyside - 19 May 2025 20:57

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It's not the first time i reach a goal, but what makes it different this time is that i have a mentor and full accountability. i actually got caught by my wife not for the first time, but in the past i would go for therapy which i didn't feel was working for me vs now with full accountability with a mentor and i check in with an erlicha yid as well has much stronger results

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Re: 90 Day Goal

Posted by colincolin - 19 May 2025 22:02

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Keep going.

You are doing well.

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Re: 90 Day Goal

Posted by hashemisonmyside - 27 May 2025 17:48

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Chevra,

Just checking in here, **day 98 today**, can't believe, never thought that i will get here, definitely a big mountain but getting really high up there....

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Re: 90 Day Goal

Posted by proudyungerman - 27 May 2025 22:50

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Amazing!

KOMT!!

And don't forget about the oilam here, stick around and help others, too!

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