## **GYF - Guard Your Eves**

Generated: 10 September, 2025, 13:51
It happened Posted by Hopeplease - 30 Apr 2025 21:39
After many days of lurking on here, reading messages getting chizuk etc I never wanted to write anything and after 78 days on coming on here from time to time I fell. Took me 78 days to fall, but I don't want to report it as a fall on GYE because I'll be sent back to zero. So I figured I would consider my fall as speed bump and that's it. I was almost at the 90 day mark. How did I fall It took me about 3 days to give in. I saw something that sparked my curiosity, which led me to search inappropriate things continuously for 3 days and then on the 3rd day, that was it, I gave in.
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Re: It happened Posted by stopsurvivingstartliving - 02 May 2025 22:25
Oh so painful. I feel for you brother. I hope you have the strength to stand back up!
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Re: It happened

Posted by ilovehashem247 - 04 May 2025 15:09

Make the fall worthwhile by learning something from it for the future. You can reframe it - you didn't fall, you were just trippin' man

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Re: It happened

Posted by lamaazavtuni - 04 May 2025 18:07

Brother stot lurking get involved with us chevra here who want your chizuk and want to share your painfully similar struggles. Keep us posted hatzlacha

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