

Not sure what's going on

Posted by littleman - 16 Apr 2025 05:22

Hello. If you take the patients to read this thank you in advance.

I am a bachur in my low twenties. I'm kind of an interesting case being that I struggle with abdl(adult baby diaper lover) mainly just dl though.Bh I do not struggle with p or m. I really just need some guidance on this topic, because I know it's not really a ideal to do, but I still want to do it I'm not really sure what the path is.and Do I need to go to a therapist about this or will it just go away over time?

so if you have any experience in this topic I am definitely very interested in trying to learn about this. Thank you so much.

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Re: Not sure what's going on

Posted by vehkam - 16 Apr 2025 13:45

In my opinion It will probably not go away over time. A good therapist- preferably one that specializes in sex addiction- should be very helpful. Many of these fetishes are related to a deep rooted shame that became eroticized as a coping mechanism. Working through this can be very empowering.

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Re: Not sure what's going on

Posted by amevakesh - 16 Apr 2025 13:56

Welcome aboard! Courageous first post to put out. Like Vehkam said, the best way to deal with this is probably therapy. There's an entire thread specifically on this particular fetish. Perhaps try reaching out to one of the people that have struggled in this area. [Here](#) is the link. Hatzlacha!

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Re: Not sure what's going on

Posted by yitzchokm - 16 Apr 2025 18:58

It is worth reaching out to einanilimili who posted about it on the other thread that you posted on. He has a lot of experience and he can also give you usernames of other people on GYE who struggle with this.

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Re: Not sure what's going on

Posted by einanilimili - 30 Apr 2025 13:42

guardyoureyes.com/forum/19-Introduce-Yourself/130246-diaper-lover?limit=15&start=90

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