

i can't believe i'm writing this

Posted by radiantunicorn71 - 09 Apr 2025 00:42

hey I've been hanging around the forum recently as a new member of GYE and I'm so impressed. i think that it's finally time to share my story, but the funny thing is that I'm terrified that someone will figure out who i am. because of this i will be slightly vague (sorry if this ruins the story a little).

i discovered p probably around 15 or 16 yrs old by mistake and i realized that i enjoyed it. first it just started with m at random times, but then as i got older and as my urges got stronger i would do it about once a week. i then became more intrigued on the subject and realized that i can feed my urges by learning certain halachos from the seforim in my room. once that started, i just got pulled further and further into the world of p but i had a problem... i didn't have any device to use.

then i found my dad's ipad which i knew the code to because i used it all the time to watch sports and play games that i loved, and it was unfiltered (i don't know why but i assume, as i heard from an adam gadol once *some* people are ok without it because that was drilled into them growing up, and my dad fits that profile strongly, but this discussion is not for now.) this went on for about three years where i wouldn't watch anything inappropriate or look at pictures, just read articles with things that a ben torah should read. but as u can imagine, this only fed my need to access more and more. i felt terrible that i was living almost a double life, no one in the whole world would have imagined that i was struggling with this, i was a top guy, big masmid, and almost a perfect guy who never did anything wrong and had great middos. i was a great role model and who would believe that i had a whole other side to me?

then there was The Night.

exactly one year ago (10 nissan) i had one night where i took it to a next level and i'm not going to elaborate because i don't remember exactly and i don't want to trigger anyone. the next morning i decided that i am not going to open ANY apps on the ipad anymore, even sports or the games i was obsessed with. as of today, i just went a whole year without opening an app on the ipad!! i stopped cold!!

) and he gave me another challenge... my computer. my computer was tagged with no internet for during the zman and when it came bein hazmanim i used webchaver which is an amazing accountability program. in the summer at the end of bein hazmanim i had to take off webchaver in order to block the internet but of course, i took off webchaver and didn't install the tag until a few days later, leaving me with an unfiltered device. you can imagine what happened.

during the whole last zman i had no internet and i was so nervous that when the zman ends the same thing would happen, i would take off the tag and not install webchaver. and guess what? i fought so hard and i lost and fell that first night of bein hazmanim. after that, i decided that this is enough, i need to do something but i can't do GYE because it will be forwarded to my parents who i really don't want to tell so i changed my accountability partner to someone else, installed webchaver again, and signed up for GYE. ever since then, i baruch hashem am clean from p

and m for the last 8 days and more committed than ever!

the one thing i have that is clearly a bracha in this area is that i know i can do it and that hashem still loves me and trusts in me very very much, i just need to work.

just know there is always another side to everyone even if they look perfect on the outside.

anyways, that's my story, and feedback or chizzuk would be greatly appreciated.

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Re: i can't believe i'm writing this

Posted by radiantunicorn71 - 09 Apr 2025 00:44

correction in the beginning of the second paragraph "i discovered m" not p

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Re: i can't believe i'm writing this

Posted by shalom1530 - 09 Apr 2025 05:11

Thank you, you're truly an inspiration!!!!

AMAZING keep it up

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Re: i can't believe i'm writing this

Posted by captain - 09 Apr 2025 13:06

What an amazing story! Keep it up!

Also try strengthening yourself with these great free resources:

1) The Battle of the Generation: a sensational free ebook that seriously gets you excited to fight

and win this fight. It's a real game-changer.

2) The Fight: an incredible audio series from Rabbi Shafier.

Links are below in my signature. Wishing you much success!

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Re: i can't believe i'm writing this

Posted by proudyungerman - 09 Apr 2025 13:34

Welcome to the warmest family in the world!

Here you will find true care, concern, and warmth.

Here you will learn that you CAN break free!

There are many tools here to help you in this fight.

There is the F2F Program, the [Vaad Program](#) (click [here](#) for an explanation of what the vaad is), and the book [The Battle of the Generation](#) - many have found this very helpful in reframin' the struggle, as you mentioned.

Posting is a great way to connect, learn, and grow also.

(The [Hall of Fame Thread](#) is a great compilation of some the great threads on GYE.)

There is also an extremely powerful tool of accountability, friends, and mentors, as has been mentioned, that has helped hundreds - myself included.

HHM - Hashem Help Me - is the mentor-in-chief around here. He's reachable at michelgelner@gmail.com.

Some of the other great guys here are Eerie - 1gimpelovitz@gmail.com, Muttel - muttel15@gmail.com, Reb Akiva - mevakesh247@gmail.com iwantlife - iwantlifegye@proton.me minhamayim - minhamayim1@gmail.com amevakesh - amevakesh23@gmail.com

Keep postin', you'll see, the oilam is here for you.

Lookin' forward to seeing great things from you!

And don't forget, as always, KOMT!!

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