

3 years of failure

Posted by yolk - 30 Mar 2025 14:43

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Ive been trying to get clean for 3 years now. Thank god ive stopped watching full fledged pornography but ive been hooked to softcore pornography for over a year and a half now. The past few month ive also gotten back into the habit of maturation until climax. I dont know what to do. I feel helpless and I feel like a failure. Whenever I fail I try to ignore the pain and carry on, but when I do so I find myself a few days later failing again. I have all the filters and blocks that I can manage while still living a semi modern lifestyle. I dont know what to do. I dont know how to keep the strength in order to win on days that I'm tired, or bored, or alone. I'm calling for help, thank you.

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