

Need Advice

Posted by trying1989 - 19 Feb 2025 06:23

Hey guys!

I'm going on a long flight soon. I don't want to watch any movies or stuff, but even when my screen is off I always end up looking at the person next to me or across from me.

Does anyone have some good tips?

I saved a couple podcasts and I'm going to bring a Gemara and a book, but that's good for 4 hours max.

What am I going to do????

Thanks!

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Re: Need Advice

Posted by jewizard21 - 19 Feb 2025 17:46

[trying1989 wrote on 19 Feb 2025 15:48:](#)

[proudyngerman wrote on 19 Feb 2025 15:42:](#)

[trying1989 wrote on 19 Feb 2025 06:23:](#)

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Thanks!

Seriously, I always bring my computer for GYE (worth the money to buy internet access if necessary...

Warning: Spoiler!

That should do the trick!

), and at least one book - more if necessary. As a BIG bookworm, having enough reading material helps.

Also very, very helpful to text a fellow GYE'er for accountability before and after. I still do that now and it's amazing how helpful it is!

Keep us posted!

Lol!!

I need some room for my clothes.

I can't imagine using GYE on the plane. Do you have a privacy screen or something??

thanks for all the love!!

My thought process for this is that whoever knows about GYE probably knows about this nisoyon or is dealing with it themselves. I use GYE on the subway all the time and even "risk" it when my roommates are around.

Warning: Spoiler!

Also I find it very liberating to have some noise canceling headphones with music or even just silence and just living for a little. Nowadays we are always distracted or trying to distract ourselves. This won't work for a long flight of course but part of it might be nice to just stare at the ceiling and think about life.

Have a safe flight!!

Keep on Trucking, One Day At A Time!!

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Re: Need Advice

Posted by trying1989 - 19 Feb 2025 18:33

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TOTALLY AGREE!!!

I wish it would scroll up with everything else! I know I'm on GYE!!

Glad to know someone else has that same thought!

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Re: Need Advice

Posted by vehkam - 19 Feb 2025 18:52

writing a good post or letter can take a couple of hours.... find anything that you want to write about and let your thoughts flow onto paper....

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Re: Need Advice

Posted by BenHashemBH - 19 Feb 2025 18:55

[trying1989 wrote on 19 Feb 2025 18:33:](#)

[jewizard21 wrote on 19 Feb 2025 17:46:](#)

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TOTALLY AGREE!!!

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Glad to know someone else has that same thought!

3rd party applications are capable of blocking a part of your screen. An easy option would be something like Notezilla or Stickypad where you can lock a note to stay on the forefront of the screen and position it over the GYE!

You can also put on a baseball cap. But we all know.

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GYE - Guard Your Eyes

Generated: 19 April, 2025, 03:12

Re: Need Advice

Posted by trying1989 - 24 Feb 2025 22:17

Hey everyone,

Wanted to let everyone know how it worked out!! We made it out without watching any movies and barely watching others screens. At the beginning of the trip no one near me was watching. Had to switch seats and my new seat had 2 front neighbors that were watching. I kept having to refocus on something else. I think the hardest part was my podcasts not being interesting enough and not being able to fall asleep! I was going crazy! I almost starting repeating steps 3-5

I was not able to connect to GYE or read the books I had planned for there were way to many Jews around!! Don't worry I love them! Just not when I'm trying to meditate and read how to break free from p and m... Played some games but even that is not fun up in the air, not sure why it changes!

A big thanks to HHM and Others who gave me great pointers. I had a plan, even if I didn't stick to the plan but at least I came in with one. I may have only accomplished 1/4 of what I planned to.

Thanks for all the advice!!

Im not going anywhere there's still the flight back!!!
and get kicked off the plane!!!

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Re: Need Advice

Posted by Muttel - 25 Feb 2025 10:41

Music to my ears, you're on a roll buddy!

keep it up!

Stay in touch,

Muttel

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Re: Need Advice

Posted by trying1989 - 05 Mar 2025 21:30

Okay! I'm on my return flight and already while boarding my seat mate will definitely be watching!! Please daven for me!!!! Thanks you all

hoping that no one is looking at my phone will I type this with the GYE logo in bold print!!!

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Re: Need Advice

Posted by trying1989 - 07 Mar 2025 00:14

Thank you Hashem! The flight was amazing! My seat-mates slept almost the whole time and during the time one was watching I fell asleep!

At one point I noticed someone ahead of me watching a show I wanted to watch for a while and I told myself that 'I don't watch' and not 'I can't'. I think that really helped.

Thank you for all your tefillos!!!

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Re: Need Advice

Posted by trying1989 - 07 Mar 2025 20:58

Guys this is an amazing speech that really hits home.

How many times to we wanna let go and give up!!

Rabbi Elchonon Jacobovitz

The Bullet, The Dream, And The Real Message of Zachor

TorahAnytime Links

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