

Need Advice

Posted by trying1989 - 19 Feb 2025 06:23

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Hey guys!

I'm going on a long flight soon. I don't want to watch any movies or stuff, but even when my screen is off I always end up looking at the person next to me or across from me.

Does anyone have some good tips?

I saved a couple podcasts and I'm going to bring a Gemara and a book, but that's good for 4 hours max.

What am I going to do????

Thanks!

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Re: Need Advice

Posted by time2win - 19 Feb 2025 11:48

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I'd recommend getting an eye mask for sleeping. That could be helpful. Also downloading some games that could be played off-line on your phone might be helpful

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Re: Need Advice

Posted by ratherstayanonymous - 19 Feb 2025 12:13

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For your screen right when you get on the flight before your defences wear thin you can set the parental controls to G and the only way to undo it is by calling over a flight attendant, which before you do let me warn you that having 3 flight attendants poking around on your screen for a couple of minutes while everyone's watching you, is very embarrassing.

As for the person next to you, it's tough, if you can fall asleep great but if not you gotta figure out what'll take up the most of your attention.

Hatzlacha and safe trip

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Re: Need Advice

Posted by m111 - 19 Feb 2025 13:37

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I bring along kosher movies on my laptop and watch them, that keeps my eyes of other screens.

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Re: Need Advice

Posted by BenHashemBH - 19 Feb 2025 14:27

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[trying1989 wrote on 19 Feb 2025 06:23:](#)

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Thanks!

Takeh, it is extremely hard for me. Last year I did not do so great with this nisayon. When I am alone it was better, but with my baby in my lap, it's quite difficult for me to stay focused (unfocused?). Why does a documentary on the Atomic Bomb have nudity? Why are airlines even allowed to provide these movies when for sure there are kids around who see it? This is the world we are living in. How great are your children Ribono Shel Oilam that they are fighting for you, slogging up a river against the powerful currents of this shameless society. Please help us!

I applaud your preparation to do the best you can. One suggestion I'd make is to try and get shiurim in video form. Even just being able to see the speaker will help keep your eyes on your own device. If available, maybe a kosher documentary on Gedolim. Perhaps a puzzle book. Any sort of project to keep busy with - I'm not even joking, you can get an adult mandala coloring book and a back of pens (pencils might be difficult to sharpen on the plane). Make some beautiful pictures and then save them when you get back as a reminder of your commitment and IYH victory in giving it your all. Compose a song. Write a poem. Prepare a material of interest as if you are going to give a class on it. Learn and practice some meditation. If they have on-flight wifi, maybe it is an option to chat with some friends with a messaging app / email. If sleeping is hard, maybe a sleeping pill.

May Hakadosh Baruch Hu see that you are trying and assist you in making the best outcome of a tough situation.

Ashrecha and kol tov!

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Re: Need Advice

Posted by Muttel - 19 Feb 2025 14:30

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I actually spent my time traveling hanging out on GYE! It was tremendously helpful. That won't help for the duration of the flight unless you purchase web access.

Wishing you best of luck staying pure while traveling. Maybe text me before you board....

Muttel

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Re: Need Advice

Posted by altehmirrerr - 19 Feb 2025 15:27

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Wishing you a good clean flight, (btw maybe with todays plane storys..... we need some extra shmira....)

eitza #1 take me along for the flight,

#2 buy many seats near each other

#3 tell the people near you that it's not good for your shmiras einayim

#4 give a shiur on tbtg to the whole flight

Oh and btw what worked for me was to play some of the games, sudoko..... it's so cool..... the altehmirrerr never saw such stuff before!

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Re: Need Advice

Posted by proudyungerman - 19 Feb 2025 15:42

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[trying1989 wrote on 19 Feb 2025 06:23:](#)

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I saved a couple podcasts and I'm going to bring a Gemara and a **37** book, but that's good for 4 hours max.

What am I going to do????

Thanks!

Seriously, I always bring my computer for GYE (worth the money to buy internet access if necessary...

**Warning: Spoiler!**

), and at least one book - more if necessary. As a BIG bookworm, having enough reading material helps.

Also very, very helpful to text a fellow GYE'er for accountability before and after. I still do that now and it's amazing how helpful it is!

Keep us posted!

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Re: Need Advice

Posted by trying1989 - 19 Feb 2025 15:48

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[proudyungerman wrote on 19 Feb 2025 15:42:](#)

[trying1989 wrote on 19 Feb 2025 06:23:](#)

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Keep us posted!

Lol!!

I need some room for my clothes.

I can't imagine using GYE on the plane. Do you have a privacy screen or something??

thanks for all the love!!

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Re: Need Advice

Posted by azivashacheit101 - 19 Feb 2025 16:22

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Hey I think I'll just add my 2 cents of advice though I don't think I can top altehmirrerr.....

1) You're covered for the first few hours of the flight when you're fresh, busy and still ready to fight.

2) When that wears down get out of you're seat do a couple rapid laps around the aisles until you're out of breath or a grouchy old man calls you potheaded lunitic with yellow horns- exactly in those words. (whatever happens second)

3) Head to the bathroom and hop 50 times on each foot (not kidding I've done it)

4) Take another lap around the aisles (collect \$200 when you pass go, but don't land on free parking [or on some poor old dudes slumbering body])

5) If you need another round of hops head back to step 3, (you can also plug yourself up in the bathroom and dance to some good music (not saying I've done that, But I didn't say I have'nt.....))

6) If you find yourself in a never ending circle between steps 3 and 5 you'll never get to read this part until it's time for landing (mission accomplished), but if for some reason you stopped and moved on from step 5 head to step 7.

7) Get back to your seat because if you've done this right so far the flight attendants will be just about ready to kill you at this point.....

8) Now that you're refreshed and being eyeballed by all those who sit within 20 feet of you for disappearing from your seat for a good 45 minutes, plan your next couple hours with other activities

8) when you get burned out head back to step 2.....

Disclaimer: if you get arrested upon landing for mutiny or suspected terrorism or drug smuggling I take no responsibility whatsoever so please do not point the TSA, CIA, FBI, NSA, ICE, AFT, DEA, KGB, NKVD, LLP, LLC, DOGE, NYPD or any other 3 letter agency in this direction.

Thank You

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Re: Need Advice

Posted by ratherstayanonymous - 19 Feb 2025 16:50

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[azivashacheit101 wrote on 19 Feb 2025 16:22:](#)

4) Take another lap around the aisles (**collect \$200 when you pass go, but don't land on free parking** [or on some poor old dudes slumbering body])

Legendary!!!!

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Re: Need Advice

Posted by proudyungerman - 19 Feb 2025 16:50

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[trying1989 wrote on 19 Feb 2025 15:48:](#)

[proudungerman wrote on 19 Feb 2025 15:42:](#)

[trying1989 wrote on 19 Feb 2025 06:23:](#)

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Keep us posted!

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thanks for all the love!!

I'll share with you my thought process.

As long as it was non-jews sitting next to me and no jews in sight of my screen, I am at it. I figure, what's the worst? They'll see GYE and think that I'm an addicted perv. And then what? I'll never see them again! Still clean!

(I have done this multiple times and no one has ever asked me about that strange website, either...not even when I was in the middle between two ladies sitting smushed up against myself...chances are they are too busy watching their own stuff to really care what you are doing...)

I focus on the fact that I'd rather have some stranger see which website I'm on now, better that than him seeing me watch "that" movie which might make him wonder why a guy dressed like a proudyungerman is watching that - cause he's gonna see my screen just like I see his... Best case scenario - quite unlikely - they see GYE and find it for themselves to break free!

Hatzlacha, keep us posted, and, as always, KOMT!

**Warning: Spoiler!**

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Re: Need Advice

Posted by chosemyshem - 19 Feb 2025 17:00

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[proudyungerman wrote on 19 Feb 2025 16:50:](#)

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**Warning: Spoiler!**

Oooh raise your hand if you've ever gotten your screen turned off because you found the movie

I still think about that and cringe sometimes. I'd much rather be "caught" on GYE than do that again.

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with the most nudity and kept on pausing it and rewinding

Re: Need Advice

Posted by eerie - 19 Feb 2025 17:16

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[proudyungerman wrote on 19 Feb 2025 15:42:](#)

Also very, very helpful to text a fellow GYE'er for accountability before and after. I still do that now and it's amazing how helpful it is!

Keep us posted!

I have done this many times, and many guys have done this with me, and this works wonders. Text a friend before you get into the airport, and give him an update when you leave the airport you're traveling to. It's amazing how well it works

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