

Hanging in there

Posted by Poedel - 09 Feb 2025 06:40

Hi everybody,

I am clean now for 18 days, after years of trying to get sober. I don't Mas*** for 6 years now, praying in a minyan for about two years three times a day, and at the moment I am playing out all my cards I have in the game against the yetser hara. He is a tough boyki, I have to admit, and not an easy adversary at all. But I have to remember that hashem is at my side. Hope to get some tips from you guys on how to continue, because I am with GYE for about 11 years now, and although I have around 3800 days clean, I can't kick the habit permanently, so I was hoping for some advise.

Yours,

Poedel

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