

starting on gye journey

Posted by yehoshufut432 - 29 Jan 2025 04:55

i am really glad to be apart of this very special program. The comradery is unbelievable.

i hope that this platform helps me control my urges as i am single and studying in yeshiva.

seems like so many have gained a great deal from this community and i hope to aswell.

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Re: starting on gye journey

Posted by Captain - 29 Jan 2025 13:20

Welcome! Try strengthening yourself with these great free resources:

1) The Battle of the Generation: a sensational free ebook that seriously gets you excited to fight and win this fight. It's a real game-changer.

2) The Fight: an incredible audio series from Rabbi Shafier.

Links are below in my signature. Wishing you much success!

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Re: starting on gye journey

Posted by stopsurvivingstartliving - 29 Jan 2025 20:07

Welcome to the warmest family in Klal Yisroel! Great move posting here. I wish you the best of luck.

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Re: starting on gye journey

Posted by yehoshufut432 - 30 Jan 2025 04:34

I'm sure these resources will be of great benefit to me, thank you

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Re: starting on gye journey

Posted by proudyungerman - 31 Jan 2025 16:12

Sorry, I'm late...again...

Welcome to the warmest family in the world!

Here you will find true care, concern, and warmth.

Here you will learn that you CAN break free!

There are many tools here to help you in this fight.

There is the F2F Program, the [Vaad Program](#) (click [here](#) for an explanation of what the vaad is), and the book [The Battle of the Generation](#) - many have found this very helpful in reframing the struggle.

The Vaad can be a great way of connecting with other guys.

There is also an extremely powerful tool of accountability, friends, and mentors, as has been mentioned, that has helped hundreds - myself included.

HHM - Hashem Help Me - is the mentor-in-chief around here. He's reachable at michelgelner@gmail.com.

Some of the other great guys here are Eerie - 1gimpelovitz@gmail.com, Muttel - muttel15@gmail.com, Reb Akiva - mevakesh247@gmail.com iwantlife - iwantlifegye@proton.me

Keep posting, you'll see, the oilam is here for you.

Looking forward to seeing great things from you!

And don't forget, as always, KOMT!!

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Re: starting on gye journey

Posted by Muttel - 31 Jan 2025 16:16

Welcome!!!

Just to echo the others, you've joined the warmest family there is!!!

Stay with us!

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Re: starting on gye journey

Posted by seekingkedusha1 - 02 Feb 2025 01:22

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Re: starting on gye journey

Posted by lamaazavtuni - 02 Feb 2025 05:07

Welcome !!! Get involved eat this place up. Make connections/friends read other people's story I'm sure you'll resonate with a bunch of them. But most importantly stick around and be

consistently on here. let us know you're still in the fight!!!! Much love a fellow
struggler (not a bochur but struggled as a bochur so could relate to you)

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