

seeing some bright light!

Posted by altehmirrerr - 27 Dec 2024 05:54

Hello chevrah! ah freilechin wonderful chanukah to all of us fighters!

I just docked in san francisco, it was a long rocky trip from shanghai, hope to find some steady grounding over here!

Bikitzur i am an old timer/new timer, decided to come back and say hello!!

My journey (which is far from over l'choirah) is unique (like everyones!), and if i find it beneficial i will be posting more!

sorry but i need some sleep it's been quite a journey!! hatzlocha to all!!!!!!!!!!!!!!!!!!!! looking forward to connecting and being honest and open with you all!!

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Re: seeing some bright light!

Posted by yosefthetzadik - 02 Jul 2025 08:49

[altehmirrerr wrote on 09 Jun 2025 03:18:](#)

Hello chevra! hope were all doing great!, I have some somber news to share with my fellow gye friends, i was nebach diagnosed, now before i even continue please take a minute to be mispalel for altehmirrerr ben his mother, thank you so much as the tefilos of my fellow gyers are vey powerful!

First of all, i was mispalel for you, begging g-d with all my heart to look at all the hard work you put in, and send you a refuah shleima.

Secondly, I was wondering how the flip did did you fall through a day after being diagnosed?!?

I felt totally violated by this post. I would recommend you edit it, and add at the beginning that this is a parody post.

Hoping you realize what this post can do to other people,

Sincerely Yosef

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Re: seeing some bright light!

Posted by yosefthet zadik - 02 Jul 2025 10:53

"altemirrer" post=428115 date=1735493484 catid=19

One of my fellow ship mates who was a boy with his family when we docked told me that as he was looking at these americoneh skyscrapers r' leib asked him yankeleh vus trochst du, he responded that ich vet ibernemen gontz america, so r' leib smiled and said es kehn zayn uber du dorft shtork achtung geben oz fohr ihr vet ibernemen gontz america zuhl america aich nisht ingontzen ibernemen!

Shtark vort! Made me smile again after being sad about a yid having yenem machla.

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Re: seeing some bright light!

Posted by yosefthet zadik - 02 Jul 2025 10:58

[altemirrer wrote on 29 Dec 2024 17:31:](#)

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was looking at these americoneh skyscrapers r' leib asked him yankeleh vus trochst du, he responded that ich vet ibernemen gontz america, so r' leib smiled and said es kehn zayn uber du dorft shtork achtung geben oz fohr ihr vet ibernemen gontz america zuhl america aich nisht ingontzen ibernemen, so i hope that the lessen for me is clear to stay focused!!

Shtark vort! Made me smile again after being sad about a yid having yenem machla.

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Re: seeing some bright light!

Posted by stopsurvivingstartliving - 02 Jul 2025 12:06

[altehmirrerr wrote on 02 Jul 2025 03:20:](#)

Hi i would like to vent a little, today i went to the doctor an hour away for my wife, she gets so nervous and irrational, i get so fed up!!!!!!! she closes up there's noone home it frustrates me to no end, i know it's ok and we'll be ok it's just angers me, i know it's not her fault or anything but it just triggers me, especially because i am so the opposite, that's it, good night!

What strength it must have took for a yid from your dor to post such a post!

WOW!!!

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Re: seeing some bright light!

Posted by altehmirrerr - 14 Jul 2025 18:09

Hi dear chevra, just checking in bh today is my 200th culminative clean day, yes i did have 9 falls, i still have a way to go but bh i am growing!! (as in the past there were no real clean times....) as time goes on i am settling down, becoming more and more grounded, there was a new birth 209 days ago, but unlike the new baby this one came with a baggage, so it can take some time figuring things out, and with all the yedios in this head of mine one of my main avodos is to connect the brain with the heart, feel the truth.....

Hatzlocha to all my dear buddys!

the @alteh

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Re: seeing some bright light!

Posted by hashemisonmyside - 14 Jul 2025 20:49

wow!

not the same YH like in the past, this time around you get up and push him down....

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Re: seeing some bright light!

Posted by davidt - 15 Jul 2025 15:39

[altehmirrerr wrote on 14 Jul 2025 18:09:](#)

Hi dear chevra, just checking in bh today is my 200th culminative clean day, yes i did have 9 falls, i still have a way to go but bh i am growing!! (as in the past there were no real clean times....) as time goes on i am settling down, becoming more and more grounded, there was a new birth 209 days ago, but unlike the new baby this one came with a baggage, so it can take some time figuring things out, and with all the yedios in this head of mine one of my main avodos is to connect the brain with the heart, feel the truth.....

Hatzlocha to all my dear buddys!

the @alteh

What an incredible milestone - 200 clean days! That's truly something to celebrate. Your perspective on growth despite falls shows such wisdom and maturity. The fact that you're seeing real clean stretches now when there weren't any before is massive progress that shouldn't be understated.

I love your metaphor about the new birth 209 days ago - it's so true that unlike a baby, we come with all this baggage and conditioning that takes time to work through. Your awareness about connecting brain and heart, moving from knowing to truly feeling the truth, shows you're doing the real inner work that creates lasting change.

Keep celebrating these victories along the way. You're not just counting days - you're building a completely new relationship with yourself and your spiritual growth. The chevra are rooting for you as you continue this beautiful journey!

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Re: seeing some bright light!

Posted by altehmirrerr - 28 Jul 2025 01:51

Hi chevra! the past few days have been hard for me, i think that part of it has to do with the end of the z'man feeling, and a few other small things, which just made me feel pretty useless lonely and therefor depressed, i even had a machshava to just call the chat lines, as that's where i can escape to and find people intereted in talking....., bh instead i reached out to a dear friend:wink: spoke to him for 20 minutes, shared what's going on, and shmoozed about ????? ?? ?? ???, and bingo bh i'm feeling alot better! this really works!! thank you chevra i would not be able to do this without you!

wishing us all much hatzlocha!

The @alteh

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Re: seeing some bright light!
Posted by qqg - 06 Aug 2025 04:16

Wow you are a hero keep on going

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Re: seeing some bright light!
Posted by altehmirr - Today 03:46

Hello chevra! I had the hardest 2 weeks in a very long time, there is a certain "fantasy" that I had for a while, a long while, and for whatever reason I "finally" had the opportunity to act on it, chevra I came this close:cry:, I had zero yishuv hadaas, no menuchas hanefesh, i would wake

up and think about it all day, literally, then go to sleep and dream about it...., i don't want to get to detailed here, but it wasn't all about sexual stuff, it's alot deeper...., and i wasn't sure what i really wanted, it was tough, i wasted so much energy....., bh i think that i am coming out of it with a clarity on my part that i don't want this at all, (p.s. I did end up doing things that I regret along the way, and i fell), hatzlocha raba.

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Re: seeing some bright light!

Posted by stopsurvivingstartliving - Today 03:56

bh i think that i am coming out of it with a clarity on my part that i don't want this at all

I am so happy you gained this clarity. There's nothing like clarity.

On another note I am so sorry to hear you had some falls going through this particular test. I wish you the best bouncing back up and shteiging a velt in the Mir on the next leg of your journey!

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