

seeing some bright light!

Posted by altehmirr - 27 Dec 2024 05:54

Hello chevrah! ah freilechin wonderful chanukah to all of us fighters!

I just docked in san francisco, it was a long rocky trip from shanghai, hope to find some steady grounding over here!

Bikitzur i am an old timer/new timer, decided to come back and say hello!!

My journey (which is far from over l'choirah) is unique (like everyones!), and if i find it beneficial i will be posting more!

sorry but i need some sleep it's been quite a journey!! hatzlocha to all!!!!!!!!!!!!!!!!!!!! looking forward to connecting and being honest and open with you all!!

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Re: seeing some bright light!

Posted by altehmirr - 12 Mar 2025 03:44

Day 1! @amevakesh thanx i love your response! hitting me at my own turf! (although if u entered bais hatalmud, [hub of the altehmirr] then stam r' chaim in musser changes...., although r' chaim stutchiner is still revered).

So today i was feeling down about myself, lonely...., not a perfect day shmiras eynayim wise, till i spoke to r' for 15 minutes, and that was (so far) a game changer, he made me really feel good about myself, (i'm usually not a easy customer) bec. bh i am really over all working hard, and i see big results... so yeah i'm not perfect.. duh!, but i am climbing and i do not wanna look back at all costs!

KOL TUV!

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Re: seeing some bright light!
Posted by althemirrer - 13 Mar 2025 02:49

Day 2! it's so hard for me to be writing such low numbers after my big high.

Hatzlocha raba from the mir!

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Re: seeing some bright light!
Posted by boardg - 13 Mar 2025 02:57

It's not the streak that counts. Its the fight

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Re: seeing some bright light!
Posted by hashem help me - 13 Mar 2025 03:13

82 days shows you that you simply do not need this garbage. It is not about a streak. 82 probably represents hundreds of challenges that you b'ezras Hashem trained yourself to laugh at and move past. Imagine speaking to Hashem on Erev Yom Kippur and saying, "Last year i was ashamed to say that i had lost control approximately 250 times; today i am proud to say that this year i only did that 4 times". You are a hero and an inspiration, and as you have seen - you have one of the largest fan clubs on GYE!

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Re: seeing some bright light!
Posted by chaimoigen - 13 Mar 2025 03:15

I think day two after a fall IS a big number.

You see, the Farshtunkener YH has this trick where he manages to make each day after a fall after a big high be soooo much harder.

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Keep hanging in there

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From the place that feels “Acheir” - a place that feels different and distant- there yet WILL be Revach....

Hang on brother.

A Freilichen,

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Re: seeing some bright light!
Posted by altehmirrerr - 13 Mar 2025 03:28

Thank you everyone for your responses, i'm feeling very emotional, even getting a little teary eyed, and yes i know that bh i'm over all in a good place, it's just a little overwhelming, and little bit of a feeling of weakness.

Thank you r' chaim for ur chizzuk, yesterday which was the first day after the fall wasn't perfect, but today was alot better, it's funny but right after i fell i didn't even feel as bad about it, but as time is going on i'm feeling worse about it, i think that part of it is that as right away i was a little bit in denial/numb, but now as i'm getting back to myself... i'm feeling frustrated about what happened, like i coul've avoided this..., it's fine i think i'll be ok it's just a big huge learning experience in the process, and yes of course i still have to be happy about what i accomplished,

but it's easier to feel that before the fall, now i know it and feel it but i also feel the fall which is still so raw.

Hatzlocha to us all!

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Re: seeing some bright light!
Posted by jollylemur95 - 13 Mar 2025 04:02

In my humble opinion, 2 days after a fall with a determination (that you so clearly have!) to get back up is more impressive then a higher number before a fall.

You are my role model! (one of them)

Keep it up!!!

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Re: seeing some bright light!
Posted by chosemyshem - 13 Mar 2025 14:38

Two clean days after a fall are worth 200 before a fall.

That post fall feeling we all know and love is so brutal. It's so much harder to stay clean after a fall, and it sounds like you're handling it well.

Keep on crushing it. You're an inspiration to us all.

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Re: seeing some bright light!

Posted by althemirrer - 16 Mar 2025 03:09

Bh still clean chevra! ah gutteh voch!!!

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Re: seeing some bright light!

Posted by cleanmendy - 16 Mar 2025 14:38

I just read caught up on all your posts in the past week.

I have nothing to say, your not stam. From what ive seen so far on GYE its not that common to get right back up. Its usually a few days if at all. But you did it.

Your holding by **87 days**, with a fall in middle.

Im sure that 87 days ago you couldnt imagine one clean day!

KOMT

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Re: seeing some bright light!

Posted by amevakesh - 16 Mar 2025 15:27

Gonna steal a page from Time2win's format. Personally think it's a much healthier approach. Hope you don't mind.

Current Streak: 5 wins

Total Wins: 87 days

Total Losses: 1 days

Winning Percentage: 98.86%

It's not about perfection, it's about **striving** for perfection.

You my friend are an inspiration!

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Re: seeing some bright light!

Posted by altehmirrerr - 17 Mar 2025 04:15

Still clean bh! thank you @cm, and @am for your chizzuk! moving along!!!!!!

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Re: seeing some bright light!

Posted by Muttel - 17 Mar 2025 17:23

They stood together, by the tree, deep in conversation,

As though close friends for decades,

Reviewing strategies, sharing the deepest of feelings,

The most private experiences...

Growing into one's skin, the most sublime of Avodos,

Striving for closeness to Hashem, our deepest retzonos,

From that deep pit to the high rooftop,

Though we may sometimes feel as though we might pop.

With the help of the One Above and your hard work,

The strides you've made, inspiring, in spite of the YH's lurk.

You keep climbing, shteiging, leading in the fight,

After what you've done, your progress makes us see the bright light!

'Twas a wonderful hug!

With a ton of brotherly love,

Muttel

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Re: seeing some bright light!

Posted by altehmirrerr - 18 Mar 2025 03:00

To my new dear deep friend tayereh Muttel,

It was so nice meeting atop all the stubble,

The zohar explains what we find many a time,

??????? learning ??? ????? even in their prime,

Since the ???? they were learning was so powerful,

It would destroy any building like a lion or a bull,

The power of our conversation who's to realize,

Connecting as one through honesty and words so wise,

So ??? ????? there's no better place,

As we are each growing at our own pace!

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