

Hello everyone here is my story

Posted by hashemschild14 - 21 Nov 2024 04:17

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Hi everyone, I have been trapped in the lust trap for close to 25 years. Started at quite a young age, about 9-10, with viewing inappropriate pictures and being mz"l. Turned into a nightly habit, sometimes more than that. As I got older was able to access more graphic content but still tried to stay away from hardcore p. As I matured/went to yeshiva I tried stopping but only was able to cut down, still slipping up every week ore every other week Probably my worst point was when I was learning in Israel and I went to a strip club in Tel Aviv a few times. Then of course I got married and instead of realizing that this ain't going away I decided to keep my head in the sand. Fast forward a couple years and one day my wife catches me. My life is crashing down I am broken. B'H my wife agreed to stay with me as I worked on the issue with a therapist. Things improved somewhat but still cannot get this darn thing out of my life completely. Finally, a few weeks ago I saw an ad in the Lakewood Voice basically saying if you are struggling with leading a double life please call me as I have been there and have a way out. B"h since then I've been in touch with a few people who have been helping tremendously and routed me to GYE. I am seeing now at the end of the day nothing compares to talking to someone who has been in your shoes, I had worked with Rebbeim and therapists before but its just not the same. I am actually hopeful that there is a way out of this winding precarious trap. Finally!

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