

Breath

Posted by younginheartandmind - 29 Sep 2024 20:33

I often associate breathing with slightly amusing stuff like snoring and laughter .

Need activities that are less prone to clowning around .

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Re: Breath

Posted by thompson - 30 Sep 2024 00:59

[younginheartandmind wrote on 29 Sep 2024 20:33:](#)

I often associate breathing with slightly amusing stuff like snoring and laughter .

Need activities that are less prone to clowning around .

Breathing is kinda overrated. Perhaps we should open a site, Guard Your Breath (GYB), with a 90 day challenge to quit breathing.

Warning: Spoiler!

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