

My struggles with kedushah.

Posted by tzaddikvikam13 - 28 Aug 2024 00:52

I'm a yeshiva bochur in beis medrash.

I've been struggling with m*****ing for the past few years. I hated it from the beginning and tried stopping multiple times with seforim on inyanei kedushah, and kabalos with knasos, but I never had long term success.

Over time, I've stooped to other very low things, not because I had a taavah for these other things, but because one thing leads to the next. As soon as I would manage to keep sober from m*****ing for a short period, these other taavos would disappear.

I'm not addicted to p****, but I'm not completely clean from it either. On the street I think I have the regular struggles of a yeshiva bochur, I try to take off my glasses before I go outside, sometimes mistakenly (or not mistakenly) see something and try to get a better look. I never had any serious taavah for pictures of p****, never found any hana'ah in pixels, but I have slipped sometimes, more out of boredom than out of taavah.

Over the past couple few years, I've been struggling a lot in yeshivah, and while there are other things in my life that can be causing it, I feel that my slips in these areas are destroying my ruchnius.

I right now have an unfiltered computer with Linux, [which isn't easy to filter](#). If you have any experience with Linux or the bash terminal, [PLEASE HELP ME!!](#)

I'm looking to partner with a yeshiva bochur who has similar struggles, and with a yeshiva bochur who has gotten past such struggles.

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Re: My struggles with kedushah.

Posted by tzaddikvikam13 - 02 Sep 2024 22:39

[frank.lee wrote on 02 Sep 2024 22:07:](#)

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In the way a person wants to go, this they guide him.

Are you suggesting that there's no need for GYE and that it should be closed down?

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Re: My struggles with kedushah.
Posted by cande - 02 Sep 2024 23:59

What I heard from him was very different from what I hear on the forum and the site. He basically said, forget about flight to freedom, the battle of the generation, & mentors.

Tell yourself that you just don't do it anymore, call me every day to report your progress or when you feel you're going to fall, and I'm giving you a partner to talk to, not to learn with, and that's about it.

Didn't sound like a personalized recommendation.

Sounded like he was saying that different things talk to different people, everyone has their own mehalech, this is his.

That mehalech doesn't really talk me.this sounds amazing!

what more do you want?

did you disclose to him whats the "things" "struggels" "stooped to other very low things" are??

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Re: My struggles with kedushah.
Posted by cande - 03 Sep 2024 00:04

What I heard from him was very different from what I hear on the forum and the site. He basically said, forget about flight to freedom, the battle of the generation, & mentors.

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That mehalech doesn't really talk me.this sounds amazing!! for masturbation issue.

what more could you want?

"stooped to other very low things"

did you disclose to him the "things"

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Re: My struggles with kedushah.
Posted by cande - 03 Sep 2024 00:07

[tzaddikvikam13 wrote on 02 Sep 2024 18:26:](#)

What I heard from him was very different from what I hear on the forum and the site. **He basically said, forget about flight to freedom, the battle of the generation, & mentors.**

Tell yourself that you just don't do it anymore, call me every day to report your progress or when you feel you're going to fall, and I'm giving you a partner to talk to, not to learn with, and that's about it.

Didn't sound like a personalized recommendation.

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what more could you want?

Warning: Spoiler!

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Re: My struggles with kedushah.
Posted by Muttel - 03 Sep 2024 01:41

[eerie wrote on 02 Sep 2024 21:45:](#)

[tzaddikvikam13 wrote on 01 Sep 2024 17:07:](#)

tried reaching out to all of them. most of them didn't respond. those that did its going very slow (they ask a question, I respond, they follow up a day later, etc.)

Hi there. You say you tried reaching out to all of the above. I didn't see any email from you. ???

My email is in my signature. Feel free to reach out.

Keep trucking!

Looking at my emails, I second this. I don't believe I got an email from you....

feel free to reach out!

Muttel

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 03 Sep 2024 01:53

definitely emailed you

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 03 Sep 2024 01:55

Thanks everyone for your help. B"h it looks like I have a plan to keep going with gye during zman.

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 03 Sep 2024 03:11

...sort of.

Half baked.

I hope.

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Re: My struggles with kedushah.
Posted by candé - 03 Sep 2024 03:18

[tzaddikvikam13 wrote on 03 Sep 2024 01:55:](#)

Thanks everyone for your help. B"h it looks like I have a plan to keep going with gye during zman.

MZ"t

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Re: My struggles with kedushah.

Posted by tzaddikvikam13 - 03 Sep 2024 04:44

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Re: My struggles with kedushah.
Posted by Muttel - 03 Sep 2024 08:12

[tzaddikvikam13 wrote on 03 Sep 2024 01:53:](#)

definitely emailed you

So strange. I just checked my emails again, it's not there.....

Muttel15@gmail.com. Dunno why I wouldn't have gotten it.

Whatever.....

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Re: My struggles with kedushah.
Posted by frank.lee - 03 Sep 2024 11:53

[tzaddikvikam13 wrote on 02 Sep 2024 22:39:](#)

[frank.lee wrote on 02 Sep 2024 22:07:](#)

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In the way a person wants to go, this they guide him.

Are you suggesting that there's no need for GYE and that it should be closed down?

I'm not referring to GYE, I'm saying that if you ask HHM for help, he can help you according to your preferences.

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Re: My struggles with kedushah.
Posted by redfaced - 03 Sep 2024 12:29

[Muttel wrote on 03 Sep 2024 08:12:](#)

[tzaddikvikam13 wrote on 03 Sep 2024 01:53:](#)

definitely emailed you

So strange. I just checked my emails again, it's not there.....

Muttel15@gmail.com. Dunno why I wouldn't have gotten it.

Whatever.....

I think you mean Wa'eva

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 03 Sep 2024 12:39

[frank.lee wrote on 03 Sep 2024 11:53:](#)

[tzaddikvikam13 wrote on 02 Sep 2024 22:39:](#)

[frank.lee wrote on 02 Sep 2024 22:07:](#)

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Oh...

Oops.

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