

My struggles with kedushah.

Posted by tzaddikvikam13 - 28 Aug 2024 00:52

I'm a yeshiva bochur in beis medrash.

I've been struggling with m*****ing for the past few years. I hated it from the beginning and tried stopping multiple times with seforim on inyanei kedushah, and kabalos with knasos, but I never had long term success.

Over time, I've stooped to other very low things, not because I had a taavah for these other things, but because one thing leads to the next. As soon as I would manage to keep sober from m*****ing for a short period, these other taavos would disappear.

I'm not addicted to p****, but I'm not completely clean from it either. On the street I think I have the regular struggles of a yeshiva bochur, I try to take off my glasses before I go outside, sometimes mistakenly (or not mistakenly) see something and try to get a better look. I never had any serious taavah for pictures of p****, never found any hana'ah in pixels, but I have slipped sometimes, more out of boredom than out of taavah.

Over the past couple few years, I've been struggling a lot in yeshivah, and while there are other things in my life that can be causing it, I feel that my slips in these areas are destroying my ruchnius.

I right now have an unfiltered computer with Linux, [which isn't easy to filter](#). If you have any experience with Linux or the bash terminal, [PLEASE HELP ME!!](#)

I'm looking to partner with a yeshiva bochur who has similar struggles, and with a yeshiva bochur who has gotten past such struggles.

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Re: My struggles with kedushah.

Posted by tzaddikvikam13 - 02 Sep 2024 19:05

You don't think a partner, chavrusah, mentor, books, would help me?

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Re: My struggles with kedushah.

Posted by Muttel - 02 Sep 2024 19:08

[tzaddikvikam13 wrote on 02 Sep 2024 18:26:](#)

What I heard from him was very different from what I hear on the forum and the site. He basically said, **forget about flight to freedom, the battle of the generation, & mentors.**

Tell yourself that you just don't do it anymore, call me every day to report your progress or when you feel you're going to fall, and **I'm giving you a partner to talk to**, not to learn with, and thats about it.

Didn't sound like a personalized recommendation.

Sounded like he was saying that different things talk to different people, everyone has their own mehalech, this is his.

That mehalech doesn't really talk me.

You should know that he tells each person something else. What he told you is not what he told me. He has an uncanny ability to know what to tell each person.....

What did he mean "he is giving you a partner to talk to"? Is that not a mentor?

signature. in my

With hopes for your sustained success,

Muttel

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 02 Sep 2024 19:11

soundedl like he's giving me another bochur whos still struggling

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Re: My struggles with kedushah.
Posted by yitzchokm - 02 Sep 2024 19:21

[tzaddikvikam13 wrote on 02 Sep 2024 19:05:](#)

You don't think a partner, chavrusah, mentor, books, would help me?

There is no mentor better than HHM and if you can call him daily or when you are about to fall you got everything you need from a mentor from the best mentor on GYE. A partner is a synonym to someone to talk to. I could guess that the book isn't for you because you have ADHD and it would be difficult for you to stay focused on a book or the program but this is guesswork. You can trust HHM who thinks a chavrusa in the book isn't for you without knowing his reasons.

Essentially you got a partner and a mentor which was also your original request that you didn't want anything except for someone to talk to. It seems like your original request is really what you needed and you got it on a gold platter. You are lucky to have HHM to talk to. If you haven't realized yet how lucky you are to have him I am sure you will realize it as time goes by.

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Re: My struggles with kedushah.
Posted by yitzchokm - 02 Sep 2024 19:23

[tzaddikvikam13 wrote on 02 Sep 2024 19:11:](#)

soundedl like he's giving me another bochur whos still struggling

That is what GYE calls a partner which was your first request. Someone who isn't struggling anymore is going to be a mentor.

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Re: My struggles with kedushah.

Posted by mggsbms - 02 Sep 2024 19:40

Some obsessions with partners lately, intriguing..

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Re: My struggles with kedushah.
Posted by yitzchokm - 02 Sep 2024 19:52

[mggsbms wrote on 02 Sep 2024 19:40:](#)

Some obsessions with partners lately, intriguing..

Yes, only that for some reason this time it seems to have been approved. Perhaps GYE believes that with this person who will be his partner it will be safe for both of them.

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 02 Sep 2024 21:26

yitzchockm, you pm'd me. i can't pm , i only see them Because they get forwarded to my email. If you can give me an email address That I can contact you with, Then I can continue that conversation.

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Re: My struggles with kedushah.
Posted by eerie - 02 Sep 2024 21:45

[tzaddikvikam13 wrote on 01 Sep 2024 17:07:](#)

tried reaching out to all of them. most of them didn't respond. those that did its going very slow (they ask a question, I respond, they follow up a day later, etc.)

Hi there. You say you tried reaching out to all of the above. I didn't see any email from you. ???

My email is in my signature. Feel free to reach out.

Keep trucking!

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 02 Sep 2024 21:48

weird, I definitely emailed you. got it now?

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Re: My struggles with kedushah.
Posted by eerie - 02 Sep 2024 21:51

Yes, I replied there. Looking forward to continued conversation beH

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Re: My struggles with kedushah.
Posted by candee - 02 Sep 2024 21:52

These other things aren't my main struggle, and I think that if I just take care of m*****tion and mz"l, these other struggles will disappear by themselves.why you obsessing over masturbation??

its a pretty common and normal struggle for bouchrim, it shouldnt be the cause for these other "things" and "struggels"

mabye just forget about the whole thing and start the zman with a knock!

love you'

cande

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Re: My struggles with kedushah.
Posted by tzaddikvikam13 - 02 Sep 2024 22:04

I've been struggling with it for years, starting the zman with a knock isn't going to help.

Being common or normal Doesn't make it Less harmful or assur

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Re: My struggles with kedushah.
Posted by frank.lee - 02 Sep 2024 22:07

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In the way a person wants to go, this they guide him.

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