

Thompson, with a 'P', as in psychology
Posted by thompson - 01 Jul 2024 18:22

Hello, dear brothers, fighting the good fight.

I'm Thompson, and I come in peace - I don't bite.

I've tried many times to quit, and every time fell flat on my face prematurely.

By now, many porn sites have my email address stored (hopefully) securely.

So I figured, what harm can it do if I attempt to kick this via another anonymous online account -

Resembling the others - all of which only in an incognito window do I mount.

I'm now on day three in my quest toward a clean life,

I pray to our heavenly father that this time, I should get there without much strife.

Amen

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Re: Thompson, with a 'P', as in psychology
Posted by odyossefchai - 10 Sep 2024 15:12

Couldn't agree more.

If not for my daily daf regiment, ?? ????? ?????

Not from a religious perspective.

Just having a daily daf chavrusa, keeps me sane. Makes me wake up in the morning and run out and get my day started.

I've fallen (read-falling) 10,000,000 times (or maybe I fell once and never got up) but at least I know that I have my daily daf. (Rav Meir shapiro doesn't get enough credit)

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Re: Thompson, with a 'P', as in psychology
Posted by redfaced - 10 Sep 2024 15:38

[thompson wrote on 10 Sep 2024 14:17:](#)

Day 8

Today will be known as the day that lust woke up.

He was all like, "Hey! What's going on? How long have I been asleep? Look at that woman crossing the street. You should really pull up the you-know-which scene as soon as you get to work and get some much-needed sexual release." All of that and then some.

Part of me feels like he might be right*.

On the other hand, there's an ego at stake here.

*Feelings are overrated, but that's for another time.

Careful now, boy.

First person to watch pornographic content, masturbate, or engage in other erotic adventure (each person according to his issues) before Yom Kippur will pay 20 bucks to the pot. Winner take all.

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Re: Thompson, with a 'P', as in psychology
Posted by cande - 10 Sep 2024 17:38

[thompson wrote on 10 Sep 2024 14:17:](#)

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yo bro dontch you dare!

im not kidding.....

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Re: Thompson, with a 'P', as in psychology
Posted by thompson - 10 Sep 2024 19:32

[cande wrote on 10 Sep 2024 17:38:](#)

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im not kidding.....

Now, if I understand this correctly, this is a dare.

One the other hand, there's this \$20 challenge from Shem.

decisions decisions

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Re: Thompson, with a 'P', as in psychology
Posted by chosemyshem - 10 Sep 2024 19:57

[thompson wrote on 10 Sep 2024 19:32:](#)

[cande wrote on 10 Sep 2024 17:38:](#)

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decisions decisions

Go for the fall. Please.

#AllsFairInLoveAndGambling

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Re: Thompson, with a 'P', as in psychology
Posted by chaimoigen - 10 Sep 2024 21:03

What is the protocol to earn the pot?

Does it simply go to the last man standing?

Can others place a wager on a particular contestant? Can we order content to be delivered to various contestants (in unmarked brown paper packages, of course)?

Welcome to this Peh Heh edition of the *er...* “Hunger” Games....

Let the Games begin...

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Re: Thompson, with a 'P', as in psychology
Posted by thompson - 11 Sep 2024 16:52

Day 9 check-in.

Check.

I wish I'd have something juicy to complain about (besides Second Lieutenant Oigen rescinding his blurb). Something substantial. Something that would leave me feeling cathartic. I mean, these simple check-ins with nothing going on in them are so dull.

[Thinking]

I haven't had sex in a while.

That seems to be an excellent place to start.

Yet, somehow, I'm not feeling so blue about it. Maybe it's because I masturbated in the interim. Yeah, that could be it. Well, I haven't masturbated for over a week now. Let's see if I'll start complaining about the lack of sex in the coming days/weeks/months, or however long this might take.

On the other hand, I have my own issues regarding intimacy, where my low self-esteem and recently unearthed molestation started rearing their collective ugly head, and I've been having a hard time accepting my wife. So maybe that's why I'm indifferent to the absence of sex. perhaps I'm not indifferent but secretly grateful.

I guess I have some more troubles to work through.

So help me God.

Now, would you look at this? I've churned out a full-blown post that some might even consider meaningful. An example of "Build it, and they will come" in writing form.

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Re: Thompson, with a 'P', as in psychology
Posted by chosemyshem - 11 Sep 2024 17:10

[thompson wrote on 11 Sep 2024 16:52:](#)

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I'm having a lot of trouble accepting this post.

Warning: Spoiler!

This is GYE. There's *a/ways* something to gripe about.

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Re: Thompson, with a 'P', as in psychology
Posted by thompson - 11 Sep 2024 17:21

[chosemyschem wrote on 11 Sep 2024 17:10:](#)

I'm having a lot of trouble accepting this post.

It should be "collective ugly heads", right? Am I crazy? This is bugging me.

This is GYE. There's *a/ways* something to gripe about.

Nope. I've thought about it long and hard. Multiple bodies, one head.

As for there always being something to kvetch about, I don't think this is exclusive to GYE, it's a feature of life. Of course, on GYE we permit ourselves to complain about things we wouldn't dare whine about, say, in a coffee room.

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Re: Thompson, with a 'P', as in psychology
Posted by chaimoigen - 12 Sep 2024 01:11

I rescinded my post because, although I thought it was cute and funny, it wasn't really respectful.

I have a hell of a lot of respect for the two of you. Your genuine tenacity and the fact that you keep coming back, while staying honest, coupled with your intelligence and contemplativeness (is that a word?)

You don't deserve cute comments from a guy who is (very thankfully) not in the same place.

Instead, I shall hereby doff my hat and nod at you, with genuine good wishes and respect.

If I can muster the energy , I will try to write a post later in response to your question of a few posts ago about positive motivation.

Chaim.

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Re: Thompson, with a 'P', as in psychology

Posted by thompson - 12 Sep 2024 17:46

Day 10 check-in.

Check.

Thank you, Field Marshal Oigen, for the doff (second only to Homer Simpson's favorite beverage), the dignity, and the possible expansion of your lexicon on my behalf. Although sometimes I do enjoy a cute comment, I guess in your eyes, I'm all growed up now.

Where can we find a constant flow of users to start controversial threads? Preferably as soon as they join.

We need some spice.

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Re: Thompson, with a 'P', as in psychology
Posted by 138eagle - 12 Sep 2024 21:56

[thompson wrote on 12 Sep 2024 17:46:](#)

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There is one on PY's thread. We are all waiting for him to start his own....

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Re: Thompson, with a 'P', as in psychology
Posted by chaimoigen - 13 Sep 2024 16:26

Thank you, Field Marshal Oigen, for the doff (second only to Homer Simpson's favorite beverage), the dignity, and the possible expansion of your lexicon on my behalf. Although sometimes I do enjoy a cute comment, I guess in your eyes, I'm all growed up now.

Where can we find a constant flow of users to start controversial threads? Preferably as soon as they join.

We need some spice.

Alright. Not sure if this qualifies. Here's a post/article that I wrote about a year ago, in response to a question I was asked. I didn't post it for various reasons. maybe because it sounds like it's being delivered from atop a soapbox? [It's more than 20 words, too]

But I've actually been genuinely curious to know what you think about this, so here goeth nothing...

I was asked if it's possible to explain, understand and even feel why masturbation and pornography are obscene and deeply objectionable in-and-of themselves, notwithstanding the Issurim and the terrible spiritual damage that we are taught they cause.

To be clear: For me, the Issurim themselves suffice, even if they were to be a Chok. But I am convinced, for many reasons, that these Issurim fall within the category of actions that the Torah teaches us to know and understand that are wrong, and that there is an understanding we can grasp, (in addition to whatever deeper reasons there are). ??????"? .

It's easily understandable why these behaviors are terribly destructive in the context of a marriage. Looking at pictures of another woman, fantasizing about her, and acting out - this is a form of cheating on one's wife. Destructive to the relationship on many, many levels.

I think that it's also easy to understand why pornography is negative, even not in the realm of marriage. The objectification of women as sex items, the lies about sex that are inherent in porn,

all reinforced by the rush that viewing porn brings: All this skews one's perception and perspective of women and relationships in ways that are incredibly destructive to future relationships on many levels. [That's even without the research that demonstrates that watching pornography rewires your brain and creates actual damage, which may be debatable.]

However, it's a bit more challenging to explain what is deeply negative about a single guy masturbating, for personal pleasure. Feels good. What's wrong? Why do we sense that it's wrong? Why is this act almost universally considered to be shameful and obscene? Did you ever notice that even among the lowest dregs in society, the suggestion that someone go masturbate himself is quite the insult? Why is that?

I feel that one aspect may be as follows. Sorry if it is a bit of a graphic lecture.

The Rambam (????? ???) says the ??? is a person's Koach. Of his Guf, his very Life force, and his Maor Enayim. The Gemora tells us that you feel the energy of ??? in your entire being. So the implication is that wasting it is wrong. It's a waste of life force, of something precious. But let's delve more deeply into this, maybe to understand what that would mean for a single guy.

Here are some thoughts

Human sexual energy harnesses everything inside of you in forging a connection with another person.

There are many levels to connect on. Physical, emotional, psychological and spiritual bonding, giving, and pleasure. One invests and gives one's very self in the other. [e.g. "giving" a kiss is giving yourself in a deep way.] With sexual energy, you give everything you got, deep into the other person. Literally but also on many, many levels.

When a relationship is fully optimized, this investment is actualized into a connection with long-term commitment, with love, and part of the connection is to connect as thinking personalities, with your whole personalities and being. You want to share a home, a life, a future, much more than a bed. You even want to have children together.

Even in a lesser connection, the couple are still in a relationship in which they come together to give each other physical, emotional, psychological and spiritual pleasure. Romance. Even a couple "just having fun" are connecting with their personalities, conversation, emotions, etc.

The shallower the connection, the less that they connect in any way beyond the physical, the more vulgar it is. A one-night stand with a person you never got to know is just sweaty grunting in the night. And if you paid for the experience and didn't talk with her, it's even worse. It's ugly by anyone's standards. There's nothing human or pretty about it. It's a waste. You're giving yourself away, body, spirit and humanity cheap, for nothing.

When you think on it, fundamentally, masturbating is the same.

Masturbation (almost always) requires fantasizing. ??? ????? ??? ???. Because you need something, someone to connect to, for the energy to kick in. And then you give yourself away, all of you, to an image that isn't there at all. It's a ugly exercise of investing your spirit and your imagination, your emotional heartachingness and your needs, your whole human energy- all to connect to nothingness.

I think anyone can feel that to use a plastic sex doll is a perversion of your humanity. Would you really want to be friends, to have meaningful conversation, with someone who whispers endearments to a plastic doll and kisses it?

In a way, masturbation is essentially the same thing. It's wasting everything you have on nothing, it's giving yourself away for nothing. Unless you're satisfied with being nothing more than a grunting in the night.

Living that way is shameful and obscene, because it makes a man into an animal, and diminishes a person fundamentally. If you live in a fantasy world and pay your fantasy mistress all the currency of humanity that you own, you'll be left a person without much human currency. Empty, numb, and grunting in the night.

Now for a Yid, it's far, far worse.

As a Yid, your Hergeishim are Kadosh, your Neshoma is Kadosh, your Zera is Kadosh.

It's all there, given to you for a reason.

You are given these gifts to create with, to use the energy of creation to bring a Bayis Neeman, Shechina, and Zera Kodesh into being.

If instead of investing it properly, you merely flush it all down the toilet, you've destroyed something very precious and irreplaceable...

Yourself.

And that's truly obscene.

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Re: Thompson, with a 'P', as in psychology
Posted by chaimoigen - 13 Sep 2024 16:43

[thompson wrote on 12 Sep 2024 17:46:](#)

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Alright.

Don't know if this qualifies, but it's a long maybe-controversial post I wrote a while ago. Never put it up - maybe cause it sounds like it.s being delivered from atop a soapbox? But there are some points that I'd be curious to hear your take on. So here goeth nothing:

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