

My ENTIRE story

Posted by Muttel - 10 May 2024 18:05

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I've just joined and would love to share my story to get support from this amazing platform. I grew up pretty sheltered and innocent. When I was 12 (26 years ago) a friend invited me and brought me to his basement and promptly showed me a nude photo (no real porn vids in those days and it took time for pix to load). I succumbed and it would be a 3x weekly trip to his basement. Of course mutual hj's and bj's followed until I finished elementary school. This went on and off until I entered shidduchim when I stopped - thinking I was done for life. Enter Covid. After being clean of P&M and shmiras einayim for 12 years I stumbled during covid. Porn, phone sex, shmiras habris everything one can do without a partner.

Though happily married, I couldn't stop.

I visited a therapist and it helped for a bit but any device I encountered was dangerous. I filtered computers and phones. Recently I moved into a new office and a non filter able screen was there. BH I cut the internet chord 2 days ago. Yesterday I stumbled into 800 numbers and BH was motivated to sign up to GYE. So embarrassing and I shudder to think of my trial upstairs.....

I'm sharing this with the hope my expressing myself will lead to my keeping my commitment to being here going.

gut shabbos!

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Re: My ENTIRE story

Posted by Muttel - 11 Jul 2024 02:08

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*With a warm breeze blowing, he walked across the parking lot to meet his newfound friend.*

*Though they've only spoken once before, meeting for the first time, and just learning each other's names,*

*After quick strong hug, they began talking, 2 long lost brothers with an unbreakable bond.*

*The conversation smooth, the content cathartic and **Heeling**.*

*Amazing what connection through challenge, aliya, and success can bring in a friendship.....*

*'Twas an amazing meeting, the first of many!*

Muttel

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Re: My ENTIRE story  
Posted by BenHashemBH - 11 Jul 2024 12:31

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I was left wondering what color Heeling's beard is . . . ?

Yasher koach Reb Muttel for sharing how meaningful your experience is in connecting with others.

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Re: My ENTIRE story  
Posted by redfaced - 11 Jul 2024 13:32

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[BenHashemBH wrote on 11 Jul 2024 12:31:](#)

I was left wondering what color Heeling's beard is . . . ?

Yasher koach Reb Muttel for sharing how meaningful your experience is in connecting with others.

You were wondering about his beard ? YKW was wondering about something else entirely....

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Re: My ENTIRE story  
Posted by Heeling - 11 Jul 2024 18:10

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Same here, dear friend.

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Re: My ENTIRE story  
Posted by Muttel - 14 Jul 2024 21:21

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*He got out of his car, seeing the familiar beaming smile greeting him. That long warm hug radiating ???? and speaking volumes.*

*Years of struggle and pain, now success and purity, melted away in the strong grip of huggness.*

*Sweet conversation flowed, and the feeling of having such wise, pure **Eyes** boring deep with care and concern was priceless.*

*Sharing strategies and successes, the fire and passion of sharing the sweet taste of victory, made the time fly by....*

*With difficulty, he meandered his way out, thirsty for the next visit affording him the opportunity to benefit from this close friendship,*

*Reignited and burning brighter than ever before....*

***'Twas a wonderful hug!***

Muttel

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Re: My ENTIRE story  
Posted by chaimoigen - 15 Jul 2024 00:08

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I once knew a prince with armor so bright,

His brown eyes were wellsprings of truth,

He poured over volumes, he swayed in delight,

An image of wholesomeness, youth.

But the dragon of darkness unfurled his black scales,

and wrapped him in venomous coils,

choking in seething and shadowy tales

his pure heart was vanquished and soiled

Until came the great day that he rose up in fire,

like a phoenix, was borne from his ashes,

The white flame of his heart lances out to inspire -

A legend to uplift the masses!

Oh Muttel - a prince you were ever, it's true

With a spirit that yearns to soar free

So it fills me with joy to see you reclaim **you**,

And to embrace you and your destiny !!

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Re: My ENTIRE story

Posted by Muttel - 22 Jul 2024 01:57

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*A warm breezy night under a full moon, my heart beating wildly.*

*Why you ask? I was about to get a taste of coming face to face with my destiny.*

*“Mi yitneini k’yarchei kedem” lyov asked, the bliss of 9 months of yore,*

*I’ve relived that when **Hashem** sent **Help** to **Me**, remade me and more.*

*The hug otherworldly, the pure love and holiness in his eyes,*

*The kiss on my cheek, reminding me of his devotion to me,*

*The feeling of an only child who can always call out Totty!*

*Oh my Rebbi and spiritual father R’ HHM, how you believed in me,*

*held my hand, heard my cry, you’ve brought me to where I can be,*

*Like a potter and a blacksmith, you remade me, whole and pure,*

*So I’d look for kedusha, not to the low physical lure.*

*I’d looked forward to this day for months, to behold your face and eyes,*

*to be able to say “thank you” though however meager no matter how many times I’d try.*

*So many thoughts to express, ideas to share,*

*but in their place, the feeling of connection not needing much to say.*

*for the way I can express my thanks is to pass along,*

*all you’ve given me to allow others to sing their song.....*

*with endless gratitude and admiration,*

*Muttel*

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Re: My ENTIRE story

Posted by yiftach - 22 Jul 2024 06:35

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Buddy, YOU'RE ON FIRE!!!

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Re: My ENTIRE story

Posted by stopsurvivingstartliving - 25 Jul 2024 13:07

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R muttel i just read your entire thread and i an fascinated by what i read. Your amazing and a real role model for all of us. Like you mentioned early up in the thread that the thread kept you busy in airport not to look around. Your thread kept me busy from looking around where i am. Thanks a lot. Keep us the great work! KOMT!!! Don't drop outta the race

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Re: My ENTIRE story

Posted by Muttel - 25 Jul 2024 13:23

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Thank you so much for your kind words, they are greatly appreciated...

It's posts like these that provide me with much appreciated chizzuk and engender a feeling of ?????? ?????? ?? ???????, that my falls which brought ?????? into the world, can now be used to prod others along a path towards ?????? ??????.

Muttel

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Re: My ENTIRE story

Posted by Muttel - 29 Jul 2024 20:59

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*The door opened revealing his shining countenance and wonderful smile,*

*The powerful hug that followed conveying the deep feelings and mutual respect,*

*The conversation was the magical experience like meeting an old super close friend,*

*The conversation warm, flowing, sharing such personal experiences.*

*The ability to share uninhibited sentiments electrifying,*

*The comfort of validation and support unifying,*

*Knowing how another tribal leader cares and shares means the world,*

*To be able to see in person his drive and will to be a true **Amevakesh**,*

*Is something that I will treasure and remember for a long time...*

*Until our next meeting!!!*

**'Twas a wonderful hug!**

Muttel

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Re: My ENTIRE story

Posted by amevakesh - 30 Jul 2024 15:22

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The hug when we finished was even better than the one when we started. I walked away with so much Chizzuk from you. We and ??? ????? are lucky to have you! Thank you ?????? ??????!

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Re: My ENTIRE story

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Posted by Muttel - 31 Jul 2024 17:10

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Dearest Brothers,

As I head towards the airport (destination Burma!), the site of innumerable falls, I turn to you for support and chizzuk you always graciously send my way. When I recently traveled to EY, GYE was a lifesaver and with Hashem's boundless grace, I had a supremely successful trip in watching my eyes. I move my lips in prayer, begging for a Heavenly help and inspiration to succeed once more.

I turn to all of you to help me and to hold me accountable! My journey is more fraught with danger as I'll be alone in a hotel room tonight.....

Staying in touch here to keep me clean and pure,

Muttel

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Re: My ENTIRE story

Posted by BenHashemBH - 31 Jul 2024 17:20

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You have my thoughts and prayers (and also my phone number). Your travels should be with hatzlacha and Shalom, dear Rebbe.

Ribono Shel Olam, please help Reb Muttel keep his eyes, mind, and heart in the right place.

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