

Jewizard21's Journey

Posted by jewizard21 - 21 Apr 2024 21:24

I don't know where to begin and my hands are kind of trembling while typing this but I guess I just have to start.

I am 21 and my problems with P&M since 12. I think I had urges and fantasies from around age 5 or 6 even though I didn't know what it was or what I was doing.

I got a hold of a tablet for playing games and watching YouTube. Then one day I looked up pictures.

I remember shaking and needing to stand up and walk around, I believe I was in shock, but then I went right back and started looking. I eventually started looking at videos. (I wish I could travel back on time and slap myself in the face and break that tablet.)

Already at age 13/14 I noticed what I was doing was wrong but didn't really care. What was it doing to me or anyone else. I also used M to fall asleep.

I then started going to yeshiva. I didn't have access to P but I was thoroughly addicted to M as well at the time and I would go home once a month and "restock" on P. I remember waiting to hear the snoring of my roommates so I could M. Others in my yeshiva also did P and M and talked as if it were normal. I thought to myself that I will stop when im a senior.

In the summer of 10th grade I went to Israel. I was clean for 5 weeks. Up until then I was doing M atleast once a day. I then thought to myself once back from Israel that I could just wait till I went to bais medresh in Israel to be clean and ill do all the P and M I want till then.

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Re: Jewizard21's Journey

Posted by jewizard21 - 06 May 2025 01:23

Had a really bad day today. I feel like it's gonna get worse even though it's already night. Tons of things just not going my way.

Baruch Hashem I am doing good overall and tomorrow will be another day, hopefully better. I am actually surprised at how I am reacting in a positive light even though my body feels so drained and negative.

I have too many good things in life to be bitter, i just hope there's a reason for today happening like it did bc all I can tell is that it was just a test from Hashem to see how I would react.

Keep on Trucking, One DayAt A Time!!

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Re: Jewizard21's Journey

Posted by wannachange - 06 May 2025 02:30

Just went through your thread beginning to end.

I wish when I was your age (ha i feel old) I was anything like you!

Youre so strong! Going for so long clean! Simply incredible!

Thank you for being an inspiration for all of us

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