

porn, the sin that seperates between me and hashem

Posted by yoda - 16 Apr 2024 21:36

my name is yoda (annonymous name)

I have been struggling with pornography for more than 15 years.

It is a normal addiction I suppose but, for religious people it is a sin.

It keeps us away from god, friends, community and so on.

I don't have a solution to this particular problem besides getting married and have family - since it will force be to have some kind of accountability

for my sins.

I know I wasn't blessed with a high IQ that allows you to focus on mathmathics and other topics.

It is very hard for me to concentrate in general maybe it is because of tech, or other things. I don;'t know/

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Re: porn, the sin that seperates between me and hashem

Posted by yitzchokm - 16 Apr 2024 22:49

Welcome to the guardyoureyes community and congratulations on your first post. I don't want to disappoint you but getting married seldom resolves the issue of P&M. You don't need a high IQ to overcome the Yetzer Hora. Chazal say, who is the wise person? The one who learns from every person. We are here to support you, cheer you along on your journey and sometimes share some of our experience. Read some threads and make friends. I suggest that you do the Flight to Freedom program and read the book The Battle of the Generation on a regular basis. Here is the link to the ebook: <https://guardyoureyes.com/ebooks/item/the-battle-of-the-generation> Many people started out like you and today they are free men. Keep on posting and sharing and keep on trucking. Rooting for you.

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Re: porn, the sin that seperates between me and hashem

Posted by eerie - 16 Apr 2024 23:10

Hi Yoda!

Many,
many have been where you are right now, and have, with much help from the One Above,
succeeded in breaking free.

One serious note-marriage has not helped others break free. Many have thought it will, only to
find out that it doesn't work that way.

My friend, stick around, learn the ropes, make some friends, and beH you'll be on your way!
Welcome to the family! There's a lot to learn here, so take it slowly...just take it seriously.

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Re: porn, the sin that seperates between me and hashem
Posted by 5770 - 16 Apr 2024 23:39

Hi Yoda - marriage is a good thing but TRUST ME porn will infiltrate and destroy marriage that
has not been porn-proofed.... so good to get a jump on this now (laughing as I write this thinking
about my personal situation)

The fact that you consider yourself of less-than-high IQ suggests that not only are you are
intelligent, but also humble. The YH hates that so you are in the right place and off to a good
start.

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Re: porn, the sin that seperates between me and hashem
Posted by horizon - 17 Apr 2024 20:34

Hi yoda, welcome to this side of town.

i feel you, as i'm what you may call a fellow struggler.

keep an open ear and mind, try learning new things from the good ones around here, and w
hashem's help you'll grow tremendously.

wishing you all the best,

horizon

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