

## GYE - Guard Your Eyes

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60 years old and still struggling

Posted by Jacko - 11 Mar 2024 17:51

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I am 60 years old and still struggle mightily. I will recite the tikkun this anfternoon and stood under the shower for a long time after. Got my 40 seah in rolling water over my head. Also will wash all the clothes and sheets involved. I will also try to get to a Mikva. But it all just repeats itself. Every few months or so. My greatest fear is that this horrible activity is blocking blessings of shidduchim for my daughters. I have convinced myself that this is the reason they aren't married yet. Beating myself up over it constantly. My biggest problem is I have a smart phone and hone WiFi. It is just so easy to access pure tunah. I just need some chizzuk chevrai so I know my eternal soul can come out of this in good shape. Not a young man any longer and I think about things like this now.

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Re: 60 years old and still struggling

Posted by trying1989 - 26 Dec 2024 04:43

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Wow! I can't imagine how you must have felt when your wife found GYE and looked through it!!!

So here is my question, I'm a bachur in shidduchim and I always hear from many rabbeim and speeches the need to be open and can't hide things from your wife. But I don't think it's a good idea that she knows about GYE, for sure right away!! Like how do people manage the emails, the app? Like won't she wonder why you have another email or what this app is? Like I'm very unsure what is going to happen!!

Do people use separate emails that aren't signed in on there personal things????

trying to understand

Thanks

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