

Wanting to share successes (and challenges)

Posted by AlwaysHappyAlwaysHopeful - 28 Feb 2024 16:32

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I am began to fall into Addiction and my road to recovery almost 8 years ago, strongly so for the last 2 and half years, but over the last 3 months and 17 days, I am have been basically lust free - miraculously from Above, my friends and my SA 12 Step Program. I would like to be able to help others more (my Step 12) which helps keep me strong and sober, one day at a time. I have been to Rehab twice (30 days each) but have found that I like the 12 Steps, mostly. It is working for me, when I work my program on a daily basis. I have tried to heal myself with just ruchnius, huge submersion into Torah, Tefilah, Musar, Inyanei Kedusha, but realize now that I also need the 12 Steps and Program, and grow through it every single day, so I feel. I have been able to synthesize it with Torah and Yiras Shomayim and like to help others now. Open for suggestions and comradery in my happy road to living in recovery.

I am interested in hearing your thoughts and sharing our ups and downs and successes together. Progressive victory over lust.

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