

In SA for a while but new on GYE

Posted by parev - 25 Jan 2024 21:24

Hi everyone

Spent the last 24 hours [obsessively...] checking out the site

I'm a 30 y.o. marbitz torah in israel

in SA 2.5 years

my form of acting out is only in real relationships so find hard to relate to the P&M that is the main topic on GYE

Hate Netfree as it blocks too much, but grateful that I found out about gye.nu

Have a great sponsor BH [ie someone who is actually available when I call...]

BTW My sobriety definition includes touching for pleasure even if not finishing - since my issue isnt religious ie zera lvatola, rather a lack of control regarding lust, and touching = Maturbating...

Keep up the good work!

Shlomo

PS TOTALY maskim to Dov about the importance of not hiding behind a user name - in meetings I even sometimes use my surname too - just to not hide myself and live a double life...

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Re: Hi...

Posted by yitzchokm - 25 Jan 2024 21:35

[parev wrote on 25 Jan 2024 21:24:](#)

BTW My sobriety definition includes touching for pleasure even if not finishing - since my issue isn't religious ie zera l'vatola, rather a lack of control regarding lust, and touching = Maturbating...

Touching for pleasure is religiously forbidden. Possibly, the reason why the criteria include finish is to give us the power to stop even if we started. In my eyes this definition includes a lot of wisdom.

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Re: Hi...

Posted by yitzchokm - 25 Jan 2024 21:47

[parev wrote on 25 Jan 2024 21:24:](#)

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Welcome!

People came to GYE for all different types of struggles, including real relationships, posted about them and broke free. You are in SA already but enjoy anything on GYE that you find useful.

Touching for pleasure is religiously forbidden. Possibly, the reason why the criteria include finish is to give us the power to stop even if we started. Starting is a slip and not a fall and we don't lose our streak so these criteria give us the incentive to stop.

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Re: Hi...

Posted by Vehkam - 25 Jan 2024 21:57

I understand the difficulty in relating to the struggles of p&m, for someone who feels that he is struggling with much greater falls. I started out with the same question as I was dealing with a lot of in person stuff. I found for myself that the tools that are helpful are the same regardless of the point of struggle.

Looking forward to being inspired by your success

Best wishes

Vehkam

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Re: In SA for a while but new on GYE

Posted by parev - 26 Jan 2024 12:39

New Avatar

Y Parev?

1] I have MilchigFlieshigephobia...

2] Being honest about my attitude on GYE [for now...]

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Re: In SA for a while but new on GYE

Posted by parev - 28 Jan 2024 01:40

Although i'm BH happy in SA I feel that as a yeshivish ben tora married man with a growing family there aren't many who i relate to fully in the Jerusalem fellowship.

Furthermore, since I don't have WhatsApp or text, I am limited to phone calls which have their limitations

I would appreciate anyone in the israeli SA fellowship OR of a similar lifestyle to me who would be happy to connect via private messaging to be in contact.

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Re: In SA for a while but new on GYE

Posted by parev - 06 Feb 2024 16:42

I thank the awesome guys who reached out to me via PM,

although would love to widen my circle of friends that I can call and surrender with when necessary.

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Re: In SA for a while but new on GYE
Posted by yitzchokm - 06 Feb 2024 17:10

There are partner and mentor programs on GYE.

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