

What am I supposed to do?

Posted by tryingtobeholy - 25 Dec 2023 14:30

Hi everyone!

I am an 18 year old Bochur, I'm out of Yeshiva for a while, and I'm desperately searching for a suitable job for myself but I'm just getting stuck with "potential" jobs. Basically, besides the fact that many times I'm dead bored, I'm also frustrated and feeling bad about myself, feeling rejected. I don't have any friends who I can speak to on a daily basis. My relationship with my parents is not too great either. My father I don't talk to at all. My mother is a different story. I'm struggling with Yiddishkeit too. I don't Daven, don't say Berachos, and I'm just sitting and wondering what am I supposed to do to hold myself back from getting onto porn for some soothing?

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Re: What am I supposed to do?

Posted by tryingtobeholy - 25 Dec 2023 14:31

I don't really have anyone who understands me, who I can relate to and who can offer guidance. Not a friend, not a mentor...

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Re: What am I supposed to do?

Posted by ainshumyeiush - 25 Dec 2023 14:49

You came to the right place.

Ive also been thrown out/rejected from a few yeshivas, and sitting around feeling like a failure sucks. I cant give you any advice, but if you need someone to commiserate with, im here.

and don't think that you are never going to be anything, i honestly believe that going through those tough times is what made me become a better person.

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Re: What am I supposed to do?

Posted by Crabapple18 - 25 Dec 2023 14:56

[tryingtobeholy wrote on 25 Dec 2023 14:31:](#)

I don't really have anyone who understands me, who I can relate to and who can offer guidance. Not a friend, not a mentor...

It's a lousy place to be. I'm familiar with many of the resources out there. If you're interested in knowing more I can let you know.

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Re: What am I supposed to do?

Posted by davidt - 25 Dec 2023 15:10

[tryingtobeholy wrote on 25 Dec 2023 14:30:](#)

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Welcome chaver! You seem to be in great pain. We are here for you. At GYE we don't judge anyone and hopefully you'll be able to find great inspiration as well as find great new friends here - and you never know... maybe we'll help you find a job as well...

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Re: What am I supposed to do?

Posted by redfaced - 25 Dec 2023 15:47

If you are looking for someone who understands you and cares about you - you'll not find

anyone better than HHM.

Worth a try reach out to him

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Re: What am I supposed to do?

Posted by zzz613 - 25 Dec 2023 18:45

hi and welcome!

its really brave of you to write this, and this itself shows that your fighter and im sure you will ultimately see hatzlacha!!

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Re: What am I supposed to do?

Posted by eerie - 25 Dec 2023 18:56

I second the motion that redfaced put forth. Reach out to HHM. Michelgelner@gmail.com

Trust me, you won't regret it!

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Re: What am I supposed to do?

Posted by Vehkam - 25 Dec 2023 19:24

[tryingtobeholy wrote on 25 Dec 2023 14:30:](#)

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Reach out directly to a few of the chevra here. It's a great start. And focus on the positive.

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Re: What am I supposed to do?

Posted by Hashem Help Me - 26 Dec 2023 03:55

Welcome. Boy do we understand you. Yi'ush is debilitating....

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Re: What am I supposed to do?

Posted by true_self - 26 Dec 2023 14:42

Welcome!

It's incredible that you are trying to become better or not get worse at least, I was in yeshiva not so long ago and I remember how it feels without friends, no davening, no brachos.... but don't beat yourself up, try your best and don't give up! maybe take 5 minutes a day to speak ti hashem in your own words, and if you don't want to speak to him because you feel he hates you because of what you are going through, it's ok and you can tell him that as well.

As others have recommended, reach out!

Stay strong! we are with you.

True self

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