

Am I the only one?

Posted by Shlm - 03 Dec 2023 04:40

I did come from a modern orthodox less religious throughout my life... I am 23 I was 3 years in yeshiva... but unfortunately we but I think I am by myself in this mess.... But it's in the Y"H

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Re: Am I the only one?

Posted by eerie - 03 Dec 2023 07:16

Hi there! Maybe you can clarify a little. A little hard for me to understand what you're trying to convey here.

And no, you are not the only one. Far from it. We are here for you!

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Re: Am I the only one?

Posted by Captain - 03 Dec 2023 14:24

Welcome! You might also want to consider strengthening yourself with these great free resources:

1) The Battle of the Generation: a sensational free ebook that seriously gets you excited to fight and win this fight. It's a real game-changer.

2) The Fight: an incredible audio series from Rabbi Shafier.

Links are below in my signature. Wishing you much success!

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Re: Am I the only one?

Posted by davidt - 03 Dec 2023 16:44

[Shlm wrote on 03 Dec 2023 04:40:](#)

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You are not alone.

Many people struggle with lust on some level, and a high percentage have stumbled in these areas as well.

Even Tzadikim of previous generations struggled in this area (as they mention "the sins of their youth"), so you can imagine that those who seek purity in a generation such as ours are truly from Hashem's greatest warriors!

In the GYE community, you will find thousands of people like yourself, struggling in these areas. On this lively and vibrant forum, people like yourself exchange questions and tons of Chizuk, post logs of their progress and share experience and hope. And you can also read the many stories on our website to see what others have gone through and **how they have succeeded**.

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