

Raboisai - I'm Living Real!

Posted by iwannalivereal - 17 Oct 2023 01:44

So... after lurking around a while I decided to introduce myself so as to be able to celebrate 2 new milestones that I just reached.

I'm a 27 year old yungerman learning in bmg, and I've been struggling with porn and masturbation since I was 12 when I discovered pornography on my parents' (then) unfiltered computer. Since then I've been "doing the cycle", I fall, then I get up with a new stronger kabbalah, and then I fall once again. Throughout my years in yeshiva I had access only when at home during bein hazmanim, and so I would go months during the zman only to fall again, sometimes more, sometimes less soon after I got home. I remember coming home after learning in EY for an amazing year only to fall within a few days.

In the past year or so my struggle seemed to almost explode and pushed me to do more and more to get what I "needed". I went from filter to filter, plugging up loopholes only to find newer and better ways around them.

I have had an account on GYE for quite a while, but somehow never managed to figure out how to get the most out of it and to try to give stopping a real hard try. Around Rosh Hashana time I decided to try again with two new things I had never tried before.

The first thing I did was try to get to know some GYE guys by speaking to them on the phone, and wow what a tool. Somehow even with GYE having more than 15 thousand users, until you shmooz around with someone on the phone it's hard to believe that there are real live people struggling with the same things I'm struggling with. It's also incredibly satisfying to be able to just say your life story to someone on a phone, to be able to get it out of your system a bit which is way better than just typing the story into a computer. And as a cherry on top to this, I was zoche to meet Vehkam in person, which for anyone following his thread knows how much of a hero and role model he is in this struggle. Meeting someone like that, seeing his face, shaking his hand were so absolutely incredible - I'm still on a high from that 10 minute meeting.

The second thing I did was finally listen to all those people (especially vehkam) screaming about reading the battle of the generation book. Although I had looked at it in the past, after noticing the amount of pages (almost 400) I'd "have to go through " to get to the finish line, I never made it past page 1. This time I really delved into it and boy was I in for a surprise when time after time the author described just how I was feeling and how to deal with them. The hardest part of the struggle for me had always been motivation, as although I have a nice long list of reasons not to watch porn, I never was able to feel it inside of me, and never had a strong feeling to not act out. Any time that I managed to not watch porn did not feel especially good or exciting, rather it was a missed out opportunity to have an awesome time. Reading how the author describes just this point and has pages and pages dedicated to how to change a person's mindset to be

excited to fight and overcome desire has been a real game changer for me. I never would've thought that I'd actually want to win more than wanting to enjoy.

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Re: Raboisai - I'm Living Real!

Posted by proudyungerman - 22 Aug 2024 13:56

[chaimoigen wrote on 22 Aug 2024 02:24:](#)

[minhamayim wrote on 22 Aug 2024 00:00:](#)

And- Chaimoigen well I figured that either he'd be wearing a mask anyway or he'd arrive huffing and puffing well after everyone had left. So I didn't try.

MinHamayim

It was great meeting you. But I think we need to get to know each other better 'cause neither of the above are my style at all...

KOMT

Talk about late to the party, I missed the whole thing!!!

Warning: Spoiler!

Darn Burma...

[Edit: Some things are better left unsaid. Suffice it to say...'twas a wonderful smack...]

IWLR,

I know I missed the whole party.

Mazel tov!

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I think that's more what he has in mind...

There really are no words to thank you for what you have done for me. That first conversation, starting with texting, and continuing to phone calls (and unfortunately hasn't turned into a really got on the start to enter the GYE world.

As you know, you were the first person I spoke to, and you were my runway.

I'm flying now because of your start.

Thank you!

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proudyungerman

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GYE - Guard Your Eyes

Generated: 5 April, 2025, 12:23

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Re: Raboisai - I'm Living Real!

Posted by proudyungerman - 22 Aug 2024 14:00

[chaimoigen wrote on 21 Aug 2024 18:19:](#)

PS- Can someone **please** show this thread to Dov and ask him if he still thinks that GYE is about toxic secrecy?

Tried hitting thank you too many times.

Whatever.

Can't agree more.

Warning: Spoiler!

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Re: Raboisai - I'm Living Real!
Posted by minhamayim - 22 Aug 2024 15:04

[chaimoigen wrote on 22 Aug 2024 02:24:](#)

[minhamayim wrote on 22 Aug 2024 00:00:](#)

And- Chaimoigen well I figured that either he'd be wearing a mask anyway or he'd arrive huffing and puffing well after everyone had left. So I didn't try.

MinHamayim

It was great meeting you. But I think we need to get to know each other better 'cause neither of the above are my style at all...

KOMT

OK, I admit the huffing and puffing I added for effect. But the other stuff, it was all carefully gathered intelligence.

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Re: Raboisai - I'm Living Real!
Posted by Heeling - 22 Aug 2024 15:22

[chaimoigen wrote on 22 Aug 2024 03:28:](#)

Love you all!

Any patent attorney's in the house? I've got a trademark on this for almost 3 years!

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Re: Raboisai - I'm Living Real!
Posted by Heeling - 22 Aug 2024 15:25

[minhamayim wrote on 22 Aug 2024 00:00:](#)

Heeling was obvious for obvious reasons. (he also happens to look like a heeling)

A Chasid in a litvish shul can do whatever the hell he wants.....after all he is a CHASID!

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Re: Raboisai - I'm Living Real!
Posted by minhamayim - 22 Aug 2024 15:59

[Heeling wrote on 22 Aug 2024 15:25:](#)

[minhamayim wrote on 22 Aug 2024 00:00:](#)

Heeling was obvious for obvious reasons. (he also happens to look like a heeling)

A Chasid in a litvish shul can do whatever the hell he wants.....after all he is a CHASID!

[spoiler][p]Couldn't resist

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Re: Raboisai - I'm Living Real!

Posted by minhamayim - 22 Aug 2024 16:15

[Heeling wrote on 22 Aug 2024 15:25:](#)

[minhamayim wrote on 22 Aug 2024 00:00:](#)

Heeling was obvious for obvious reasons. (he also happens to look like a heeling)

A Chasid in a litvish shul can do whatever the hell he wants.....after all he is a CHASID!

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Re: Raboisai - I'm Living Real!
Posted by 138eagle - 22 Aug 2024 16:41

[chosemyschem wrote on 21 Aug 2024 18:28:](#)

[chaimoigen wrote on 21 Aug 2024 18:19:](#)

There's a big lesson here, and I'm still digesting it, (along with that whole wheat bagel- ugh. IWLR, you owe me a sandwich!).

Shoot!

Eerie I feel betrayed. How could you not partake of such a chashuve seudas mitzva??

There goes the gift card. Redfaced I think you owe Eagle138 some booty.

Red, please package it nicely and I will come pick it up.

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Re: Raboisai - I'm Living Real!

Posted by eerie - 23 Aug 2024 02:43

[chaimoigen wrote on 22 Aug 2024 03:28:](#)

So I guess my point is - if someone on the forum is uncomfortable with meeting others that's ok. I don't think people should feel that they have to be ready for such meetings to "buy in". One step at a time.

These relationships are beyond precious, and hold within them hope and much more. But they can start on forums, proceed to pm and email, and then when and if youre ready, a call. Then maybe take it to the next level. Each is a powerful tool for recovery. Step by step, what works for you.

Love you all!

Reb CO, I loved every word!

I surely hope that nobody thinks they need to be ready to hang out with 10 friends in order to beat this YH. No, nobody does. And there's no reason to think so.

On the other hand, I totally understand that for some people talking etc. is really hard. Believe it or not, it was once very hard for me too. There are all types of personalities. I know. But, at the end of the day, friendships are essential to true freedom. Yes, at your pace. Post. PM. Email. Maybe even stop there, if you can create a real friendship like that. But for the vast majority of people, getting past the toxic secrecy, and creating real, deep friendships, this is the way out of hell.

My dear friend YKW, nobody needs 10 friends to get out of this garbage, and maybe even one is enough. I suggest to most people to make 3-4 friends, and talk to one of them once a week. I

don't think more is necessary. Those who want more, nu, let them enjoy themselves.

BUT, I have my own point to make, which I hope the oilam will still listen to.

Reb CO, you so well pointed out that these friendships are sacred. And the privacy of every person any one of talks to is super sacred. I just have this fear that now that we met en masse, and watched CO choke on his bagel, and shmoozed around until the pallets were delivered, figuring out if vaping is safer than smoking, debating if hugging will get our picture in the Lakewood Scoop under the crime section, there may be a feeling that talking about one guy's issues with others is ok, for we have all met together. Rabbosai, I'll be the first to say that I was on cloud 9 from the whole event. I just hope this old man didn't get IWLR in trouble. And I'll be the first to say that I need to be extra careful that what people share with me is between myself and that person, and just because we share super close friends who discuss seriously super crazy private things, that doesn't allow for any leeway on the privacy. It might be a little hard, but privacy is sacred.

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Re: Raboisai - I'm Living Real!
Posted by eerie - 23 Aug 2024 02:57

I would add, BH IWLR says he didn't get into too much trouble from our coming. In the future we must be MUCH more careful. If it ever happens that a few guys come to an event, figure out before hand where we'll be meeting. We can enjoy the meeting and all it offers, and still keep all parties involved safe. It's really not a joking matter, for many of us, including myself, have wives that (at least officially) know nothing of our membership here. And it can be devastating for them to find out.

We made a mistake. And we should never repeat it. We must be more careful.

Loads of love, dearest friends!

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Re: Raboisai - I'm Living Real!
Posted by redfaced - 23 Aug 2024 03:01

Bah. Whats life without taking some risks, Throw caution to the wind.

BBQ at YKW's place sunday night. send PMs to ~~anyone~~-Yiftach to reserve

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Re: Raboisai - I'm Living Real!
Posted by youknowwho - 23 Aug 2024 03:04

[redfaced wrote on 23 Aug 2024 03:01:](#)

Bah. Whats life without taking some risks, Throw caution to the wind.

BBQ at YKW's place sunday night. send PMs to ~~anyone~~-Yiftach to reserve

You're all welcome to come on over.

I'm serving leftover scraps from some previous victims. Glatt Kosher, no worries.

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Re: Raboisai - I'm Living Real!
Posted by yiftach - 23 Aug 2024 03:42

[redfaced wrote on 23 Aug 2024 03:01:](#)

Bah. Whats life without taking some risks, Throw caution to the wind.

BBQ at YKW's place sunday night. send PMs to ~~anyone~~-Yiftach to reserve

No need to PM anyone specific....

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Re: Raboisai - I'm Living Real!

Posted by vehkam - 23 Aug 2024 04:35

[eerie wrote on 23 Aug 2024 02:57:](#)

I would add, BH IWLR says he didn't get into too much trouble from our coming. In the future we must be MUCH more careful. If it ever happens that a few guys come to an event, figure out before hand where we'll be meeting. We can enjoy the meeting and all it offers, and still keep all parties involved safe. It's really not a joking matter, for many of us, including myself, have wives that (at least officially) know nothing of our membership here. And it can be devastating for them to find out.

We made a mistake. And we should never repeat it. We must be more careful.

Loads of love, dearest friends!

I know one safe place.... Too bad it didn't work out this time.

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