

**GYE - Guard Your Eyes**

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This time for real

Posted by ainshumyeiush - 15 Sep 2023 07:18

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I've been 'signed up' with gye for a while now (since covid), but i haven't really used the site. Now I've reached a place where im ready to jump in and kick this addiction for good.

i got the gye app and started reading, starting the f2f program and the 90 day challenge. Now im posting here.

I've struggled with p&m for about 6/7 years now. At first it was p when i was home and m when i was in yeshiva. I did have a smartphone for a few months in mesivta, but i got rid of it when i thought i was going to get caught.

then i got a new ('kosher') phone and found a loophole. And it was p&m daily for many years. [the loophole was literally just for p i wasn't able to access gye or anything else]

i got in touch with a partner through gye and got the loophole taken care of. For about 8 months it was only m and every time i went home i would 'catch up'. Then i found a new loophole and back to square one.

now I've been in Israel for a while and dont have that loophole, but i still desperately needed my fix. So i found a new loophole/backdoor.

now that im getting ready to go back to america i realized what a mess I've been making out of my life (finally see how p&m where at the root of getting kicked out of a few yeshivas, not 'overbearing rabbis who were out to get me')

i got back in touch with my partner, i spoke to my father, blocked all the loopholes/backdoors and i downloaded the gye app. Im going home for bein hazmanim soon and looking forward to the first one in years without YouTube, movies, forums and porn.

i started talking with hashemhelpme and look forward to being part of the gye community.

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Re: This time for real

Posted by ainshumyeiush - 11 Oct 2023 18:02

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I'm going to assume that's a big book/aa reference. could you please explain (or do some explainin')

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Re: This time for real  
Posted by ainshumyeiush - 13 Oct 2023 03:31

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If i use a unfiltered device right now, i wont have the ability to stay clean. I cant make a choice to 'drink like a gentleman'

but i can decide to not use the device.

and thanks to my partner @abieham i also have to think if using it is worth my having to go for a 40+ minute walk to nowhere.

so now the playing field is a little more even, my neshama is telling me to not use the device. My nefesh behamis is telling me that there's nothing wrong with using it for a valid reason. But then my lazy tuches remembers that if i use it i have to go on the walk...

as the inside of my beer bottle cap just informed me, luck is hard work residue.

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Re: This time for real  
Posted by bright - 13 Oct 2023 05:09

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[ainshumyeiush wrote on 13 Oct 2023 03:31:](#)

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Great stuff! Keep it up.

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Re: This time for real  
Posted by ainshumyeiush - 13 Oct 2023 20:43

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I got an uber today and the driver had a well used copy of the a-anon book in the car. We had a very nice talk about the third step which has always thrown me off.

i had previously understand it to mean some sort of fatalistic abandonment of ones self. That we should totally negate our existence for one of being 'puppets of hashem' and i couldn't bring myself to do that.

she explained it to me to mean that we should "turn our will and our lives over to the care of God" as ourselves. I am me and i have my existence, however whenever there is a conflict between my will and hashems will, i turn my will over to Him and do what He wants.

i hope i explained it clearly the way i was told

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Re: This time for real  
Posted by ainshumyeiush - 15 Oct 2023 03:19

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The zman starts tomorrow. And this has been one serious Bein hazmanim. Yes i fell a few times but compared to every other time, the difference is huge.

i dont know what this zman will bring, but im going in knowing that i have a plan.

if anybody knows of a filtered internet cafe in Lakewood that lets gye please let me know.

Thanks and good luck to all

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Re: This time for real  
Posted by frank.lee - 15 Oct 2023 23:30

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Amazing seeing your success, great way to start the zman.

Try outworq or something. Upstairs from Bagel Nosh ..

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Re: This time for real  
Posted by ainshumyeiush - 18 Oct 2023 00:26

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As most of you are aware, the zman started.

on one hand, its easier for me now. I dont have devices lying around that i have to avoid. Now my focus is on making sure i dont get access to a device. So its not as constant of a fight.

on the other hand, now that im back in town, i have to be careful with watching my eyes on the streets. Bein hazmanim that's not as big of a concern.

i also have to figure out when i can read the battle of the generation and the aa book now that i have roommates around.

same war different battle i guess.

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Re: This time for real  
Posted by Vehkam - 18 Oct 2023 00:34

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There is nothing incriminating in the book. Every situation is different but many have been able to read unapologetically saying they are working on shmiras ainayimbb

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Re: This time for real  
Posted by ainshumyeiush - 18 Oct 2023 00:53

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Its more of a question of when i have a quiet moment than of being seen reading it

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Re: This time for real  
Posted by chaimoigen - 18 Oct 2023 02:45

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[ainshumyeiush wrote on 15 Oct 2023 03:19:](#)

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if anybody knows of a filtered internet cafe in Lakewood that lets gye please let me know.  
Thanks and good luck to all

I suspect the Zman will bring unbelievable growth in all areas!

KEEP ON SHTEIGING!!!!

Missing the tumul, and my old seat, I am

respectfully yours,

Chaim Oigen

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Re: This time for real  
Posted by ainshumyeiush - 18 Oct 2023 02:57

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Honestly hate the tumult. Was thinking about posting on here to see which other 'top guys' needed a chavrusa...

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Re: This time for real  
Posted by redfaced - 18 Oct 2023 12:22

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[ainshumyeiush wrote on 18 Oct 2023 02:57:](#)

Honestly hate the tumult. Was thinking about posting on here to see which other 'top guys' needed a chavrusa...

Dont think anyone enjoys it-  
thats the only thing from my days in Bmg that I dont miss

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Re: This time for real  
Posted by ainshumyeiush - 19 Oct 2023 02:41

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Im having a bit of a tough time dealing with being back in yeshiva this zman. There's always the social pressures, new chavrusas, and trying to stay focused during seder.

but this time around i cant go running to social media, non Jewish music and porn to get my mind off the pressures.

and i have much more down time then i thought i would, especially at night. But bezrat hashem next week ill have a job for a few hours a night to get to take a step away in a healthy manner.

But i really hope this gets easier.

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Re: This time for real

Posted by Vehkam - 19 Oct 2023 03:25

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Make a list of things to do with your free time

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