

Seeking help, no responses from partner requests

Posted by mailer - 09 Aug 2023 17:12

Hi everyone! this is my first post.

I recently signed on to GYE, as I felt a clear downward spiral and wanted to get help to stop it. B"h, I have been doing well for close to 50 days now, and really would love to be in contact (anonymously, via email) with somebody in a similar situation to help me with accountability, chizuk, empathy, etc. I tried the partner section, but none of my requests were answered.

I really hope to get to 90 days! I've had a lot of chizuk reading the forums, but ultimately feel that direct contact will be of utmost help.

I am 35, and married with children. I seek to exchange chizuk, accountability and empathy and hopefully crawl out of this mess. Specific details of my situation are something I'll be happy to share via pm or email. I love to listen as well, and hope to have an open and honest conversation with the right person!

Thanks to all the Warriors out there!

=====

Re: Seeking help, no responses from partner requests

Posted by Heeling - 09 Aug 2023 17:22

Welcome!

Wow! 50 clean days is amazing! Keep going.

Theres a lot of good information on this amazing site. Look around. Learn. Asked. Share. Grow.

Keep fighting,

(Look out for my pm)

=====

Re: Seeking help, no responses from partner requests
Posted by hashemlovesyou123 - 09 Aug 2023 17:35

Welcome!

First of all, congratulations on 50 days! That is an amazing accomplishment!

You have certainly come to the right place. I also recently joined and I have found the resources and people here to be extremely helpful. Speaking to people has helped decrease my feeling of shame and has helped me gain the confidence and skills to finally be on the path to breaking free!

Stick around and you will not regret it.

=====

Re: Seeking help, no responses from partner requests
Posted by chaimoigen - 10 Aug 2023 11:04

Welcome, brother.

This road is less lonely when walking together with friends. So many here have what to offer, there's a lot to learn. And we have what to learn from you!

Stick around - and post! We want to hear from you!

=====

Re: Seeking help, no responses from partner requests
Posted by Eerie - 13 Aug 2023 18:11

It sounds you are doing amazing, and I hope your streak continues as you grow day by day! There are a lot of wonderful people here that you can reach out to directly, and anonymously, and they can really help. Try Hashem Help Me at michelgelner@gmail.com, or try chaim oigen above, his email is in his signature

Keep K'nocking!
Hi my friend! Excuse the belated welcome.

=====

=====

Re: Seeking help, no responses from partner requests
Posted by Fightforfreedom - 13 Aug 2023 19:31

i would like to be you're partner

=====

=====