

Thought I wouldn't need to ask for help
Posted by chaimoigen - 16 May 2023 03:44

It's hard to admit that I need to reach out.

I help others. A lot, B"H.

I struggled for years. And Hashem helped me. With unbelievable Siyata Dishmaya I have come light-years from where I once was.

I now inhabit a world of Torah and Kedusha and Avoda.

I am a healer and a rebbe. I have been blessed with deep understanding, I learn and teach a lot, and am Zocheh to guide and inspire. I'm still growing.

.....**Mostly.**

...except sometimes when I fall.

.....and then I feel sickened and then I work on myself and try to close the gaps in the fences and fill the gaps in my heart and make changes and find inspiration and do Teshuva and make commitments and truly grow from the mistakes and work to know myself better and realize where the emptiness needs filling. and I learn and daven and grow. I'm not a hypocrite. I really do grow. ... and then I feel confident.

And it lasts for a while. Sometimes a very long while. And BH I'm sure that the last fall was just an anomaly, and I know that who I really am isn't the one who fell [which is true], and that I don't have to be on guard so much [which is a terrible mistake - ???? ??? ????? ????? ?????? ??? ????? ???]

And it lasts.

.... UNTIL IT DOESN'T, DARNITTTTTTTTTT!

And then, then, oh OY Rebonoy Shel Olam, not again.... oh please not again! How, *how can I* be once again hearing the silent, harrowing scream from deep in my soul "AYEKA!!?"

It's about time that I am having the courage to admit that there is still a pattern.

I lurked here for about a month. I had a fall and decided to finally check this site out, not for others but for myself this time. 22 clean days. and now again a "minor" fall.

And I finally decided to reach out for help. To stop being stupid.

And I finally admit it. I need brothers. I need others . Because even though I am never alone, and even though I always whisper to the Rebono Shel Oilam, who always helps me, still - I need chaveirim. I need help. I stand in front of you, brothers, humbly ready to admit that I still have a problem. I am thankful on the night of ??? ?????? that it's far, far from the problem I once had. I am thankful and proud of where I am. I do not define myself by my falls. BUT I WANT MORE. I NEED MORE. MY NESHOMA DESERVES MORE

I want to be 1000 days clean and more. I am so UNBELIEVABLY jealous of the heilige yiddin here who are clean for years. I NEED to be 100 percent clean. It's my hearts desire - a white-hot Ratzon Pnimi. But I need help from Hakadosh Boruch Hu and from you.

The deepest part in the center of my Neshoma is sickened by the realization that I may have been still fooling myself [I am not entirely sure if I have been, or if I'm just a work in progress].

I am deeply inspired by the raw honesty and desperate yearning in many posts here. I love that so much. I love honest , searching growing yidden. I want to be an anonymous yid among others who are growing together. I want to grow more, be more, find out what roads are still open to me.

Can you guys help me? Please?

I'm sitting in my office and crying at my computer.

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Re: Thought I wouldn't need to ask for help
Posted by chaimoigen - 10 Aug 2023 11:52

Thursday August 10. 2023

So we were walking outside and my four year old daughter mentioned she doesn't like the sidewalk, because it's all broken and bumpy. "And why, Totty?" "How did the sidewalk break, Totty?"

Holding her soft little hand I explained : "The tree right nearby used to be much littler. Just like you, Raizy! And it grows very slowly, but a little bit at a time, maybe every day. The little teeny roots go into the ground, to drink the water that helps the tree grow strong. And the roots grew. They got thicker and stronger, they grew and they grew! And even though the sidewalk is made out of strong, thick, cold cement- the roots were strong enough to pick up the cement, to crack it open and break it. Could you believe it?! Such strong cement - so cold and hard! Little roots can smash it! Can you believe it!!?"

OY! Gevalt! Roots! As they nestle, burrowing deeper into the sweet, deep places in the ground where there is water and nutrients for life; they have grown stronger and thicker, verdant and coursing with heady, rich Chaim...

They're gonna have to build a whole new sidewalk, maybe in a different direction entirely.

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I have tears in my eyes.

I would like to invite you, my close, close friends

to a Seudas Hoda'ah in honor of my achieving 90 days of Tahara, ??????".

In honor of 3 Chodoshim Retzufun, in honor of establishing a Chazaka; of becoming a Misulekes Damim, through the bountiful, undeserved Chessed of Hashem.

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The Guests of Honor are my special wife, though she won't know about it, and my Neshoma.

The Seuda will take place Bshaa Tova U'Mutzlachas on this coming Sunday night ?'

??????, in the hours before midnight.

The program is as follows:

~~You may join wherever you are. You may wear pajamas~~

~~Appetizer: A L Chaim of your choice.~~

First Course: 10 Kappitlach Tehillim of your choice. For you. For me. For all Yiddishe Kinder on and off GYE. For the Rebono Shel Olam who is suffering seeing his precious children struggling in the mud, ?????? ????? ?? ??????. And with heartfelt thanks to Him for the Heilige Torah, for holy Chaveirim, and for Rabbeim.

With Hodaah Al Haavar and Bakasha Al Ha'asid.

Please try to season your Tehillim with tears. I'll have enough to go around.

Second Course: A Blatt Gemora. Ah Mechaya!

Dessert: Another Lichaim. (Woodford, wine, or even tequila, as long as its obscenely expensive)

Please RSVP here. Cordnoy, Eerie, Richtig, Grant, IMG, Captain, Vehkam, Benny, Heeling, Redfaced, Shmira, Jewish and so many sweet and holy others:

Please let me know if you can make it. It would mean a lot to me. I have been too lonely for far longer than I care to think about. And I have undying Hakaras HaTov to each of you.

And finally: To the one who reached out on that very first day: "give me a call tzaddik"....

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?????, ?????, ?????, ?????, ?????, ????? ?????? ?????? ?????? ,

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You are the one in whose eyes I saw reflected something I still can't put into words and that has made all the difference...

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Re: Thought I wouldn't need to ask for help
Posted by redfaced - 10 Aug 2023 12:04

[chaimoigen wrote on 10 Aug 2023 11:52:](#)

Thursday August 10. 2023

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I explained : "The tree right nearby used to be much littler. Just like you, Raizy! And it grows very slowly, but a little bit at a time, maybe every day. The little teeny roots go into the ground, to drink the water that helps the tree grow strong. And the roots grew. They got thicker and stronger, they grew and they grew! And even though the sidewalk is made out of strong, thick, cold cement- the roots were strong enough to pick up the cement, to crack it open and break it. Could you believe it?! Such strong cement - so cold and hard! Little roots can smash it! Can you believe it!!?"

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They're gonna have to build a whole new sidewalk, maybe in a different direction entirely.

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I have tears in my eyes.

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**You are the one in whose eyes I saw reflected something I still can't put into words
and that has made all the difference...**

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I feel like you're being stingy on the L"chaim, But hey I'm In . Wouldn't miss it for anything

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Re: Thought I wouldn't need to ask for help
Posted by Captain - 10 Aug 2023 14:07

I'm in!

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Re: Thought I wouldn't need to ask for help
Posted by chaimoigen - 13 Aug 2023 13:44

Meeting a few more holy brothers made me feel so good.

Loneliness may perhaps be the feeling when one's internal landscape can't be shared and appreciated. Meeting those with whom I have shared the texture of my Neshoma, and feeling theirs, all with a warm hug, understanding in the eyes, and a hearzige smile: it's a mechaya mamash.

Looking forward to tonight.

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Re: Thought I wouldn't need to ask for help
Posted by redfaced - 13 Aug 2023 13:56

[chaimoigen wrote on 13 Aug 2023 13:44:](#)

Meeting a few more holy brothers made me feel so good.

Loneliness may perhaps be the feeling when one's internal landscape can't be shared and appreciated. Meeting those with whom I have shared the texture of my Neshoma, and feeling theirs, all with a warm hug, understanding in the eyes, and a hearzige smile: it's a mechaya mamash.

Looking forward to tonight.

I felt that bear hug all shabbos.

I woke up in the middle of the night on friday night to feed my baby , & all I could think of Was my meeting with the Helige R Chaim .

Something that I strongly encourage all those that are holding back on to experience.

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Re: Thought I wouldn't need to ask for help
Posted by Eerie - 13 Aug 2023 18:24

Reb Chaim, I'm afraid I will not be able to drive home, but I'll be there. Can you arrange a

Keep trucking, my holy friend, and keep inspiring us all. You are Hashem's gift to us all!

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Re: Thought I wouldn't need to ask for help
Posted by chaimoigen - 14 Aug 2023 04:12

Lichayim, tayereh Chaveirim.

Such Hakaras Hatov to you all, and to Hakadosh Baruch Hu.

Hodah Al Ha'avar and Bakasha Al Ha'asid.

let's keep going onwards, higher and higher - TOGETHER.

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Re: Thought I wouldn't need to ask for help
Posted by chaimoigen - 14 Aug 2023 04:15

[Eerie wrote on 13 Aug 2023 18:24:](#)

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Re: Thought I wouldn't need to ask for help

Posted by richtig - 14 Aug 2023 14:23

[chaimoigen wrote on 14 Aug 2023 04:12:](#)

Lichayim, tayereh Chaveirim.

Such Hakaras Hatov to you all, and to Hakadosh Baruch Hu.

Hodah Al Ha'avar and Bakasha Al Ha'asid.

let's keep going onwards, higher and higher - TOGETHER.

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Mazel tov Reb Chaim! May you continue to inspire and be mechazek yourself and others!

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Re: Thought I wouldn't need to ask for help

Posted by lionking - 14 Aug 2023 15:10

[chaimoigen wrote on 14 Aug 2023 04:15:](#)

[Eerie wrote on 13 Aug 2023 18:24:](#)

Reb Chaim, I'm afraid I will not be able to drive home, but I'll be there. Can you arrange a

Keep trucking, my holy friend, and keep inspiring us all. You are Hashem's gift to us all!

I'm wondering if anyone (maybe Markz?) can arrange for you a Fruber TOWTRUCK

I can use a tow truck. Any units available?

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Re: Thought I wouldn't need to ask for help
Posted by Markz - 14 Aug 2023 15:19

[lionking wrote on 14 Aug 2023 15:10:](#)

[chaimoigen wrote on 14 Aug 2023 04:15:](#)

[Eerie wrote on 13 Aug 2023 18:24:](#)

Reb Chaim, I'm afraid I will not be able to drive home, but I'll be there. Can you arrange a

Keep trucking, my holy friend, and keep inspiring us all. You are Hashem's gift to us all!

I can use a tow truck. Any units available?

We have an entire fleet out 24/7.

There's a weight limit restriction applied.

If you come with too much baggage, you won't be able to jump on.

There's no place for any emotional baggage that meet these dimensions;

1. Guilt
2. Regret
3. ???Your Inner Critic
4. ???Anger
5. Stress
6. Worry
7. Fear

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Re: Thought I wouldn't need to ask for help
Posted by redfaced - 14 Aug 2023 22:15

[lionking wrote on 14 Aug 2023 15:10:](#)

[chaimoigen wrote on 14 Aug 2023 04:15:](#)

[Eerie wrote on 13 Aug 2023 18:24:](#)

Reb Chaim, I'm afraid I will not be able to drive home, but I'll be there. Can you arrange a

Keep trucking, my holy friend, and keep inspiring us all. You are Hashem's gift to us all!

FRUBER?

I'm wondering if anyone (maybe Markz?) can arrange for you a Fruber TOWTRUCK

I can use a tow truck. Any units available?

I can help you with a flat tire if you need

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Re: Thought I wouldn't need to ask for help
Posted by Grant400 - 15 Aug 2023 00:25

Reb Chaim,

My friend, Mazal tov on 90!!! 90 days of kedusha! 90 days of sharing that kedusha and your very impressive self with the oilam here!

Thank you!

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Re: Thought I wouldn't need to ask for help
Posted by chaimoigen - 24 Aug 2023 13:32

It has been 100, blessed days, with Hashem's help. Days of clarity and hope.

In honor of you, my friends, I wrote you this Ode (started it on Shmira's thread last night.)

I know a whole lot of people

Befriended a whole lot of friends

But for you special guys -

on Guard Your Eyes

I would go to all the worlds-ends.

For you've known the shapes of my struggles

Understand the true shape of my fears

I have showed you the landscape

of shadowy places

Together we've shed some few tears.

And this wholeness I've found in this hallowed space

Has lifted me forever free

With my new friends here on - and off - GYE

I have come now to know the real me

I am coming to BECOMING real me.

Please stay close.....

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