

Gay bochur, trouble with Mom, masturbating

Posted by yitz23 - 14 Apr 2023 22:03

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Hi guys

I'm a low-twenties single guy (I'll say it - yeshiva bochur) and this is my first-ever post.

**I masturbate almost daily** (usually in the mornings - just makes it seem so much easier to face the day...)

The thing is I am not that motivated to stop right now, I just am coming to GYE for the comraderie and to connect with people who share my struggles. Masturbating just helps me so much. If you define addiction as getting in the way of having a productive life, **I am no addict**. I am talented, happy in yeshiva, and pretty popular. I just can't for the life of me stop masturbating.

I have a very precarious relationship with my parents. (I actually think my mom is sexually attracted to me. She's never done anything that would prove it to me beyond a doubt, but its the feeling I get and how she looks at me and certain things she's said/done over the years.) I feel that I **providing an emotional need to mom** that she isn't receiving from her aloof husband (my father). It winds up feeling suffocating for me and I often feel really angry and sulky when I'm at home.

I also am afflicted with SSA, and while I haven't acted out explicitly with other men in a long time, I am always **checking them out** and masturbating about them. It is also manifested in small **touches and pats** that I give and get from my friends (mainly give) without telling them that I am getting sexual gratification for the contact. I never know if they caught onto me, though.

Sometimes when I'm feeling lonely I call gay **phone sex lines** to talk to other men. I have a kosher phone, but I can't filter who I call, so it can be a challenge during periods that I'm struggling with it (it's on and off).

**Thanks for reading.** If you all out there could respond to some part of my post, or just cheer me on, it would be super nice.

Sincerely,

yitz23

PS Please don't drop any bombs on me or use scare tactics. thank you

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by EccentricComposer - 31 May 2023 00:45

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Honestly, I'm confused how someone on this website could want to have dirty conversations. It's so amazing that you're confident enough to speak out about it. Thanks so much!

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by Sapy - 31 May 2023 00:47

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Yitz, solid solid stuff. Absolutely love it!

Eyes; sound advice. Stick to guys that posts on the forum, it eliminates 80 percent of the issues.

Also, please report it it a moderator. We don't judge those fellows, but we need to look out for one another, we come here vulnerable, we write what our triggers are, when our hard times are etc, and that can unfortunately be exploited. It is important that it gets taken care of, so we continue gaining from being here, and not the opposite.

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by lionking - 31 May 2023 00:52

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Please also report that user to GYE in order to get him banned. There is a concept of ?????  
?????? which is especially relevant on a site like this. Help keep this site a safe place for others.  
Thank you!

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by Horizon - 31 May 2023 01:37

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hey yitz, thanks for sharing your very vulnerable posts.

looks like you got a bunch of advice here, and you have some decisions to make.

hatzlacha

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by yitz23 - 31 May 2023 02:58

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Wow I don't know what's worse messing up or having the freakin whole gye come out to lecture  
me

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by YeshivaGuy - 31 May 2023 03:58

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[yitz23 wrote on 31 May 2023 02:58:](#)

Wow I don't know what's worse messing up or having the freakin whole gye come out to lecture me

Hey, sorry I'm late to welcoming you.

I know the interest of the chevra here can be overwhelming and come across judgmental/lecture'ree (yes it's a word, look it up) at times.

An eitza for such times might be take a step back.

Breathe.

You are alive you're ok you're gonna really really be ok. Ya you slipped up etc but l'maaseh dude, your life really isn't over.

Maybe munch on some Shnitzel with a Truly or two and relax.

Then it would perhaps be highly beneficial to consider what advice people have for you.

Good advice yes!

But please please please don't let yourself get too worked up.

You honestly will be ok.

YeshivaGuy

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by cordnoy - 31 May 2023 04:08

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[Sapy wrote on 31 May 2023 00:47:](#)

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I really wish people would report more, I needed to ban at least 4 guys today. The chats lately take a long time to read - there are so many, and sadly, there are those which are inappropriate. I understand these folk, this business is tough, but I gotta do my job and protect this group, includin' the perpetrators.

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by Hashem Help Me - 31 May 2023 11:20

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[cordnoy wrote on 31 May 2023 04:08:](#)

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Thank you Cords. I really like your last line - that you are also protecting the perpetrators. In essence, most (unfortunately there are exceptions) guys here really want what's right, but are not ready to interact in a healthy way yet when a similar struggler reaches out for help. What begins as "helping each other" heads south quickly. Do not hesitate to report to a moderator - it

is not "mesirah" or anything like that. **You are helping the fellow.**

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by Hashem Help Me - 31 May 2023 11:29

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Wow Yitz, you woke everybody up! Unfortunately these things happen from time to time, and as everyone advised, cut off immediately from these other fellows. They are probably nice guys who need serious help - and may even be in the middle of being helped, but are simply not up to the nisayon of interacting with a peer. Don't obsess about what happened - just keep it in your memory banks for the next time someone like this reaches out to you. Keep shteiging!

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by true\_self - 31 May 2023 11:39

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[Hashem Help Me wrote on 31 May 2023 11:20:](#)

[cordnoy wrote on 31 May 2023 04:08:](#)

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I do understand that reporting to the moderator is helping oneself and protecting others, but how does it help for perpetrator being banned? isn't he now banned and pushed further away from potential help? (many people come back years after first signing up when they are not anymore so deep down in the mud)

P.S. Im asking out of good intention and I trust that you are doing the right thing, but I'm just  
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Re: Gay bochur, trouble with Mom, masturbating  
Posted by monseyid41 - 31 May 2023 14:14

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[true\\_self wrote on 31 May 2023 11:39:](#)

asking(after all we have freedom of speech

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It helps the perpetrator because he is someone that, although in general might be looking for help, his actions right now (pursuing a sexual relationship with someone else on GYE) is extremely harmful to him if he succeeds at what he's pursuing. Banning him for the time being will stop him from harming not only others but himself. When he gets to a place where he's ready to actually get help in a proper way, he will be able to do that without having to pick up all the pieces from a destructive relationship that he fostered.

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by Eerie - 31 May 2023 15:29

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[yitz23 wrote on 31 May 2023 02:58:](#)

Wow I don't know what's worse messing up or having the freakin whole gye come out to lecture me

We are here to stand by you. I'm sorry for the pain and ichy feeling your getting, it's only because we care that we write what we do. We each have our own challenges and tests, and nobody here thinks lowly of you for having yours. Stick around, keep sharing, and we are all very excited to be inspired as we watch you continue your upward journey!

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Re: Gay bochur, trouble with Mom, masturbating  
Posted by yitz23 - 02 Jun 2023 19:20

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I've (re)learnt my lesson about how being at home puts me in a bad place emotionally, so I am staying in Yeshiva for Shabbos while everyone else goes home.

I have places for meals, but Shabbos is sooooo long when there is nobody around to talk to.

I hope Hashem sees how hard this is for me, and how I am toughing it out for the sake of my



Ruchniyus, and I hope it gives Him nachas. I pray that He gives me the strength to get through this difficult period of my life.

*In the words of Akdamus (excerpted), with my interpretive translation:*

The nations ask:

??? ????? ??? ?????? ????? ??????

*Why is it that your Lover is so special to you,*

???? ?????? ????? ?????? ???????

*That you sacrifice, for His sake, all the world's pleasures, that you dedicate your life for Him,*

We respond:

????????? ?? ?????? ??? ?????? ??????

*Of what value is the secular "happiness" that you offer me relative to the glory,*

?????? ?????? ?? ?? ?????? ???????

*The greatness that He will grace me with at the coming of Salvation*

?????? ?? ?????? ?????? ?????? ?????

*When He shines His light upon me, and you are disgraced with emptiness?*

????? ??? ???? ???? ??????

*Triumph to the beloved nation, the nation of so many zechusim!*

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Re: Gay bochur, trouble with Mom, masturbating

Posted by Eerie - 02 Jun 2023 19:43

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What type of question, of course you are giving him unbelievable nachas! You are doing such great work and you are faced with so many challenges, you are a hero. And you are a real inspiration to a lot of people here. My friend, keep sharing...and trucking!

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