

i'm finally posting

Posted by Horizon - 30 Mar 2023 20:24

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***i wroth this up yesterday but for some reason it didn't post. sitting down to rewrite it now.***

hi everyone! my name is horizon i'm a 23 yo yeshiva bochur. i created my account about a year ago, but haven't been active until about a week ago. in the little time i'm here iv'e met some wonderful chevra, and was encouraged to write about myself. i hope it will takeh help me, specifically w meeting and connecting with the chevra. although my 'story' is as cookie cutter typical as they get, i'm still sharing. partially to unload, but mainly to make connections with . here we go...

i grew up in a typical frum yeshivish home. my father is a respected rebbi, and my mother teaches in the local school. although my parents are good people, i never connected w them or felt understood. emotions were also pretty much nonexistent in our home. my father is very reserved and cold, and my mother was always a hard woker, and expected the same from us. (recently my siblings and i started discussing how this affected us. bh i have a pretty nice relationship w my siblings)

from quite a young age (probably like 10) i had a sexual rush. but i'd rather not elaborate on that. when i was 13 years old i went off to an out of town yeshiva ketana. although it was a nice yeshiva, and the chevra were nice, i had a hard time fitting in cuz i was a year younger then the class. i kinda felt like i don't belong and also had to prove myself. i was also embarrassed to share my age with orhers. it was a tough matzav.

others. so if you came for chidushim, i'm sorry to let you down. during the first year in yeshiva i started to become a very 'erlnste bochur'. taking davening seriously, waking up early to learn, i would get upset when guys were sitting around and chilling or talking loшон hara... you get the pic. it was kind of a distraction from social life which i wasn't very good at.

the next year i went the other direction. i started sleeping in, chavering zich with the more chilled guys in yeshiva, and being in beis medrash less.

one day i came across a store not far from yeshiva that sold (drumroll please) adult magazines. i took one. (i don't want to say stole). i was utterly shocked by what i saw. i was a naive sheltered boy, who didn't dream there was such a thing as women exposing themselves. i didn't either know about sex. that magazine really changed me (one of my rebbeim at the time pointed out that he sees i changed). it was at that point that a started to m\* (i hate the word, so a \* will

have to suffice). over the next two years i only took another two or three magazines, and occasionally when i'd be home i'd watch porn.

when i was 17 i went to eretz yisroel for the summer. seeing the attitude they have in israel towards the internet had a big effect on me, and it caused me to make strong gedarim for myself. i was clean from porn and m\* for 3 years (!)

after that the YH creapt in in the most ingenious of ways. i decided to be a ka'nu'ee and check to make sure our family's computer was kosher. it was not. ... ....

about a year ago i came across gye, and was convinced it was the end of my struggles. i now had a place to keep myself in track by using the success tracker and i'll live happily ever after. i was clean for 8 days.

i recently gave up my access to porn, and now have a phone that is really restricted (no really). bh it was a HUGE gamechanger. iv'e wanted to do it for the longest time but it was very hard. and that first night without it was very, hard. but surprisingly in the days since i was very much ok and didn't feel like i'm missing much. (although i'll admit that it gets annoying sometimes heving restricted access).

i'm gonna try for the future to be more involved in this community, and hopefully i'll meet some nice chevra:)

wishing everyone continued hatzlacha in everything,

horizon

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Re: i'm finally posting

Posted by monseyid41 - 02 Jun 2023 15:32

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[Gevura Shebyesod wrote on 02 Jun 2023 15:04:](#)

One

Day

At

A

Time

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Re: i'm finally posting

Posted by Eerie - 02 Jun 2023 19:20

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[Gevura Shebyesod wrote on 02 Jun 2023 15:04:](#)

Thank you. I was never good at Balderdash.

One

Day

At

A

Time

My friend, GSBY, as I was looking at your post here I saw your streak, and I remembered your story. My friend, it gave me a real dose of inspiration!

p.s. I don't mean to hijack anyone's thread. Sorry

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Re: i'm finally posting

Posted by Horizon - 02 Jun 2023 19:24

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hey guys, i took the time to write up a whole philosophical post, and it didn't upload... annoying.

tachlis quick update: **today is day 5 bh** and going strong.

i met w HHM this week. he's a tayere yid. put some things in perspective. i'm very appreciative.

i'm going away for some time and i dont think i'll have access to internet so wont come around here. i hope to come back w big numbers!

gut shabbos chevra

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Re: i'm finally posting

Posted by Horizon - 09 Jun 2023 21:44

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shalom aleichem raboisai!

i was away for the week and woof! there's so much i have to catch up on. looks like some new chevra joined and i'm excited to read their stories and get to know them. that plus the 107 new replies i opened up to...

also, seems the site got a makeover, and w the new system i can't update the success tracker till i do some work on the f2f which i guess is a good thing, cuz i'll finally be pushed to get involved w that program (@grant).

I was last here a week ago on day 5, and i'm now comfortably in the double digits at day 12:)

i'm back home this week and things are gonna be less on autopilot as they were this past week so i'll have to be more focused. hopefully w the help of the f2f program. i can do this.

gut shabbos

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Re: i'm finally posting

Posted by Grant400 - 09 Jun 2023 22:10

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Don't run away again!

Take a flight to freedom into the horizon of sanity.

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Re: i'm finally posting

Posted by Horizon - 11 Jun 2023 23:49

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hi guys

**today is day 14 bh.** i'm wrapping up this two week streak in good spirits, and doing very well bh.

this week i'm in a more challenging situation then i was in last week, so i'm being careful to stay conscious and focused, and i'll also be posting more.

also, i finally (re)started the F2F program. part of what was stopping me from doing it till now, is the fact that i go for therapy, and i felt that that's a better solution for me cuz it's customly geared to me. i also felt that many of the ideas discussed in the program i was seeing on the forum and that can suffice.

l'maase, i'm happy i'm doing it. the program is very helpful and puts things in perspective. even if it's hearing something that i already knew, it's built in a professional concise manner, and helps build a solid foundation.

another reason i never got far w it, is cuz at the parts where you have to print out forms and fill them out i got lazy. this time though i want to give it more of a serious try, and i plan on getting some work done every night.

take care

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Re: i'm finally posting

Posted by chaimoigen - 12 Jun 2023 11:44

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There are a lot of important ideas and specific tool in the F2F that are great. Even if they are not new ideas, there is tremendous value to doing the work, breaking the ideas down into tools etc. This allows them to be internalized in the ???? ??????. There are always good excuses not to do work... Kol Hakovod for pushing through!

The beautiful glow of a radiant dawn is on the Horizon... ????? ??????!

Chazak Vamatz, my friend!

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Re: i'm finally posting

Posted by Horizon - 14 Jun 2023 22:54

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well well

**today is day 1...**

i had 14 days and now im back to the single digits. its not fun,

at the same time im focusing on the fact that recently im doing better and i've definitely grown a lot over the last couple months. when i first started w gye, i had an 8 day streak. since then it took me months to get to 8 days again. the last couple months though i've been doing longer streaks, and its coming along easier. so in the big picture im making progress bh.

in other news, i'm frustrated about shiduchim. i think im a good guy (if i may say so myself:smiley: ) and my friends are mostly married. things are going very slow for me however. i blame my mother for it, cuz she does things very slowly, sits on names for a long time, and by the time she's interested in something, they're already making a bris...

today i told her that im upset w her about it. (she also knows that i love her, and i make it a point to spend quality time w her, so its not like im just sitting there angrily all the time) her response was that iy"h very soon i'll get married to a very special girl. amain i guess.

i'm a little uncomfortable writing this, but its probably good to express my feelings.

thanks for listening guys

hatzlacha

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Re: i'm finally posting

Posted by richtig - 14 Jun 2023 23:40

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[Horizon wrote on 14 Jun 2023 22:54:](#)

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Kudos on the 14 days first of all.

I had a similar frustration with my mother... I specifically remember I went to eretz yisroel and my mother made a special request for me to go to a certain rabbi for a bracha for a shidduch, and I had such a visceral reaction- "I don't need a bracha, I need you to make phone calls!" I didn't say anything, but I couldn't bring myself to go either. I wonder if you had a similar reaction to your mom's bracha. I get the discomfort writing this, but yeah, it can help to express yourself.

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Re: i'm finally posting

Posted by EccentricComposer - 15 Jun 2023 00:50

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[Horizon wrote on 14 Jun 2023 22:54:](#)

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hatzlacha

I know what you mean, I just started shidduchim a month or so ago, but its so frustrating. Everything will be fine though!

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Re: i'm finally posting

Posted by iLoveHashem247 - 15 Jun 2023 03:05

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[EccentricComposer wrote on 15 Jun 2023 00:50:](#)

[Horizon wrote on 14 Jun 2023 22:54:](#)

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thanks for listening guys

hatzlacha

I know what you mean, I just started shidduchim a month or so ago, but its so frustrating. Everything will be fine though!

as someone who'se dated closer to 100 girls than 0 girls i can testify to the fact that i married the first girl that **I actually chose to go out with.**

I made a list of the character traits that were important to me, canceled out the contradictions, merged redundancies, then narrowed it down to the top ten in order of importance.

I then accepted that when i met someone with 3 or 4 of those traits who looked somewhat decent, i'd marry her.

I then took out the last resume entered into the 6 inch stack of "no's" and set up the date.

I married her.

she had 9 out of 10 traits, and that's only because #10 was really dumb and not a character trait.

She was kinda plain looking when i first met her but now i think she's smokin'

hope this helps

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Re: i'm finally posting

Posted by iLoveHashem247 - 15 Jun 2023 03:06

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also made sure to take an STD test before proposing

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Re: i'm finally posting

Posted by Foolie - 15 Jun 2023 03:11

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One other tip for you dating guys. When you go out on a date be sure you know the girl's name. I know that's a hard one since it's at least three weeks or longer from the time you see the resume until you go out with her

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Re: i'm finally posting

Posted by Horizon - 15 Jun 2023 03:21

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does sound like a smart way of doing things r' ILH247.

im someone whos dated closer to 0 then to 100, but my problem isn't that im picky or unrealistic, its that im not really the one in charge...

although honestly if i would be on top of mom and stand on her head (like i did today) i would probably be getting somewhere, thing is i dont have enough motivation for that. especially at a time that i just porned/masturbated and feel like marriage isnt realistic. which ends up being a tough cycle cuz im feeling down so i dont put in the work to help me find my match, which makes me feel down that im not finding her... tough cycle for me, but p&m feel quite comfy in that cycle.

STD test... bh i dont need that. seems hashem has some of us up for a ride in this world

p.s.

**Warning: Spoiler!**

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