

Eccentric Trip to Freedom

Posted by EccentricComposer - 12 Mar 2023 02:17

I'm a Bochur in a main stream Yeshivah who's been working on a hotzaas zera l'vatallah problem for 10 years. B"H I've improved tremendously over that time, and when I'm away from home I have almost no issues. The main time I have any problems is when I go home over Bein Hamzanim and Off-Shabbosos, and even then I've been working incredibly hard and have been able to be Kovesh my Yetzeir Horah a lot. I'm just looking for some Chizuk and maybe some tips for when I go home so that I don't fall in! My main problems are sometimes seeing something inappropriate on the computer, though its fully filtered, and sometimes there are some magazines near my room that have pictures of women (they're not inappropriately dressed), but I am to embarrassed to bring it up with my parents, most of the time I fall in because I was thinking about doing it, and give in to the urge. I feel that the main thing I need is some Chizuk and people to update when everything is going well! My last couple times home I did great at the beginning, but it gets harder as time goes on, and I want to make sure that I'm totally prepared for Pesach Bein HaZmanim!

Thank you so much for taking the time to read this, and for the chizuk!

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Re: Introducing Myself

Posted by EccentricComposer - 25 Apr 2023 01:27

I decided to try my hardest to read a chapter of The Battle of the Generation every day, I still need to find a mesudar time for it, however, but I'll make sure I'm keeping up by posting here regularly, hopefully that'll give me some accountability!

I figured that if my Yetzer Hara has been trying so hard to get me not to do this, it must be the correct way to combat it. I've been vacillating between reading it and not, and I figure that that's my Yetzer Hara, so I'm a couple chapters in already, but today counts as day 1 for making it a daily thing.

B'ezras HaShem I keep this up!

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Re: Introducing Myself

Posted by EccentricComposer - 26 Apr 2023 01:06

Haven't done it yet today, gotta make sure I do before I go to bed!

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Re: Introducing Myself

Posted by EccentricComposer - 26 Apr 2023 12:57

Made sure to do it first thing when I got back to my room, day 2!

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Re: Introducing Myself

Posted by monseyid41 - 26 Apr 2023 13:42

Way to go! Keep it up, we're following you. BTW, I like the new Avatar.

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Re: Introducing Myself

Posted by EccentricComposer - 26 Apr 2023 22:53

Made sure to get it in early today! Day 3, keeping it up, B"H!

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Re: Introducing Myself

Posted by EccentricComposer - 28 Apr 2023 00:51

Day 4, made sure to get it in when I had some time during lunch.

I wanted to add this, since after finishing the chapter it really resonated with me. One of the main points made in the chapter is that when people have this struggle they let it define them, they feel as if this is who they are. But its not true. Really you are an amazing, heilege, yid; it's just the Yetzer Hara that's trying to get you to think otherwise. So that got me thinking really hard, because I've always felt similar to this. Not as intense, but similar. Everyday I focus on davening about this specific thing, 3 times a day, and spend a lot of time just thinking about it. I don't think that's wrong, and I'll continue it, but I think I need to change my perspective.

Honestly, how much time do I spend on this every year compared to other things? Maybe, max, over the past couple years I've done it 30 times a year, which is terrible, but all added up, how much time is that? Generally its quick, so maybe 2-3 hours over a year? Now I'm a Yeshivah Bochur and try to learn over 10 1/2 hour a day! 3 hours a year can't define me! Now lets think of something else, how much battala do I do every day? Maybe an hour if its a good day? Do I define myself as a battlan? No, I feel like I'm a masmid! So what's the difference? It must be that the Yetzer Hara is getting me to think this way because it knows that I can beat it if I keep fighting, but if I think that it defines me, and its just what I do, its who I am, I'll give in that much faster! Also, I need to understand that the struggle itself is a mitzvah, and, b"h, over the years I've been able to fight it so much more!

I need to tell myself, this isn't me! I am a bochur who spends his time learning while at Yeshivah, and at home during Bein Hazmanim, and all the time I can in between, that's who I am! Ok, I struggle with my Yetzer Hara, but everyone does, I'm normal. I don't define myself because of my Yetzer Hara, because of my challenges. I need to use them to grow and become a better person, a better me. They aren't me. The challenges aren't me.

I am a normal bochur!

Thank you for reading this, and feel free to add if you have any ideas, it means so much to have an amazing oilam like this around, I get an amazing chizuk.

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Re: Introducing Myself

Posted by Eerie - 28 Apr 2023 04:58

Spot on! Beautiful!

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Re: Introducing Myself

Posted by frank.lee - 29 Apr 2023 21:04

Amazing point, really puts things into perspective!

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Re: Introducing Myself

Posted by EccentricComposer - 30 Apr 2023 01:54

Day 5 (From Friday, still need to make sure I do tonight), going well, no new haaros.

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Re: Introducing Myself

Posted by EccentricComposer - 30 Apr 2023 22:13

Day 7 (Did Today already). About to get to the ikkur part of the book.

Just a life haara:

I just got back from a friends vort. I wish they didn't mix so much, it was very hard. I can't say that I did a perfect job at mamash not seeing anything, but I definitely tried hard to look away from any clusters and stay to myself and the friend I went with. Again, I wish that it would have been completely separate!

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Re: Introducing Myself

Posted by Hashem Help Me - 01 May 2023 11:29

So iyh by your vort, protect your friends, and make it safer for them. It's a great zchus towards building a real home of hashra'as haShechina.

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Re: Introducing Myself
Posted by Horizon - 01 May 2023 19:22

[Hashem Help Me wrote on 01 May 2023 11:29:](#)

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i wonder how practical that is

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Re: Introducing Myself
Posted by EccentricComposer - 01 May 2023 21:26

[Horizon wrote on 01 May 2023 19:22:](#)

[Hashem Help Me wrote on 01 May 2023 11:29:](#)

So iyh by your vort, protect your friends, and make it safer for them. It's a great zchus towards building a real home of hashra'as haShechina.

i wonder how practical that is

Hopefully very, I want to make sure to be careful about this one. I think its very important!

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Re: Introducing Myself

Posted by EccentricComposer - 01 May 2023 21:27

Day 8 of reading this every day!

Warning: Spoiler!

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