

Eccentric Trip to Freedom

Posted by EccentricComposer - 12 Mar 2023 02:17

I'm a Bochur in a main stream Yeshivah who's been working on a hotzaas zera l'vatallah problem for 10 years. B"H I've improved tremendously over that time, and when I'm away from home I have almost no issues. The main time I have any problems is when I go home over Bein Hamzanim and Off-Shabbosos, and even then I've been working incredibly hard and have been able to be Kovesh my Yetzeir Horah a lot. I'm just looking for some Chizuk and maybe some tips for when I go home so that I don't fall in! My main problems are sometimes seeing something inappropriate on the computer, though its fully filtered, and sometimes there are some magazines near my room that have pictures of women (they're not inappropriately dressed), but I am to embarrassed to bring it up with my parents, most of the time I fall in because I was thinking about doing it, and give in to the urge. I feel that the main thing I need is some Chizuk and people to update when everything is going well! My last couple times home I did great at the beginning, but it gets harder as time goes on, and I want to make sure that I'm totally prepared for Pesach Bein HaZmanim!

Thank you so much for taking the time to read this, and for the chizuk!

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Re: Introducing Myself

Posted by EccentricComposer - 17 Apr 2023 21:36

B"h that has been my only slip for Bein HaZmanim, and we'll keep it that way, going back tomorrow! I had HHM be an accountability partner and I've mamash had incredible siyata d'shmaya! The Yetzer Hara tried hard to get me over the last days of yontiff, but B"H I made it through, the accountability helps for so much! Thank you everyone for the chizuk, and I hope to continue posting and have continuing success!

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Re: Introducing Myself

Posted by EccentricComposer - 17 Apr 2023 21:37

[BentchKvatcher wrote on 17 Apr 2023 09:14:](#)

why are you in a mainstream yeshiva?

I don't exactly know what this is supposed to mean, could someone explain it please?

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Re: Introducing Myself

Posted by Horizon - 17 Apr 2023 21:54

[Markz wrote on 17 Apr 2023 11:30:](#)

[BentchKvatcher wrote on 17 Apr 2023 09:14:](#)

why are you in a mainstream yeshiva?

He should move to the moon?

markz had me laughing there.

though maybe he meant you should join a metzuyanim yeshiva? dunno

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Re: Introducing Myself

Posted by Crabapple18 - 18 Apr 2023 04:56

[Markz wrote on 17 Apr 2023 11:30:](#)

[BentchKvatcher wrote on 17 Apr 2023 09:14:](#)

why are you in a mainstream yeshiva?

He should move to the moon?

It's for those [Scary] mainstream Va'dim (spelling) one only gets frightened by in mainstream Yeshiva's.

(Just thinking back has me thinking everyone was looking at me..)

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Re: Introducing Myself

Posted by monseyid41 - 18 Apr 2023 13:47

Hey EC, happy to hear you ended off the Bein Hazmanim on a positive note. I want to wish you Hatzlacha on the new zman. Stay strong and keep posting. We are all rooting for you.

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Re: Introducing Myself

Posted by EccentricComposer - 19 Apr 2023 20:48

B"h got back to Yeshivah and feel super amazing about my major accomplishment over Bein Hazmanim, I'm so amazed that I managed! Thank you everyone for all of your chizuk, it helped so much!

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Re: Introducing Myself

Posted by EccentricComposer - 19 Apr 2023 20:50

[Crabapple18 wrote on 18 Apr 2023 04:56:](#)

[Markz wrote on 17 Apr 2023 11:30:](#)

[BentchKvatcher wrote on 17 Apr 2023 09:14:](#)

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It's for those [Scary] mainstream Va'dim (spelling) one only gets frightened by in mainstream Yeshiva's.

(Just thinking back has me thinking everyone was looking at me..)

B"h never had issues like this, I absolutely love my Yeshivah!

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Re: Introducing Myself

Posted by EccentricComposer - 21 Apr 2023 01:12

Hello everyone again, an interesting question.

B"h, when I'm in Yeshivah I really don't have any problems, and I hope to keep it that way, my problems are only when I'm at home, or sometimes if I'm away from Yeshivah. It almost feels like I'm putting my struggle on pause until next time, not that I'm having success for everyday I don't do anything at Yeshivah. B"h, I feel more accomplished with a accountability partner, but basically feel the same.

So, how do I feel like I'm still progressing when I feel like I don't have an issue in this matzav? I want to work on my myself and continue making myself stronger! I also think that this will help for when I go home, so I feel more on fire.

Please let me know what you think!

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Re: Introducing Myself

Posted by Grant400 - 21 Apr 2023 12:12

[EccentricComposer wrote on 21 Apr 2023 01:12:](#)

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Please let me know what you think!

When away from your triggers - at home or away from yeshiva - aside from porn and masturbation, are you still fantasizing? Do your eyes still roam?

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Re: Introducing Myself

Posted by EccentricComposer - 21 Apr 2023 14:01

B"h, I really don't fantasize when I'm away, only very rarely and its much easier to pull myself away. Also, it's much easier to keep a check on where I'm looking. I still have trouble sometimes, but its much easier to control, B"h.

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Re: Introducing Myself

Posted by monseyid41 - 21 Apr 2023 14:18

[EccentricComposer wrote on 21 Apr 2023 01:12:](#)

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Excellent question. I think for a bochur, when you're in Yeshiva and (thankfully) not being tested in this way during that time, your focus has to be on your learning. The more you progress in learning, the more of a shmira it will be when you're home and do have the Nisayon. Just as an example, if you try to complete the Masechta that the Yeshiva is learning, you may have a perek to fill in Bain Hazmanim and that drive to get to the end and make a siyum will keep you focused and out of trouble. Generally, when people fall into the bad stuff, they're not feeling great about themselves overall. If you are able to build yourself up during the zman as a masmid, as someone who has goals in learning that they want to accomplish, this will carry over during Bain Hazmanim. Using your time during the zman to strengthen yourself in learning is not at all "putting your struggles on hold," rather it's actively fighting it with "????? ???? ?????".

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Re: Introducing Myself

Posted by EccentricComposer - 21 Apr 2023 14:27

Thank you so much, I've never really looked at my learning in that way, this is quite a chizuk!

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Re: Introducing Myself

Posted by m111 - 23 Apr 2023 11:56

I had the same experience.

For a few years was completely clean in Yeshiva, but struggled when I would come home for Shabbos or break.

My experience is different that the previous reply, but like you said the issue was just put on hold, for some reason the setting made the Yetzer Hora go away.

The issue was still there in its fullest.

Even when the Yetzer Hara is not active we still need to deal with him in order so he should not come back when he has an opportunity, like when going home.

I agree to you that we need to change and grow. Yes we need to work on ourselves, and when the Yetzer Hora is on pause it is an opportune time because we now have an edge over him.

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Re: Introducing Myself

Posted by m111 - 23 Apr 2023 11:57

[EccentricComposer wrote on 21 Apr 2023 01:12:](#)

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