

Ok, Chevra!

Posted by Trying The Best - 24 Feb 2023 17:46

I was waiting for the day to post my first post, but was pushing it off since I couldn't sit down for a few minutes straight. So I decided that I'll just share how my week went through and with time

I BH started my current clean streak (hoping and I am sure it will last forever!) last week Shabbos after about 2 weeks of watching porn, and I am currently going into the 2nd clean shabbos, HOIDI LASHEM!! What a great feeling!!

I must say, that without connecting to one of our main actors - which is holding me on tight - here on GYE, I don't think I'd be able to get here!

It may sound very weird to feel great about being clean for 13 days straight, but every day being clean is a winner for itself!

On Thursday I was OLAH to the Torah and one of the Psikim I had was "V'USI LI MIKDASH V'SHUCHANTI BESOCHAM" and I was thinking to my self "what a beautiful msg from Hasehem "V'USI LI= you'll do for me, MIKDASH= you'll keep yourself holy by being clean from P & M, V'SHUCHANTI BESOCHAM= the Shchina will come to you and stay there.... powerful, no?

Have a wonderful restful Shabbos!! and looking fwd to getting and receiving chizuk and posting more IYH! Enjoy!

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Re: Ok, Chevra!

Posted by chezky - 01 May 2023 01:03

wow, wow.

no words .

you are a big chizuck for everyone

daven for us all

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Re: Ok, Chevra!
Posted by Trying The Best - 24 May 2023 15:41

Something fresh....

I am writing this now while waiting for a red light to change to green in front of a public school and the big kids are crossing. Obviously they're not dressed Modestly but I'm writing this in order to watch my eyes. Thanks

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Re: Ok, Chevra!
Posted by Grant400 - 24 May 2023 16:51

[Trying The Best wrote on 24 May 2023 15:41:](#)

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Re: Ok, Chevra!

Posted by Trying The Best - 02 Jul 2023 04:45

Git Vuch everyone!

BH I am doing well, I am still clean from P&M and the looking on the streets are tuff but BH Hashem is watching me and doing good in that area as well.

After not having wet naps on Shabbos afternoons, today I woke up wet.

I am wondering why it's happening on Shabbos afternoons more than stam in the week?

if I woke up wet, what am I supposed to do? Do i need to go to Mikva? That's so embarrassing... everyone will know exactly why i am going. Also, which Mikva is open Shabbos afternoon?

should I take a cold shower? My kids will ask...

Any info? I never got a clear cut answer from anyone on this

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Re: Ok, Chevra!

Posted by yitz23 - 02 Jul 2023 05:46

Hi TTB

I just read through this thread for the first time, and I am blown away! You are such a legend!

I love your attitude and your writing style, you seem like a super fun guy.

Keep it coming! You just got a new subscriber!

Warning: Spoiler!

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Re: Ok, Chevra!
Posted by imfree - 10 Jul 2023 18:56

I was told if a bachur has a wet dream he should go to mik on erev shabbos. It could be halacha is different when you are married.

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Re: Ok, Chevra!
Posted by Trying The Best - 11 Jul 2023 15:03

Success story!

Hi,

So the YH sees that I am at day 150 and he can't take it so he sent me something for a present....

I was making an oil change for my car and I had to wait in the waiting area till they finish. I took along my tablet to keep myself busy with work or torah anytime, Vayimaen... but for these few seconds the YH made sure to send me a HUGE nisoyon.

the waiting area had big windows so I was able to look outside, and there was a goyta which was (un)dressed literally so inappropriately and it was extremely tempting and hard for me to look away, but I reminded myself of the Vayimaen video I recently watched that every challenge is an opportunity (it's worth watching <https://new.torahanytime.com/lectures/244968>) and I was - BH - able to close my eyes and looked away! I am so emotional and excited while writing this, because a year ago I would just continue to stare at her and enjoy it for a few minutes, but then I would masturbate and be so sad.

Thank you hashem for giving me the strength it this battle and overcome this and please help me further!

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Re: Ok, Chevra!
Posted by richtig - 11 Jul 2023 15:10

[Trying The Best wrote on 11 Jul 2023 15:03:](#)

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Gevaldig and amazing, thank you for sharing!

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Re: Ok, Chevra!
Posted by Heeling - 11 Jul 2023 15:27

Wonderful! Wow that requires a lot of strength.

Keep it up!

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Re: Ok, Chevra!
Posted by Eerie - 13 Jul 2023 00:24

[Trying The Best wrote on 11 Jul 2023 15:03:](#)

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My friend, you are a hero. And a huge inspiration!

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Re: Ok, Chevra!
Posted by Trying The Best - 19 Jul 2023 21:19

I am posting this here on my thread and also on the ["Shmiras Einayim - Daily Boost" thread](#)
Hello my dear GYE brothers!

So I was going last night to the local chain store to buy some fruits and vegetables etc. arriving at the parking lot. I saw through the windows of the store that one of the cashiers was (un)dressed very inappropriately and extremely sexy and attractive.

I thought to myself "let me not ruin it, i hope my guard is strong enough and I'll win the battle, when I finish collecting all my items I will not go to that cashier, I'll go to a different one (???? ??????....)"

I finished and I'm heading to checkout, but the YH is very experienced in his job so he made sure that all registers should be closed and 'only' this sexy-looking, attractive, (un)dressed women cashier should be open.

So I turned on my guard on 'high alert' and I started unpacking my cart on the counter with my back to her and my eyes towards the line (BH no-one was there so I didn't have another nisoyon), I paid and left the store being the WINNER!!

Thank you Hashem for giving me the strength in this battle!

Guys let me tell you, while writing this post I am breathing heavily since it wasn't easy AT ALL....!
but the harder it is the better you feel afterwards!

Thanks for listening!

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Re: Ok, Chevra!
Posted by frank.lee - 21 Jul 2023 13:36

You're amazing! Kovesh es yitzroi!!

What I sometimes succeed in doing in such cases is say thank you to Hashem, thanks that there are beautiful, attractive creations in the world, and that we are healthy and have healthy interest in looking and thinking about these things, and thanks for the opportunity and energy to overcome these challenges!

Make it into a positive, happy feeling of elation!

Have a great Shabbos!!

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Re: Ok, Chevra!
Posted by Trying The Best - 23 Jul 2023 05:07

Hi,

Thank you all for the support and chizuk!

Have a gut vuch!

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Re: Ok, Chevra!

Posted by trying the best - 13 Sep 2023 19:16

Hi everyone!

I hope you are welcoming the Holy YT days in the right way and with a geshmak!

As we approach the new year I want to thank Hashem for leading me to this amazing website, which led me to connect with the right holy and good friends/mentors and made it happen that I am BH still clean since I joined GYE this year.

On RH while making the "Shehechyonu" I will be thanking Hashem that I am lyh coming in with 216 clean days, which is about 60% of the year!!!!

Many might think that I shouldn't write this so it won't be an Eyin Hara, but I really think, that promoting and making a big deal out of success is only a help for myself and others, so I don't have on what to worry about BSD.

I want to wish all my close GYE friends and the entire GYE staff a Ksiva V'chasima Tova blessed with all you need and we should be zoicha to Moshiach Ztidkeinu Bimheira!

Enjoy,

Trying The Best,

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