GYE - Guard Your Eyes

Generated: 18 August, 2025, 00:22

Ok, Chevra!

Posted by Trying The Best - 24 Feb 2023 17:46

I was waiting for the day to post my first post, but was pushing it off since I couldn't sit down for a few minutes straight. So I decided that I'll just share how my week went through and with time

I BH started my current clean streak (hoping and I am sure it will last forever!) last week Shabbos after about 2 weeks of watching porn, and I am currently going into the 2nd clean shabbos, HOIDI LASHEM!! What a great feeling!!

I must say, that without connecting to one of our main actors - which is holding me on tight - l'il get to introduce myself "Formaly" here on GYE, I don't think I'd be able to get here!

It may sound very weird to feel great about being clean for 13 days straight, but every day being clean is a winner for itself!

On Thursday I was OLAH to the Torah and one of the Psikim I had was "V'USI LI MIKDASH V'SHUCHANTI BESOCHAM" and I was thinking to my self "what a beautiful msg from Hasehem "V'USI LI= you'll do for me, MIKDASH= you'll keep yourself holy by being clean from P & M, V'SHUCHANTI BESOCHAM= the Shchina will come to you and stay there.... powerful, no?

| Have a | a wonderful | restful S | habbos!! a | and looki | ng fwd to | getting | and rec | eiving c | hizuk a | nd pos | sting |
|--------|-------------|-----------|------------|-----------|-----------|---------|---------|----------|---------|--------|-------|
| more I | YH! Enjoy! | | | | | | | | | | |
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Re: Ok, Chevra!

Posted by Eerie - 15 Mar 2023 23:40

Such an inspiration, you are a real gibbor! A true soldier in Hashem's army!

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| Re: Ok, Chevra! Posted by taherlibeinu - 17 Mar 2023 11:17 |
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| Very inspiring Thank you for sharing this. |
| ======================================= |
| Re: Ok, Chevra! Posted by Trying The Best - 16 Apr 2023 05:58 |
| Hello everyone! |
| I hope you had a beautiful YT this Pesach! |
| I bumped in this Yiddish Written article on YT and felt like I must share it here. |
| Enjoy! |
| ====================================== |
| Re: Ok, Chevra! Posted by Trying The Best - 16 Apr 2023 05:59 |
| Hello everyone! |
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| Enjoy! ==================================== |

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entrance while my wife is inside the store shopping.

I didn't want to go in the store because I wanted to be careful with Shmiras Einayim!

I remember those days when I intentionally went in to those stores to "so called, by mistake to look on inappropriate pictures and women there".

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<u>2:</u>

In my business I provide to my employees tablets for work (without WhatsApp), and a real good filter which I have the code to it so the employees can't open anything. Recently one of my employees left his job and I took home his tablet till I'll found a new employee to replace him.

when i got home with the tablet, i told my wife, please change the password on the tablet, since I can't trust myself with it and I dont want to mistakenly open the filter and get to see... all the garbage.

I really feel amazing about it, and my wife also feels like that BH!!

I thank hashem for giving me the strength to do this and I hope become even stronger and stronger BSD!

Thanks for listening, and looking forward for your feedback and support/Chizuk!

I love you all!

Trying the best,

Re: Ok, Chevra! Posted by Eerie - 23 Apr 2023 22:53

So beautiful! You inspire me greatly, my friend! I got emotional reading, mamash gevaldig!

Re: Ok, Chevra! Posted by Emes-a-Yid - 23 Apr 2023 23:35

Trying The Best wrote on 23 Apr 2023 22:32:

Hello my dear lovely GYE friends!

2 SUCCESS STORIES TO SHARE:

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Thanks for listening, and looking forward for your feedback and support/Chizuk!

I love you all!

Trying the best,

Wow!! Gibor.. takes one to know one- I see what u meant

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Re: Ok, Chevra!

Posted by EccentricComposer - 24 Apr 2023 00:01 WOW!!! You are amazing!!! Thanks so much!!! Re: Ok, Chevra! Posted by Trying The Best - 25 Apr 2023 20:50 Hello all! Just venting out a bit after having triggers (I hope you don't mind...) So I was on the phone with my business insurance company today for some small issues, and that representative on the phone was very shmoozy... I sometimes like to ask them in what area they're located and the weather there and answer back. I usually do it just to soften them or show them that I am a respectful person or so. but this rep was a bit too shmoozy and talking too whispery.... and got me some lustful thoughts and was thinking of asking her some questions that might not lead in the right direction... I did get triggered and turned on BUT I said to myself "EN OWE" means NO! and I just told her "ok let's move on and get this done" and all of a sudden she became so formal (what a 2 facer....) and we finished up. I feel like Eirie had said once, that the YH sees how much you try to run away from him, and he has his crazy ways of getting to you which you wouldn't even think of, but I will tell him "Mr. Ugly, get out of here and get lost, don't ruin my clean streak I am working so hard on! don't destroy my delicious clean feeling"

Thanks for listening and looking forward to get chizuk from you

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| Faiou |
| Enjoy |
| Trying the best, |
| ======================================= |
| Re: Ok, Chevra! Posted by abeklien11211 - 25 Apr 2023 21:16 |
| WOW you so amazing i wish i have to strength to do the same |
| ======================================= |
| Re: Ok, Chevra! Posted by Trying The Best - 25 Apr 2023 21:37 |
| Thanks for the chizuk Abe! |
| It was great talking to you today! |
| ======================================= |
| Re: Ok, Chevra! Posted by Eerie - 25 Apr 2023 23:02 |
| What a fighter you are! Thank you for sharing! |
| ==== |
| Re: Ok, Chevra! |

Posted by Trying The Best - 27 Apr 2023 19:18

Hello my dear GYE Bros!

I would love to share with you another 2 success stories I had today, it simply gives me more strength to keep fighting!

<u>1:</u>

So I went into the local heimisha bakery/salad bar in the area to get breakfast and as I walk in I realized (I didn't **look**/*histaklus*, just from the side of my eyes) there are a group of perfume-smelling ladies, pretty looking hairstyles etc, in other words very attractive,(I do not want to get you triggered) and I am giving in my order and then waiting for it to get ready.

I heard the YH and the Yetzer Tov in my ears so clearly "Look again yes, no, yes, no, yes, no,....." "you didn't see that lady" "You're so strong, what are your GYE friends going to say if you fail?" "but it's only for a second, nothing will happen look again" and so on...

I reminded myself of the latest shtik I use whenever I have a Nisoyen and I BSD don't fail, I take the moment to daven to Hashem for what I need, so I did the same here and I davend. I asked Hashem from the deepest of my heart "Totty in Himel! I try so hard to watch on my eyes, now I beg you please help me with my financial hardships I am going through now in my business, clean up my debt, you and only you can help me, I do not have the funds to make payroll today, Totty help me, please!"

Bh I didn't fail!!

<u>2:</u>

I was at the mechanic for an oil change on my car, and there was a big TV screen in the waiting room, so I wanted to grab another opportunity to daven to Hashem, so I BH went to a corner of the room which I wasn't able to see the screen and I repeated my Tfila to Hashem.

My dear GYE brothers, please daven for me that my financial hardships and debts should get cleaned up ASAP as I try to keep my eyes clean and daven for me *Trying the best ben GYE* should have Hatzlacha!

Thanks for listening!

Enjoy

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