

PORN

Posted by bmgporn - 20 Jan 2023 14:37

I am in BMG and I watch porn all day!!!! Its crazy!!!! I want prostitutes to be there!!! I am sick!

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Re: PORN

Posted by bmgporn - 22 Mar 2023 20:03

I joined the SA group!!!!!!

I an sober for the longest time in my life!!!!!!!!!!

I feel good not to be living a double life.

Yesterday I didnt put on tefilin and had the honesty to tell my wife.

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Re: PORN

Posted by looking for help - 22 Mar 2023 20:42

Why didn't you put on tefilin, and why did you suddenly had to tell your wife?!

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Re: PORN

Posted by Sapy - 22 Mar 2023 20:49

Good for you! Great work! Just beware about telling the wife, ask your sponsor before, it is a tricky "honesty".

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Re: PORN

Posted by Shmuel - 22 Mar 2023 20:58

[Sapy wrote on 22 Mar 2023 20:49:](#)

Good for you! Great work! Just beware about telling the wife, ask your sponsor before, it is a tricky "honesty".

Keep in the "Accaution for the newcomer" on page 3 of the white book

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Re: PORN

Posted by willdoit - 22 Mar 2023 21:09

[bmgporn wrote on 22 Mar 2023 20:03:](#)

I joined the SA group!!!!!!

I an sober for the longest time in my life!!!!!!!!!!

I feel good not to be living a double life.

Yesterday I didnt put on tefilin and had the honesty to tell my wife.

Amazing!! Happy to hear that you found what works for you.

Would you share what you had tried before joining SA that didn't help you?

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Re: PORN

Posted by Markz - 22 Mar 2023 21:15

[looking for help wrote on 22 Mar 2023 20:42:](#)

Why didn't you put on tefilin, and why did you suddenly had to tell your wife?!

Oboy!

Please don't interrogate your brother (at least that's what it sounded like to me)

Give him a high 5 for taking AMAZING BOLD steps, and what you don't understand it's fine...

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Re: PORN

Posted by Eerie - 22 Mar 2023 23:02

[bmgporn wrote on 22 Mar 2023 20:03:](#)

I joined the SA group!!!!!!

I an sober for the longest time in my life!!!!!!!!!!

I feel good not to be living a double life.

Yesterday I didnt put on tefilin and had the honesty to tell my wife.

Amazing, my friend! It takes courage, and you have my utmost respect. Keep it up and please let us know how you are doing

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Re: PORN

Posted by Crabapple18 - 22 Mar 2023 23:22

[bmgporn wrote on 22 Mar 2023 20:03:](#)

I joined the SA group!!!!!!

I an sober for the longest time in my life!!!!!!!!!!

I feel good not to be living a double life.

Yesterday I didnt put on tefilin and had the honesty to tell my wife.

I'm in SA for a long time.

Did your wife ask you, or did you just tell her ? What I mean is have you agreed on you telling her about tefilin? My opinion and personal experience with Tefilin isn't relevant.

I was taught there's a distinction between honesty and dumping information on someone so that I can 'feel' better.

As for disclosure I just realized that someone already mentioned that here.

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Re: PORN

Posted by yaazor - 23 Mar 2023 00:43

[bmgporn wrote on 22 Mar 2023 20:03:](#)

I joined the SA group!!!!!!

I an sober for the longest time in my life!!!!!!!!!!

I feel good not to be living a double life.

Yesterday I didnt put on tefilin and had the honesty to tell my wife.

I'm also a yungarman. You are amazing! Keep up the good work!!!

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Re: PORN

Posted by Frank613 - 27 Mar 2023 12:56

That video is amazing thanks a ton, it explains so much.

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Re: PORN

Posted by m111 - 27 Mar 2023 14:11

I would like to suggest something a bit out of the box.

Our name defines who we are.

Our name expresses our I

How do we view ourselves.

You are not a hypocrite. (as your nickname suggests)

Not even deep down.

Don't change your name.

Maybe we can change the psyche power in our brain that chooses the name.

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Our definition, our name, who we are, is one who is ruling over ???? the sar of esaiv

Everything else is just happenstance.

Feel good, feel powerful. (We work on the practical actions after that)

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