

to the heilige tzadikim of GYE my story revealed

Posted by hakol tov - 12 Dec 2022 16:49

hi it's hakol tov i want to share my full story i knew that i already shared my story but it was short and it's said all feelings i have piled up in my heart and maybe can someone take chissuk from it ok so i'm a 24 year old born to lovely parents parents that never screamed on me they never shamed me and also not punish me too much i was an average child like any other child learning davan doing everything right (ah... i miss those days tinokes shal beis rabon shloi toami taam chate) so if every thing is fine so why you are here on gye you ask so it's a lot of people that blame their parents in all of their sins but the truth is that it's not depends on your parents who you are you have the yetzer horo not your parents and you have the bchira i not judge nobody but it's not right to blame your parents in a thing that you on top of it so i go away from the subject so my sexual life starts at 13 years old like a lot of us i was sleeping in my bed i feel that something?!? is happen in my body i feel ticklish so i start touching and exploring till one night that something comes out of me while exploring i not need to tell you that from that day on i was do every day and sometimes twice a day i enjoy it so much not because i feel isolated not because nothing it's feels good because that heshem make you should want to go to woman to fill the world with more people if we would no have this tavva no one will get married and one will have kids ok so anyway this routine was for the next two years every night in shower once a day or twice a day when i was 15 year old i had a good friend in my yeshiva that one say in alil he come to me in mikvah and whispered a sod in my ear that he wants to tell me something urgent so we walk to yeshiva and he said to me that would like to see the... so not answered him yes or no because i think to me if he wants to go to the woods or to some basement to do it i would not go with him so that day was my miserable day in my life i was shocked to the deepest in my soul even though i do it by myself but someone else to do it with me was a terrifying thing to me the whole day i was in a storm do it or not from one side i had the tavva to do it and from the other side i was knew it's a very big avair so it's get the evening we wait on the bus and he was every day sitting in my seat so he start touching me so i turn away from him because i not want to do it so he try to touch me again and again but i don't stop to turn away from him ok so i want off the bus and i go in to bathroom and it's starts to ejaculate from itself i was terrified i ran out of my house and ran and ran without a target where to go and then come back home a different guy i was changed i not realize it then but it was a major change in me from the day on i had a fobia to go on a bus so i walked home every evening and get tavvos to the jewish woman on the streets not looking on them at all but the tavva burned in me and also from that day i get a strong and deep tavvo to touch a boy of my yeshiva i never touched someone but the same thing the tavvo was burned in me like a huge fire and not let me sleep eat or do any thing without that tavvo when i was 15 i was start thinking what is this ejaculation means so it's a gamoro in masachta sukkah that it's a arow that's not makabel timah it's here a chitzim zchorim and it's a chitzim nakeivos so get the picture that it the thing what couples do to have kids but it's not make me think about woman because my tavvo was only for boys by my 16 years i start have a thought that because i do so much the mz"l i go never have kids because it's write down in parshas tazria that one of the failure of a cohen to serve the avoda is mroach oseh so rashi explains that is mean that the sperm not go with a power so by me the sperm did not go with power so i stop completely for the next two years to do mz"l sometimes i will feel i would bust but i not do it by the 18 years when people in my yeshiva start to get chatanim i start develop a strong tavvo to woman but i not do even then only once in 3 months so after that i get a chatan to a amazing kallah but the thoughts that i will never have kids get stronger and

more worse so i start fighting with the machsovas from woman day after day so after a while i stop thinking literally i STOP thinking i get depressed and alone isolating myself more and more i stopped talking to people it was really hard but i not do it even once at being chatan. till i go to my chatan madrich so the first time he saw me he said something bother you so i tell him everything he said you need to go for help so i get married with a wonderful woman but she saw also that im depressed so i start medication a month after the chatuna i start also speaking to a therapist after my chatunah i start thinking that i not have a nice woman and i imagine what if i will have a more beautiful woman so i start masturbating randomly every day or second day i was by my therapist but i not make progress i get more bad after two years by the therapist i come very close to missing boys in mikvah i come very close but i not touch any one in my whole life so my therapist send me to SA so i start SA meetings twice a week but it`not helped so after three months of not being sober i stop SA after that i stop also to go to therapy i change psychiatrist he give me a strong pill that calm away the strong tavvo that i have this help me a lot also i stop go to mikvah because i want to hold myself not to fail so the tavvo shifted from boys and bichrim to pornography so i was working by the computer and i was have the strongest filter but i was open with my filter to see images so i figure out of a website on the video it was shaded but if you hover on it you can see anything and every thing so i start looking at it every night for a full year after a year i think to me you are a big shaigatz when someone will know about that they will throw me out of shul so i stop doing it every night just do it when the `yatzter hora hot goiver given` like twice a month after two years i changed job in my new job i had a lot on unfiltered devices but i not have such a nasoin because i already looked on any thing so i`m bored of all that stuff but i`m still looking on porn once a month so i want to stop even that and also i want to stop masturbate so that why i`m here i want to be ehrlich i want to be heilig i not want to do what i did i`m feeling miserable after doing it my whole self confidence is in danger when i`m doing it so i hope here i will can cure myself complete with your help heilige tzadikim of GYE love you all thanks for listening

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Re: to the heilige tzadikim of GYE my story revealed
Posted by Eerie - 12 Dec 2022 16:59

Oh wow. My heart is with you my friend. I'm so sorry for all your pain, you suffered terribly. I'm so inspired that after all you've been through you are still here, posting on GYE, fighting the YH, you are an inspiration! Keep on fighting and keep on posting! let us know where you are up to, we all want to hear from you. Hatzlacha!

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Re: to the heilige tzadikim of GYE my story revealed
Posted by DavidT - 12 Dec 2022 19:32

From your writing (from a graphology standpoint) it looks like you have no space to breathe or think...

So please take a deep breath..... smile.... know that you are not alone and WE are here for you.

With Hashem's help you'll be able to heal from your old issues and learn new perspectives in this challenge.

The main thing is not to give up and stay connected to the great people here on GYE.

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Re: to the heilige tzadikim of GYE my story revealed
Posted by Dov - 14 Dec 2022 13:21

Gevalt, so much pain for so long. Please understand that SA meetings aren't designed to stop a person from doing anything. The meetings are only designed to help a person who is completely open with their recovering friends and with their sponsor and actually working the SA program with their sponsor. I'm clean be"H for a while in SA and I've been speaking with many GYE guys over the past 15 years here, to help them decide if SA meetings are for them, or not - SA is *not* for everybody here, that's for sure. And when it is for somebody, it still won't work if they're not using it the right way. This shouldn't be considered a weakness of SA, because you see that for the past bunch of years you have been trying to use Torah and Teshuvah - Hashem's best tools - and they have not worked for you yet, either. So I think it's time to talk a little bit because maybe it will help be'H. You can reach me at 917-414-8205 if you want.

Always your chaver no matter what,

Dov

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Re: to the heilige tzadikim of GYE my story revealed
Posted by doingtshuva - 14 Dec 2022 23:36

Dov - would like to wish a happy Chanukah.

Haven't seen you for a while.

Was missing you.

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Re: to the heilige tzadikim of GYE my story revealed

Posted by Dov - 15 Dec 2022 14:45

Thanks, that was very nice. I spend between 2 and 4 hours a day on the phone with GYE guys, every day, bH. I've been opting for that rather than spending the hours on the forum.

Kindly remind me: who are you?

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Re: to the heilige tzadikim of GYE my story revealed

Posted by connected - 15 Dec 2022 14:52

[Dov wrote on 15 Dec 2022 14:45:](#)

who are you?

Ohhh... That's a heavy question.

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Re: to the heilige tzadikim of GYE my story revealed

Posted by Dov - 16 Dec 2022 13:30

[connected wrote on 15 Dec 2022 14:52:](#)

[Dov wrote on 15 Dec 2022 14:45:](#)

who are you?

Ohhh... That's a heavy question.

GYE is of course the most *unsafe* environment in which to identify ourselves. I would never expect or want anyone here too do that. I was just inviting you to PM me to remind me who you are. We don't need to hide from each other in PM, of course. I am a known entity, attend meetings regularly and like hundreds of others in every frum community regularly attend meetings, understand and adhere to the practice of public anonymity very well, bH. I'm sure your presence here is very helpful to many people, by the way.

Good Shabbos!

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