

Question

Posted by Geshmak! - 27 Oct 2022 18:05

Don't know we're to post this so I'm putting it here

does anybody know a way to block hotlines on a phone?

like I bh don't have access to any dirt my computer has netfree filter and my phone is parental control with genteck so bh safe...

but still have one major issue it's the chat lines there's no way to block it and I was all the way in... and it was destroying my life. But when I almost did the worst with someone I said I better stop before it's to late... so I went on to gye and bh didn't speak to anybody on the lines from 100 days before rosh hashonah(see different post I wrote abt it) but I still had problems with stopping to be mzl but bh I recently got to my 90th day BH! But I'm starting to get urges to start calling again I miss it I love it etc. for me the best thing is to just be locked out of it not having access is what works best for me. I tried many times different things to block that I can't call these numbers and it just didn't work...

maybe someone on this beautiful site knows a way to block it. Please let me know it will really help me .

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Re: Question

Posted by imfree - 27 Oct 2022 19:48

I don't know of any way to block it. I made a kabbalah last elul that I wouldn't do it without first telling someone I trust about what I am about to do. I have not done it since

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Re: Question

Posted by chizuk613613 - 27 Oct 2022 20:19

You have someone to report to for accountability?

You're never hundred percent safe in the world we live...

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Re: Question

Posted by Markz - 27 Oct 2022 21:12

[imfree wrote on 27 Oct 2022 19:48:](#)

I don't know of any way to block it. I made a **kabbalah** last elul that I wouldn't do it without first telling someone I trust about what I am about to do. I have not done it since

Kamulla (the President) will tell you that Kabbula is a disaster zone. It's not for anyone under the age of 40.

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Re: Question

Posted by lionking - 27 Oct 2022 21:36

There are ways to block numbers, either directly on certain phones or through most service providers. Problem is getting a full list of all numbers needed to block.

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Re: Question

Posted by Kavey - 28 Oct 2022 00:40

This sounds like a very difficult problem. You might want to look here:

guardyoureyes.com/allarticles/category/handbook

Try something else - please

They list different tools getting stronger as you go. Baruch Hashem you've hit a tremendous

milestone but now you have to decide which tools are going to make it last.

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Re: Question

Posted by Geshmak! - 28 Oct 2022 00:55

[imfree wrote on 27 Oct 2022 19:48:](#)

I don't know of any way to block it. I made a kabbalah last elul that I wouldn't do it without first telling someone I trust about what I am about to do. I have not done it since

Wow that's amazing! I also made a kablal that if I call I will have to go to sex doctor which I really don't want to do and also I'll have to learn 4 hours the next day which ain't easy... and to say elki neshamah and the yihe rutzon of before putting on tefillin inside a seder.... It really helped me and that why I pulled through till now but I don't want to make another kabalal it's too hard for me my kablal is being up November 8 and I feel that if I don't have these hotline blocked I'm gonna full and probably full hard and low cause I miss it like crazy!!!!

so I'm so desperate to figure out way to block it(like I can't get rid of my phone)

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Re: Question

Posted by Geshmak! - 28 Oct 2022 01:01

[chizuk613613 wrote on 27 Oct 2022 20:19:](#)

You have someone to report to for accountability?

You're never hundred percent safe in the world we live...

Maskim!! I thought to myself after getting the best filters now I'm safe good to go... but then I found out abt these crazy chat lines and I saw that you can't get away from the y.h. You gotta just fight him off...

I wish I had someone for accountability... how do I get a mentor or someone that I can call if I feel I'm falling?

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Re: Question

Posted by Geshmak! - 28 Oct 2022 01:04

[lionking wrote on 27 Oct 2022 21:36:](#)

There are ways to block numbers, either directly on certain phones or through most service providers. Problem is getting a full list of all numbers needed to block.

Thx! I know I tried all this... but there are hundreds of numbers... and you can't block on a house phone only some cellphones.

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Re: Question

Posted by Markz - 28 Oct 2022 01:21

Giving up on nedarim before it even started??

Keep the plug on moving forward with taphsic (if it works for you) or choose another gye tool. Phone calls are one of the more powerful ones :-)

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Re: Question

Posted by Geshmak! - 28 Oct 2022 01:27

[Markz wrote on 28 Oct 2022 01:21:](#)

Giving up on nedarim before it even started??

Keep the plug on moving forward with taphsic (if it works for you) or choose another gye tool.
Phone calls are one of the more powerful ones :-)

How do I get someone good to call that can give me chizuk before I fall?

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Re: Question

Posted by Markz - 28 Oct 2022 02:45

[Geshmak! wrote on 28 Oct 2022 01:27:](#)

[Markz wrote on 28 Oct 2022 01:21:](#)

Giving up on nedarim before it even started??

Keep the plug on moving forward with taphsic (if it works for you) or choose another gye tool.
Phone calls are one of the more powerful ones :-)

How do I get someone good to call that can give me chizuk before I fall?

If you believe you're going to fall, that's absolute kefir!

So step one is to believe you're done with that garbage, and instantly you become a maamin.
From this position of strength is the place to look for a friend on gye, and there are many. I
suggest you connect with anyone over 90 day threshold (I'm stuck at 87 cos I can't figure how
to update mine...)

I've spoken to and met gye guys - it's great!

They say HHM is top of the list - but he may be maxxed out with too many guys on his waiting list. Not sure.

KOT. Karl

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Re: Question

Posted by Geshmak! - 28 Oct 2022 03:25

Thx so much!! How do I find someone? How does it work?

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Re: Question

Posted by Geshmak! - 28 Oct 2022 03:28

I see I have a bunch of pm but I can't access them so if you sent me one don't think I'm ignoring u it's just I've been banned from sending pms on gye...

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Re: Question

Posted by Vehkam - 28 Oct 2022 03:30

I don't know a way to do that. Are you in touch with a partner or mentor to help you with this?

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