

My Story, Being Honest For OncePosted by ilovehashem247 - 22 Sep 2022 01:20

Hello, Friends.

My name is iLoveHashem247. I am a married man with a supportive wife and three wonderful kids. Looking at my life from an outsider's perspective, you'd think I have it all. I own a renovated home on my own private road with lots of land, run my own business with which i support myself, am fortunate to be able to learn many more hours a week than i work, and am a popular and recognized member of my community - and I'm not yet 30 years old. But all this comes with a price tag - a lifelong struggle with addiction, mostly with marijuana and risky sexual encounters.

I had girlfriends in high school before becoming BT, and had shmirat habrit challenges, like most teens. I struggled with SB and engaging in sexual activities at massage parlors but was able to be clean for at least 6 months before marriage. during my wife's pregnancy with our second child, i unfortunately reverted back to my pre-BT habbit of recreational marijuana during the stress of a second pregnancy (the first one outside of the shana rishona "infatuation zone"), which in turn let down a rabbit hole of other issues... i had recently been visiting massage parlors, not for the sexual experience (i do not engage in any "happy endings" anymore, rather when i do succumb it is for the exhibitionism that i can indulge in without making a massive chillul Hashem). I am also very disappointed to admit that i had a sexual encounter with a shiksa who picked up a business card i had left at a restaurant i ate in, she sent me lewd photos and we met up one time (sept 12, '22) where she performed oral sex on me.

I am struggling to break out of these addictive patterns - i have recently filtered my home office desktop, my work laptop, and my smartphone i use to run my business (main issue was watching movies and free "live cams"). The crazy thing is tha tl am a person who has made such amazing changes in my life - in many ways, I am the kind of person i look up to and always wanted to become - but it is the sticky residue of my past life that I'm having such a hard time getting rid of.

I am sick of who I've secretly become and the double life i am living.

I want to be fair to myself, honest and equitable with my wife, and and terrified of the shame i will face when standing before my Creator on my day of judgement.

Well, that was deeply revealing and I have revealed to you, fellow strangers, that which i have not even revealed to my wife. To be fair though, i have been fully open with her regarding the guarding of eyes and marijuana addictions, but have never ever discussed the massage parlor or infidelity.

HELP!

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 01 May 2025 02:54

two more things to share

1. my wife asked me to sew a snap back on a dress she wanted to wear tomorrow. I was super tired but agreed to help. i sewed the snap pn backwards and she teased me to fix it and i told her i will tomorrow. I went down to the guest room to settle down for the night, then realized it was an opportunity to take an action of love, so i went back up and spent the 15 min undoing and redoing what i had originally set out to do. she was blown away by that - she came in just as i was putting the sewing kit away. she really appreciated it and we hugged it out.
2. I called my brother to say hi, and as usual he snapped "I'm busy make it quick." with my wife's encouragement i sent him a text essentially telling him that I reached out to connect and yet again he snubbed me. I'll be taking a step back from him right now because I don't like it when he makes me feel like i am not worth a second of his time. I feel bad every time i call him, and i don't want to feel bad.

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Re: My Story, Being Honest For Once

Posted by chancyhk - 01 May 2025 16:50

[ilovehashem247 wrote on 01 May 2025 02:54:](#)

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Good for you.....

I have 2 brothers, 0 with both of them.

If only we can choose brothers.....

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 05 May 2025 17:56

I was looking over my first post, and it is interesting to see it from the future

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Warning: Spoiler!

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HELP!

Warning: Spoiler!

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Re: My Story, Being Honest For Once
Posted by alex94 - 05 May 2025 20:50

GROWTH!!!!!!!

You are an inspiration!

Keep on shteiging!

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Re: My Story, Being Honest For Once
Posted by ilovehashem247 - 12 May 2025 03:10

just got back from JSS. What an inspiration!

Had a great time with my wife, lots of bonding and healing.

just registered for the international SA convention in Dallas later this summer.

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 15 May 2025 01:20

customer came to my shop today with her teen daughters. the odler one (about 17) looks like my good looking niece from a different town (chofetz chaim yeshivish type) and i felt like she was devouring me with her eyes the whole time. i called a friend to talk about it and he said not to trust where my brain goes. but I know that look....

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 15 May 2025 02:40

spoke to another fellow and he laughed and told me that she was probably thinking "why does he have food on his face from supper he is an adult..."

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Re: My Story, Being Honest For Once

Posted by iwillkeepmybrith - 19 Jun 2025 09:43

I think you need to know why she is like that. Try to speak with her not because you want that she change, because it's not the purpose but to try to understand her. What is her reason, without judgement, maybe that can help.

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 25 Jun 2025 16:52

hey fellas it's been a while

passed two years sobriety in AA this month, and 10 months in SA sobriety

got honest with my finances (i started a luxury goods business a few years ago) and realized that i need to find a job in the current economy

i reached out to some friends including recruiters and others, and two weeks later I've officially gotten the docs for a corporation I'm opening with my close friend to expand his existing business.

I also have had many breakthroughs in therapy including the realization that no hero will save me - and that my childhood experiences taught me to turn to "hero" figures like cult leader and mother's helper who molested me. i can tie it in to experiences like my mother yelling at my father angrily when i was 6 or 7 and shouting "that's it, I'm done, I'm leaving" and actually leaving for a few days at a time. The trauma of my mother's abandonment shaped me.

I have also come to realize that I am ready to commit to my Higher Power (Hashem - not the punishing god of the holocaust, rather the loving and caring one) - He love me because I am. I exist, and I am enough. there is nothing I can do for Him and He doesn't need me. I need him, and He does everything for me. Since He doesn't need me, there is nothing I can do or not do to cause Him to abandon me or leave me. He's always been there even when I was in my darkest places.

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Re: My Story, Being Honest For Once
Posted by alex94 - 25 Jun 2025 19:04

[ilovehashem247 wrote on 25 Jun 2025 16:52:](#)

hey fellas it's been a while

Yes it has been. You have been missed! Its great to hear from you! So happy your doing good.

I relate to the hero complex - still working on it...

KOT!

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 26 Jun 2025 19:22

my wife (usually very kind and empathetic) was overwhelmed and raging at my 5 year old
(super strong kid who never fights back)

she picked him up by the back of his shirt and threw him across the room

i took her to our room and confronted her about it. it was scary and she got super mad at me but
i think i did the right thing. i told her i will not be like our fathers who stood back and never stood
up for us.

I am so uncomfortable now she is giving me the cold shoulder and massive passive
aggressiveness. she slept downstairs last night. I feel that i did the right thing. I am not used to
being uncomfortable bc i did the right thing, and confronted someone who was doing the wrong
thing.

it is new and strange.

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Re: My Story, Being Honest For Once

Posted by markz - 26 Jun 2025 21:37

[ilovehashem247 wrote on 26 Jun 2025 19:22:](#)

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(super strong kid who never fights back)

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it is new and strange.

BOUNDARIES BRO, WELL DONE!

Physical abuse cannot be tolerated.

You did the right thing

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Re: My Story, Being Honest For Once

Posted by ??? ????? ????? ??? - 26 Jun 2025 21:55

[ilovehashem247 wrote on 26 Jun 2025 19:22:](#)

[...] I am so uncomfortable now [...] I am not used to being uncomfortable bc i did the right thing, and confronted someone who was doing the wrong thing. [...] it is new and strange.

You absolutely did the right thing. A great life skill is to be able to step into the uncomfortable. You did that and you should be proud of yourself. It gets easier.

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Re: My Story, Being Honest For Once

Posted by ilovehashem247 - 26 Jun 2025 23:36

i am second guessing myself like crazy

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