

My Story, Being Honest For OncePosted by ilovehashem247 - 22 Sep 2022 01:20

Hello, Friends.

My name is iLoveHashem247. I am a married man with a supportive wife and three wonderful kids. Looking at my life from an outsider's perspective, you'd think I have it all. I own a renovated home on my own private road with lots of land, run my own business with which i support myself, am fortunate to be able to learn many more hours a week than i work, and am a popular and recognized member of my community - and I'm not yet 30 years old. But all this comes with a price tag - a lifelong struggle with addiction, mostly with marijuana and risky sexual encounters.

I had girlfriends in high school before becoming BT, and had shmirat habrit challenges, like most teens. I struggled with SB and engaging in sexual activities at massage parlors but was able to be clean for at least 6 months before marriage. during my wife's pregnancy with our second child, i unfortunately reverted back to my pre-BT habbit of recreational marijuana during the stress of a second pregnancy (the first one outside of the shana rishona "infatuation zone"), which in turn let down a rabbit hole of other issues... i had recently been visiting massage parlors, not for the sexual experience (i do not engage in any "happy endings" anymore, rather when i do succumb it is for the exhibitionism that i can indulge in without making a massive chillul Hashem). I am also very disappointed to admit that i had a sexual encounter with a shiksa who picked up a business card i had left at a restaurant i ate in, she sent me lewd photos and we met up one time (sept 12, '22) where she performed oral sex on me.

I am struggling to break out of these addictive patterns - i have recently filtered my home office desktop, my work laptop, and my smartphone i use to run my business (main issue was watching movies and free "live cams"). The crazy thing is tha tl am a person who has made such amazing changes in my life - in many ways, I am the kind of person i look up to and always wanted to become - but it is the sticky residue of my past life that I'm having such a hard time getting rid of.

I am sick of who I've secretly become and the double life i am living.

I want to be fair to myself, honest and equitable with my wife, and and terrified of the shame i will face when standing before my Creator on my day of judgement.

Well, that was deeply revealing and I have revealed to you, fellow strangers, that which i have not even revealed to my wife. To be fair though, i have been fully open with her regarding the guarding of eyes and marijuana addictions, but have never ever discussed the massage parlor or infidelity.

HELP!

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Re: My Story, Being Honest For Once

Posted by iLoveHashem247 - 01 Feb 2023 04:33

A lot of the growth is in the subtleties... wife dragged me on a dinner date tonight (thank Gd - it was very necessary and past due)

asked her to switch seat with me since we were in the back of the restaurant and I sat facing the front. Told her I prefer to not see all the women in the restaurant (I may have been the only male patron at the time).

said I want to guard eyes and also some of the women can be a bit roguish, trying to catch my eye and I prefer not to deal with that.

she was a bit confused at first but then understanding and appreciative.

+1 for me

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Re: My Story, Being Honest For Once

Posted by Geshmak! - 01 Feb 2023 05:26

[iLoveHashem247 wrote on 01 Feb 2023 04:33:](#)

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AH!!!!

+ 100 million for you!

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Re: My Story, Being Honest For Once
Posted by doingtshuva - 01 Feb 2023 10:55

Will daven for both of you,

Rifua shleima,

May hashem give you the koches needed,

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Re: My Story, Being Honest For Once

Posted by Ybird - 01 Feb 2023 17:17

ILH

i promise to be clean today and be here for my wife and kids in a Zechus for your MIL

if you want i should say some tehillem send me a PM with her name

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Re: My Story, Being Honest For Once

Posted by iLoveHashem247 - 01 Feb 2023 18:41

Wow!

Thank you! It should be a big merit for everybody.

By the way, the meeting in the doctors office is tomorrow so maybe we could all rally together and take it upon our self something even something small tomorrow as well let's try to spread the word and make this a big dealBh

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Re: My Story, Being Honest For Once

Posted by iLoveHashem247 - 01 Feb 2023 20:28

??? ?????

bt2001 - 8 days

battle-of-the-gen - 4 days

J.M. (Not yet on GYE) - 9 days

for the complete Refuah of my MIL

who else? I want to raise one year of kedusha in the next 24 hours

21 days committed(!)

344 left to go!

please share and call your friends and message me to take any amount of time.

great opportunity to set a smart goal:

Specific - no pornography, masturbation, or going to undesirable places

Measurable - for example, it could be measures days

Attainable - committing to the extent that is within your current abilities and experience.

Reasonable - committing to not watching pornography you're masturbating in order to increase one's personal holiness and strengthen the marital bond

Time-bound - 5 days, 3 weeks, a month etc.

let's do this!!!!

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Re: My Story, Being Honest For Once

Posted by Ybird - 01 Feb 2023 21:12

Ok, i will take on myself the next 34 days untill purim,

not to act on porn or masturbation, Cha"v

i want to add not to go around fishing for new loopholes on my filtered device

should she have a really speedy recovery and our clean days should results in her clean medical report

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Re: My Story, Being Honest For Once

Posted by iLoveHashem247 - 01 Feb 2023 21:30

Wowowowow! Chazak ubaruch!

+34 from ybird

bt2001 + 8 days

battle-of-the-gen + 4 days

J.M. (Not yet on GYE) + 9 days

anonymous friend who is on day 28 more for the first time in many years is committing to + 7 days!

anonymous friend +1 day + signing up to GYE + filtering his smartphone + filtering laptop + having wife put a new password on her phone that he does not know

i will take on +32 days (till the date of my ???? ????)

for the complete Refuah of my MIL

who else? I want to raise one year of kedusha in the next 24 hours

95 days committed(!)

270 days left to go!

who is next?

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Re: My Story, Being Honest For Once
Posted by doingtshuva - 01 Feb 2023 23:00

The next 2 weeks should be for your wife zchus, Will be extra careful regarding P&M

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 01 Feb 2023 23:06

Kol hakavod, doing tshuva

heres the count:

- ybird +34 days + not trying to find holes in filter
- bt2001 + 8 days
- battle-of-the-gen + 4 days
- J (Not yet on GYE) + 9 days
- A (Not yet on GYE) + 7 days
- D (Not yet on GYE) +1 day + signing up to GYE + filtering his smartphone + filtering laptop + having wife put a new password on her phone that he does not know
- iLoveHashem247 +32 days
- DoingTshuva +15 days
- J (username tbd) +7 days of switching from iPhone to fig phone, no WhatsApp, and no netflix
- A. +30 days deleting Instagram

for the complete Refuah of

Miriam bat ettel

147 days committed (40% of a year!)

218 days left to go!

keep it coming guys

BTW, for anyone on the fence on making some big moves:

Warning: Spoiler!

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 02 Feb 2023 04:03

[iLoveHashem247 wrote on 01 Feb 2023 23:06:](#)

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BTW, for anyone on the fence on making some big moves:

Warning: Spoiler!

Just got two more

- R.M+ 7 days no goyish music and deleting spotify
- R.A (female relative of the “modern” persuasion) +49 days of committing to not wear any tight clothes.
- K (sibling who almost married out) 7 days of no complaining + 30 days of ?????? ??? ??
?????

I am absolutely blown away by the reactions and commitments from today. ??? ?????? ?????!

is should be a zechut for all involved. I am truly humbled to be a part of this.

I am calling my new invention “human-raising” like fundraising, except the “damim” is more than money - it’s even more than giving of oneself; it is giving oneself ??? over to the cause. It raises the person to a higher level by virtue of the commitment. I was actually shocked how readily people were willing to take upon some thing that was bothering for a while. A few people told me yeah I have been pushing this off for quite some time, and they simply took the opportunity to use this as a push, and an incentive to do what they know to be right. My approach has been to tell people let’s brainstorm on what you are trying to overcome, and pick something that will push you out of your comfort zone, but not so far out that you will get burned out.

240 days accounted for (more than half a year!)

125 days to go.

17 hours left till the dr appointment.

let's do this!

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 02 Feb 2023 14:02

[iLoveHashem247 wrote on 02 Feb 2023 04:03:](#)

[iLoveHashem247 wrote on 01 Feb 2023 23:06:](#)

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let’s do this!

Anonymous GYE user who PM’d me +no videos unless work related in the office for 30 days + Krias Shma al Hamita for 30 days

270 days accounted for (9 months!)

95 days to go.

7 hours left till the dr appointment.

we're almost there!

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Re: My Story, Being Honest For Once
Posted by jackthejew - 02 Feb 2023 17:37

Can't promise more than 1 day at a time, but I'll Be"H do today

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 02 Feb 2023 18:17

[jackthejew wrote on 02 Feb 2023 17:37:](#)

Can't promise more than 1 day at a time, but I'll Be"H do today

Jackthejew +1

every second counts!

271 days accounted for (9 months!)

94 days to go.

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