my new life Posted by gold45 - 05 Jul 2022 19:00

my hands is shaking when i start to write my secret from my life the first time ever... im now in 20s pretty good married and i remember my self struggling from fantizes by the age of 7! when i get to the 12 i stert playing with other friends.... and by then i also like to read some magzines where i find pics.... by the time i went to yeshive i buy a phone and was watching porn every min was very not happy about it i uset to be the top bucher and i was mb on daily basis... sometimes i do tshive so was clean for few monthes and then fell again.... when i got to 19 i married bh and now im ready to start my new life and finishing with my guilty feelings...

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Re: my new life Posted by No Mask - 05 Jul 2022 20:22

Welcome !!!

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Re: my new life Posted by connected - 05 Jul 2022 22:17

## gold45 wrote on 05 Jul 2022 19:00:

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Welcome!

Congratulations on taking this hard and intimidating step leap towards a better life!

## Upward and onward!

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Re: my new life Posted by Face the challenge - 06 Jul 2022 00:21

## gold45 wrote on 05 Jul 2022 19:00:

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Welcome to the gye family! I also got into these bad habits when i was your age, was considered one of the top bachrim in yeshiva, and im in my 20's now. So, we got pretty similar backgrounds in that sense. (Im not chasidish though). Baruch hashem with the help of everyone on the forum here and gye in general i managed to break my bad habits for the last three months (and i hope and pray that this change will last forever). So spend some time looking around gye for the different tools that can help you and keep posting on the forum. The fact that you were able to write this post shows that you are amazing!! I remember how hard it was for me to write my first post, so kudos to you on that. Wishing you hatzlacha raba and looking forward to hearing from you!

(You can also check out my thread titled "for the bachrim by the bachrim" on the 90 days section to see my story...)

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Re: my new life Posted by Captain - 06 Jul 2022 02:30

Welcome! Please check out these great free resources:

ebook- The Battle of the Generation

Audio series- The Fight

They're very good to start with.

See below in my signature for the links.

?Hatzlocha!

Re: my new life Posted by ????? ????? - 06 Jul 2022 21:51

Welcome!

I've also been fantasizing since a very young age, around 6, and I've actually been watching porn also since then. I'm not saying that this is the case but don't let yourself be discouraged by that fact. Habits do take some time to get rid of but you're at the right place to get rid of it as soon as possible, if it's a habit at all.

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