GYE - Guard Your Eyes Generated: 20 August, 2025, 14:43 hello Posted by ashi - 23 May 2022 19:13 I'm new here. I converted with my family when I was 12 years old, went to public school. I've been struggling since about Freshman year of high school and I didn't really think twice of it till recently. This past yom kippur i tried to make a change but I really want to commit now would love to talk further especially with recovered people ==== Re: hello Posted by Vehkam - 23 May 2022 19:23 welcome on board. what is your approximate age now? ==== Re: hello Posted by Markz - 23 May 2022 19:57 Vehkam wrote on 23 May 2022 19:23: welcome on board. what is your approximate age now? Is that important to know?

He took a brave step joining the Jewish Club and GYE, and ASHI we welcome you with open

He could be 16, or 60.

GYE - Guard Your Eyes Generated: 20 August, 2025, 14:43 Re: hello Posted by Zedj - 24 May 2022 03:56 Welcome! coming onto gye and seeking help is in of itself an amazing feat. Snoop around the gye site. There are many articles, audio and tools that are at your convenience. Keep up the good work, stick around and keep the chevra updated on your journey! Re: hello Posted by ashi - 24 May 2022 11:38 Im post high school, looking into learning torah full time for a bit. I was raised Jewish being that my dad is, but i went to public school where i did what everyone else did and got sucked into that culture. B"H i never got into drugs or alcohol but this is something i struggled with Re: hello Posted by Captain - 24 May 2022 12:21 Welcome! Please check out these great free resources: ebook- The Battle of the Generation

Audio series- The Fight

They're very good to start with.
See below in my signature for the links.
?Hatzlocha!
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Re: hello Posted by Vehkam - 24 May 2022 15:15
It is amazing that you are taking serious steps to address this now. Please consider the resources that Captain suggested. I find the book The Battle of the Generation to be excellent at guiding me to the right perspective. I try to read one chapter every day before I go to sleep.
Please continue to post and connect here in the forums. as we strengthen ourselves we inspire each other.
As you get comfortable here you may find that having a mentor or partner will be helpful as well
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