Hi!! This is my truth Posted by Danger324 - 12 May 2022 23:09

Something is hidden for guests. Please log in or register to see it. , tengo un problema de deseo sexual fuerte, estaba jugando un videojuego online y comence a emocionarme porque habia una mujer detras del personaje y era una niña de 8 años.

no me evites y dame un consejo

Warning: Spoiler!

Re: Hi!! This is my truth Posted by eyes - 13 May 2022 01:06

If you are a female

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there is a site for you

Please email the administrators for help

this is the mens site

Sorry

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Re: Hi!! This is my truth Posted by Danger324 - 13 May 2022 03:45

Sorry I'm bad at English, I tried to say that there was an 8-year-old woman in the game

Re: Hi!! This is my truth Posted by eyes - 14 May 2022 10:17

Please tell us more about yourself

Re: Hi!! This is my truth Posted by Danger324 - 14 May 2022 23:48

I will tell more about my problem In my 18 years my duel with the Yetzer will be difficult. I try to think good things, but my mind has bad thoughts of lust when I see men, women, girls, boys I was addicted in porn and masturbation, I am clean without masturbation or porn but feeling dirty is part of me, because of those evil thoughts. I look bad because of the content and it seems that I am in a high degree of sexual depravity help me I want to be different, be a being of light and help others How do I start to have better thoughts?

Re: Hi!! This is my truth

Posted by Vehkam - 15 May 2022 02:06

Thoughts are not evil. It's up to you how to react to them. Did you grow up in a Torah environment?

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Re: Hi!! This is my truth Posted by Danger324 - 15 May 2022 02:35

I grew up in a non-Torah environment.

Re: Hi!! This is my truth Posted by Vehkam - 15 May 2022 03:48

Sorry, I am having a hard time with the language. I suggest you speak to your rabbi.

Re: Hi!! This is my truth Posted by Danger324 - 15 May 2022 05:15

Speak english?

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Re: Hi!! This is my truth Posted by Danger324 - 15 May 2022 05:18

I already corrected the message

Re: Hi!! This is my truth Posted by AlexEliezer - 27 May 2022 19:45

Ola!

Thoughts, fantasies and images were very much a part of me for many years. What worked for me was 2 things:

1. I worked on guarding my eyes. For me, that just meant females. If you are attracted to males, you probably want to work on not looking too much at them also.

2. For the thoughts, every time they came, I spoke to Hashem (Dios) about it. I asked Him to take the thoughts and images from me. Every time. Over and over. I sincerely wanted to give them up.

There's much more, but this is a good start.

Wishing you much success,

Alex

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Re: Hi!! This is my truth Posted by Danger324 - 27 May 2022 20:08

Thanks!! Alex

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